



# Red Rocks Reporter



OCTOBER 2013

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### Federal Lawsuit Dismissed

On Sept. 27, the Pueblo of Jemez discovered that a federal court judge ruled that a 67 year-old federal statute prevents him from hearing a lawsuit bought by the Pueblo against the federal government. In the suit, the Pueblo seeks to protect its interest in the lands within the Valles Caldera National Monument. In his ruling, the judge did not decide the merits of the Pueblo's claim. Instead, he limited his ruling, finding that the federal court does not have jurisdiction to consider these claims because of the 1946 Indian Claims Commission Act.

We are of course disappointed," said Governor Vincent A. Toya, Sr. "This ruling is very recent and we have not yet had a chance to consider all of our options. Our decision on how to respond to the ruling will be made in the traditional Jemez fashion and not by any one person. But whatever our decision, it is important to keep in mind that our fight to secure our rights to this sacred land is not over until we succeed or are no longer able to continue. We will consider all options to push forward with our struggle to protect this sacred area. *Wavema* (Redondo Peak) is our most important spiritual and cultural site."

In his decision, Judge Brack recognized that "The ancestral Jemez people were the primary Native American occupants and land users of the Jemez Mountains, including the Valles Caldera National Preserve and the Rio Jemez watershed, for a period of 800 years." Judge Brack recognized that the Jemez Pueblo "greatly values the Valles Caldera as a spiritual sanctuary as it contains many important religious sites vital to the traditional ancestral Jemez religion and culture."

The Pueblo will be considering all options, including asking the United States Court of Appeals for the Tenth Circuit to review and reverse the district judge's decision.

### Valles Caldera Grazing

The Pueblo of Jemez and the Jemez Livestock Association completed a very successful grazing season on the Valles Caldera.

"Our primary goals were to rest our ranch lands and get the cattle out of the farming areas," says Interim Tribal Administrator Anthony Armijo. "It was a very successful season with minimal damage to crops by cattle."

After an extremely dry winter, range lands were in poor condition. Rains in July and September brought much improved conditions and the grasses have seeded out. "We are hoping for a wetter winter which will aid in the lands' recovery," Anthony adds.

The cattle producers expect to return to the Valles Caldera next spring, and add producers who were not able to participate in the 2013 season. "We will continue to be good stewards and good managers of our livestock and our lands," Anthony says.

"This initiative to protect our farm lands is also supported by our continuing efforts to round up and confine livestock wandering in the community," Gov. Toya says. "Livestock found loose are being penned; their owners must pay a fine or the animals will be sold."

*Continued on page 2.*



The Governors extend a warm "thank you" to the community members who participated in the Pecos Mass.



## 2013 TRIBAL GOVERNORS

Vincent A. Toya, Sr.  
Governor

Juan Toya  
First Lt. Governor

John Galvan  
Second Lt. Governor

## TRIBAL COUNCIL

Joe Cajero  
Paul S. Chinana  
Raymond Gachupin  
Frank Loretto  
J. Leonard Loretto  
Raymond Loretto, DVM  
José E. Madalena  
Joshua Madalena  
J. Roger Madalena  
José Pecos  
David M. Toledo  
José Toledo  
Michael Toledo, Jr.  
Paul Tosa

## TRIBAL ADMINISTRATOR

Anthony Armijo, Interim

## Red Rocks Reporter October 2013 Edition

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# From the Governors, continued

## Paliza Prescribed Burn

A prescribed burn is tentatively scheduled for the week of October 13 in the Paliza area if weather conditions permit. The burn will remove ladder fuels to reduce wildfire threat in the area.

The burn may create smoke conditions for several days in the Walatowa community and surrounding areas. People with breathing problems or chronic health conditions should contact a provider at the Jemez Health Center for information about preventive measures if the smoke becomes a concern.

## New Signage

A new, state-of-the-art sign is being installed at the Tribal Administration Building. Information can be changed instantly using digital technology. The sign will promptly notify the community about events, activities and important information.

"This collaborative effort between JHHS and EMS secured resources to obtain and install this sign," Governor Vincent A. Toya, Sr. explains. "We are very grateful to Dave Ryan for his foresight and efforts to get this important communication tool."

## Slow Down! Stay Safe!

**Orange barrels** will be visible at sites through the community as crews work on sewer system rehabilitation. You must slow down in these areas to protect the crews, equipment and your own vehicles.

**Speed limit signs** have been installed throughout the community with special focus on areas near our schools. Law enforcement officers are patrolling these areas and will ticket drivers for speeding as well as for seat-belt violations. Offenders must appear in Tribal Court and pay designated fines.

## Ditch Issues

Recent heavy rains have done significant damage to many of our canals and ditches. Gov. Toya asks the community for patience while these issues are addressed. "It takes a significant amount of funding to implement the proper repairs," he says. "With the combination of sequestration and the government shut down (current at press time,) the Pueblo just doesn't have the money we need to make repairs. Many other tribes are having the same problems, and we are all competing for very limited resources."

## Flood Control

Record-breaking rains brought flooding to roads in and around the Pueblo of Jemez on Sept. 13 and continuing through the weekend. Jemez Health & Human Services organized 53 volunteers to fill between 800 and 1,000 sandbags provided by Sandoval County. Crews filled the sandbags by hand because the sand was too wet for the machine. "It was a great effort that helped save homes here in our community and in San Ysidro," says Emergency Services Director Dave Ryan.



Continued on page 3.

Photo by Cornell Magdalena.



## Our Apologies

Due to an editorial error, the caption on page 2 of the September issue was incorrect. The corrected information is reprinted below.

Governor Vincent A. Toya, Sr. drums for the NAYE Shield dancers, accompanied by Jacy Andrew, Kevin Shendo and Kolby Toya. Gov. Toya's father had a leading role in establishing the dance.

## TRIBAL COUNCIL

## HOUSING

## Tribal Council Report

The Tribal Council Report is published at the direction of the Governors to keep the community well informed. Governor Vincent A. Toya, Sr., First Lt. Governor Juan Toya and Second Lt. Governor John Galvan proposed the following resolutions which were approved by the Tribal Council:

### Sept. 27, 2013

Adopted the FY 2015-2019 Infrastructure Capital Improvement Plan with the intention that the Plan be a working document as the first of many steps toward improving rational, long-range capital planning and budgeting for PoJ infrastructure. (Supersedes Resolution No. 2012-15.)

Approved and accepted the Right-of-Way Map for project SP 808 (1) 2 & 4, Pueblo Place Road, and authorized a grant of right-of-way to the Bureau of Indian Affairs (BIA) consistent with the BIA maintaining its obligation and fiduciary responsibilities for protecting Pueblo of Jemez lands under Trust.

Authorized Tribal Administration to execute a contract with the Bureau of Reclamation to work cooperatively on irrigation infrastructure and other water resource improvement projects and to obtain any available funding for this work from the Bureau of Reclamation via the PL 93-638 contract.

Approved the lease between the Pueblo of Jemez and the San Diego Riverside Charter School (SDRCS) and authorized and directed the Governor to take all necessary action to secure approval of the lease by the Secretary of Interior or by the Secretary's authorized representative.

Approved continued support for the SDRCS Governing Board and its renewal application to provide educational services to children at the Pueblo of Jemez; and directed SDRCS to work with the Jemez Department of Education on collaborative efforts that support the education priorities of the tribe and the integration of language and culture based models through immersion, dual language, multilingual and multicultural strategies.

Approved funding to rehabilitate a wall in a home belonging to tribal members who have been unable to secure other funding; the rehabilitation is needed to maintain the integrity of the walk way for the community.

Authorized funds to construct a home for a family whose home was lost in a fire attributed to the failure to install a triple wall converter box during roof rehabilitation by the Pueblo of Jemez Housing Department.

## From the Governors, *continued*

### Mosquito Fogging

In addition to damage and flooding, recent rains have increased local mosquito populations. To prevent diseases spread by mosquitoes, such as West Nile Virus, fogging has started to eliminate these insects. Community members should stay indoors during the fogging, which will take place at night when winds are calm. Watch for notices announcing the dates that fogging is scheduled.

## Making Your House Payments

Submitted by Marlene Gachupin, Interim Housing Director

### House Payments

Providing a home for your family is a very important goal. A home offers your family security and safety. Maintaining your home for your family should be a priority. Homes under the management of the Pueblo of Jemez Housing Department require a monthly payment.

Failure to make your house payment is a breach of your agreement. Homeowners who have entered into agreements with the Pueblo of Jemez may jeopardize ownership of the home. The Pueblo of Jemez Housing Department has notified tribal administration of all delinquent accounts and the status of homeowner agreements. Under the Pueblo of Jemez Law and Order Code, tribal administration can terminate the agreement and evict the homeowner as a last resort.

House payments support housing programs, so other homeowners can receive rehabilitation services and assistance to build their homes. Failure to make house payments limits the help Housing can provide to other tribal members who are in need of assistance.

Payments made to the Housing Department are used to support the following programs:

- ❖ **Home Ownership Program:** helps tribal members with affordable home ownership. Currently, the program includes credit education and assistance in obtaining home mortgages.
- ❖ **Emergency Repair Program** funds are dedicated to assist low-income tribal members with emergency repairs such as electrical, plumbing and weatherization, and to maintain safe, sanitary homes. Housing has received numerous requests to assist in repairing roofs and will continue to assist with emergency repairs as funding permits.

### Upcoming Projects

The Housing Department has made a commitment for the community to leverage funds toward the following projects:

- ❖ water and sewer infrastructure at Pueblo Place.
- ❖ water looping project in the village.
- ❖ Broken Arrow Road sewer line tie-in.
- ❖ the latest lagoon south of the village.

### Grant Award

The Pueblo of Jemez has received a rehabilitation grant from the US Department of Housing and Urban Development (HUD) of \$825,000. Housing must leverage \$206,000 from limited funds to complete the grant.

Together, the Pueblo of Jemez community can continue to assist ourselves and our neighbors.

## PUBLIC HEALTH



## October is Breast Cancer Awareness Month

Submitted by Darlene Armijo-Smith, RN, Diabetes Nurse Manager

Breast cancer is the most common cancer in all women in the United States, including Native Americans. But breast cancer is not a death sentence. The survival rate for most types of breast cancers has been rising steadily. Today, nearly everyone has known someone who has had breast cancer. Screening tests can find cancer early, when chances for survival are highest.

### Know your risk

- ✿ Talk to both sides of your family to learn about your family health history.
- ✿ Talk to your provider about your personal risk of breast cancer.

### Get screened

- ✿ Talk with your doctor about which screening tests are right for you if you are at a higher risk.
- ✿ Have a mammogram every year starting at age 40 if you are at average risk.
- ✿ Have a clinical breast exam at least every three years starting at age 20, and every year starting at age 40.

### Know what is normal for you

See your health care provider if you notice any of these breast changes:

- ✿ Lump, hard knot or thickening inside the breast or underarm area.
- ✿ Swelling, warmth, redness or darkening of the breast.
- ✿ Change in the size or shape of the breast.
- ✿ Dimpling or puckering of the skin.

- ✿ Itchy, scaly sore or rash on the nipple.
- ✿ Pulling in of your nipple or other parts of the breast.
- ✿ Nipple discharge that starts suddenly.
- ✿ New pain in one spot that doesn't go away.

### Make healthy lifestyle choices

- ✿ Maintain a healthy weight.
- ✿ Add exercise to your daily routine.
- ✿ Limit alcohol intake.
- ✿ Limit menopausal hormone use.
- ✿ Breastfeed if you can.

*The Lovelace mobile MammoVan will be at the Jemez Health Clinic on Friday, Oct. 25, 2013. Please call Kathleen Sandia at (575) 834-3170 to schedule an appointment. You will need to get a referral from a provider.*



### "My mammogram was my best friend!" Donna Wahnee's Story

Donna Wahnee is Director of Enrollment at Comanche Nation. At age 40, her sister gave her a gift certificate for a mammogram, but she didn't use it until she learned more about breast cancer. When she learned there was an abnormal finding on her mammogram, she worried about her health and how her children would be affected if she was diagnosed and treated for cancer.

She had an MRI scan to follow up on her abnormal mammogram results. After her scan, the doctor was 95% sure that the lump was not cancer. But Donna wanted to be 100% sure. She had surgery to remove the lump and biopsy it. The day before Thanksgiving, Donna received news to be truly thankful for – the lump was not cancer.

"Don't ever be scared of a mammogram; that mammogram was my best friend," Donna says. "What's 30 minutes of your time, to save the rest of your life?"

Source: Native American Cancer Research Corporation

### Did You Know?

#### **There are several different kinds of breast cancer.**

The type of breast cancer depends on which cells – such as ducts or lobes – become cancerous. Treatment options vary depending on the type of breast cancer is found.



#### **Men can get breast cancer.**

Men can develop breast cancer at any age, but is most common in men between the ages of 60 and 70. Less than one percent of cases of breast cancers occur in men.



In 2013, there were an estimated 232,340 new breast cancer cases in women and 2,240 in men; 39,620 women and 410 men died in the US.

**PUBLIC HEALTH**

# Celebrating Farm-To-School Month

*Submitted by Cornell Magdalena, Health Advocate*

Jemez community garden is doing a great job with the Farm-to-School program, a movement to enhance schools' meal programs by introducing fresh, nutritious, local and sustainable food to children.

Farm-to-School programs connect schools with local farms. Our objectives are to serve healthy meals in school cafeterias, improve student nutrition, provide health and nutrition education opportunities, and support our Jemez community garden.

Why Farm-to-School? We want to offer our children fresh fruits and vegetables since many of our children are either overweight or obese. The choice of healthier options in school cafeterias through Farm-to-School results in children eating healthier, more nutritious meals. Farm-to-School benefits the entire community.

Martin P. Loretto, Agricultural Coordinator, and his staff at the community garden have been very busy this harvest season. They are working with San Diego Riverside Charter School, Walatowa Charter High School and Jemez Head Start to bring fresh produce right from our own community garden into school meals. These local schools contact the staff to order items according to their monthly menus. The fresh produce is delivered and served to our children in the schools.

"I think it's better to get fresh produce from our community garden than getting it from another place. Because of travel time, it can spoil on the way," says San Diego Riverside Charter School head cook Everett Fragua. The typical food item in the US travels 1,500 to 2,400 miles from farm to plate, according to the USDA. Other local school cooks also are ordering from our community garden and taking advantage of what we have to offer.

Thank you to Martin P. Loretto and his staff who have been working very hard all season to make sure they have abundant harvest for our schools and community.



*(Top)* SDRCS Head Cook Everett Fragua plans school meals using fresh produce delivered from the community garden.

*(Below)* Workers harvest chile at the community garden.

*Photos by Cornell Magdalena.*

## Annual Pumpkin Run

**Wednesday, Oct. 30**  
**The Plaza**

**Registration at 4:30 p.m. Run starts at 5 p.m.**

Have some fun and walk or run.

Wear your Halloween costume!

*Brought to you by JHHS Public Health Programs*

Call (575) 834-7207 for more information.



## MoGro in Jemez!

**JEMEZ SENIOR CENTER PARKING LOT**  
**TUESDAYS, 10 A.M. TO 7 P.M.**

**Groceries, fresh fruits & vegetables, quality meats, and more!**

**MoGro takes bulk orders!**

The MoGro Store takes *bulk orders* for community programs and members to make special orders for large quantities.

*Order Ahead for Delivery:* If you or your program want to place a special order, call the store at (505) 216-8611, the store manager at (720) 545-6358, or e-mail to thomas@mogro.net.

**THE PUBLIC HEALTH PROGRAM PRESENTS**

*A Journey to Wellness*

**WALATOWA WOMEN'S SUPPORT GROUP**

Wednesday, Nov. 20 6:30 - 7:30 p.m.

Jemez Health Clinic Towa Board Room

*For women and caregivers of family members managing chronic illness.*

Walatowa Women age 18 and over.

Join us for a great time to laugh, be positive and share good stories.

Light refreshments will be served.

Child care will not be provided.

For more information, contact Sheila Toya, JHHS Public Health Programs, at (575) 834-7207, ext. 277.

MEDICAL SOCIAL WORK

# Medicaid Expansion: It's Here!

Submitted by Lisa Maves, Medical Social Work

**Beginning in October, New Mexicans will see many changes to their Medicaid and health insurance options**

**Medicaid Expansion**

One of the biggest changes is that more people than ever will be eligible for Medicaid. Anyone age 19-64 whose income is below 138% of the Federal Poverty Level (see first row of chart below), will be eligible and **should apply for Medicaid** under this expanded eligibility. This coverage will begin Jan. 1, 2014, but enrollment must begin NOW!

If you are on Family Planning Medicaid or State Coverage Insurance now and meet the income limits in Column 1, you will **automatically be enrolled in Medicaid Expansion** on Jan. 1, 2014. Since the state will automatically transfer this group, we are hoping to get as many people as possible (**both women and men**) enrolled in Family Planning Medicaid right now and over the next few months.

There will be several opportunities to get help applying for Family Planning/ Expanded Medicaid this month at community events, including the Domestic Violence Prevention Conference, Social Services Movie Night, the JHHS Health Fair and other events. If you do not qualify under the Medicaid Expansion income category, other health insurance options will be available.

**Qualified Health Plans**

Under the New Mexico Health Insurance Exchange (NMHIX) or "Marketplace," insurance companies will offer various health insurance plans at a monthly cost or "premium." Premiums will depend on your age and gender, but under the NMHIX the cost can be reduced, depending on your annual household income (see Row 2 of chart.) **In many cases, people will be able to enroll in a plan at no personal cost.** This is the first program of its kind in the country; it was designed to offer health insurance to anyone who needs it and make it affordable for people with low income.

**It is VERY IMPORTANT that you identify yourself as a Native American when applying for ANY state health insurance benefits.** This designation allows you to take advantage of special privileges given

only to Native Americans, such as choosing not to enroll with managed care under Medicaid or exemptions from tax penalties for not enrolling in health insurance.

**Why should I enroll in Medicaid or a qualified health plan?**

Medicaid funding is extremely important for the survival of Indian Health Service (IHS) and tribal healthcare systems. IHS estimates that 25 to 50 percent of its operational budget comes from Medicaid and Medicare; within the Jemez community, this percentage is even higher. Revenues generated by Medicaid or other health insurance reimbursement allow our local health care system to expand medical and other services within our community. The more people insured in the community, the better off everyone is. In the case of Medicaid, insurance coverage is free.

**Can I drop my employer coverage and sign up for the exchange?**

Most people who have employer-sponsored health insurance coverage will

not be able to drop their coverage and sign up for a Qualified Health Plan. The only exceptions to this are people who are paying more than 9.5% of their annual, before-tax income to cover their individual premiums. Unless your health insurance costs more than 9.5% of your annual salary, you should keep your current health insurance.

**How do I sign up?**

**If you want help:** Please see your friendly Jemez Clinic staff about signing up for Family Medicaid, Medicaid Expansion or the Exchange. Contact Lisa Maves, MA, LPCC at (575) 834-3059 or [lmaves@jemezpuablo.us](mailto:lmaves@jemezpuablo.us), or Thelma Shendo at (575) 834-3040 or [Tshendo@jemezpuablo.us](mailto:Tshendo@jemezpuablo.us).

**If you are the more independent type:**

1. For Medicaid, you will soon be able to access the NM Web Portal through "YES New Mexico" online at [www.yes.state.nm.us](http://www.yes.state.nm.us) or visit your local Income Support Division Office.
2. For the Exchange, customer service

*Continued on page 7*

<b>New Income Guidelines for Medicaid Eligibility</b>			
<i>Under the new Medicaid and health insurance exchange guidelines, adults ages 19 to 64 may qualify for:</i>			
	<b>MEDICAID</b> free healthcare coverage	<b>EXCHANGE</b> private healthcare coverage	
		<b>With financial assistance</b>	<b>Without financial assistance</b>
<b>Household size:</b>	<b>If household income is this much per month:</b>		
1 person	Less than \$1,323	\$1,323 - \$3,830	More than \$3,830
2 people	Less than \$1,785	\$1,785 - \$5,170	More than \$5,170
3 people	Less than \$2,247	\$2,247 - \$6,510	More than \$6,510
4 people	Less than \$2,709	\$2,709 - \$7,850	More than \$7,850
5 people	Less than \$3,172	\$3,172 - \$9,190	More than \$9,190
6 people	Less than \$3,634	\$3,634 - \$10,530	More than \$10,530

This chart shows income rules for most adults, but different income rules apply to children and senior citizens. There are also special rules for pregnant women and people with disabilities. For more information, call Thelma Shendo at (575) 834-3040 or Lisa Maves at (575) 834-3059.

**SOCIAL SERVICES**



**DOMESTIC VIOLENCE AWARENESS MONTH**

***“Value Our Traditions – Coming Together to End Violence”***

To honor National Domestic Violence Awareness Month in October, Jemez Social Services Program will sponsor a series of events to promote awareness, prevention and intervention of violence. The community is invited and encouraged to participate in these events.

**DOMESTIC VIOLENCE AWARENESS CONFERENCE**

**Friday, Oct. 11**

**Dinner: 5 p.m.**

**Conference 6 to 8:30 p.m.**

**Walatowa Youth Center**

Conference for adults and teenagers (*age 14 and over.*)

Topics include domestic violence, stalking, sexual assault and reporting. Child Care will be provided at the Social Services. for children ages 6 months to 13 years old.

**DOMESTIC VIOLENCE AWARENESS MOVIE NIGHT**

**Tuesday, Oct. 22**

**6 to 8:30 p.m.**

**CRC**

Movie for adults and teenagers (*16 and 17 years old with parental permission.*) Teens must be accompanied by an adult or have a permission slip signed by a parent or guardian. Viewer discretion is advised; scenes include domestic violence, bullying, vulgar language and LGBT (lesbian, gay, bisexual, transgender) awareness. Child care will be provided at the Social Services Building for children 6 months to 15 years.

**Men Welcome!**

The Jemez Social Services Program (JSSP) is working on several program goals, including increased male participation at awareness events held within the Pueblo of Jemez community. JSSP thanks Second Lt. Governor John Galvan, the Pueblo of Jemez community, and Public Health staff for making the 2013 Open Season Fun Run & Walk a success. JSSP appreciates your participation!

This event was attended by 122 people, including 51 men and boys . Door prizes included a Coghlan’s Survival Kit, a Montana Camouflage Daypack and an Eagle Camouflage Daypack. The participating men (18 years and older) will receive a Lloyd Auto Took Kit when they are delivered.



**Medicaid Expansion, Continued**

representatives (CSRs) are available at 1-800-318-2596, 24 hours a day, seven days a week, including some federal holidays. This is a toll-free phone number. Hearing impaired callers using TTY/TDD technology can dial 1-888-871-6594 for assistance.

You can also visit the Health Insurance Marketplace’s website at [www.healthcare.gov/marketplace](http://www.healthcare.gov/marketplace); live web chat assistance is also available.

The interactive phone system at the Marketplace Call Center is available 24 hours a day, every day of the year.

**For more information, call**

**Thelma Shendo at (575) 834-3040 or**

**Lisa Maves at (575) 834-3059.**

**Jemez Runners at National Senior Olympics**

Leonard and Felipita Loretto competed in the National Senior Olympics in July, representing not only the Pueblo of Jemez but the entire state of New Mexico. Running in both the 5K and 10K competitions, the couple joined more than 11,000 other senior athletes at the games in Cleveland, OH.

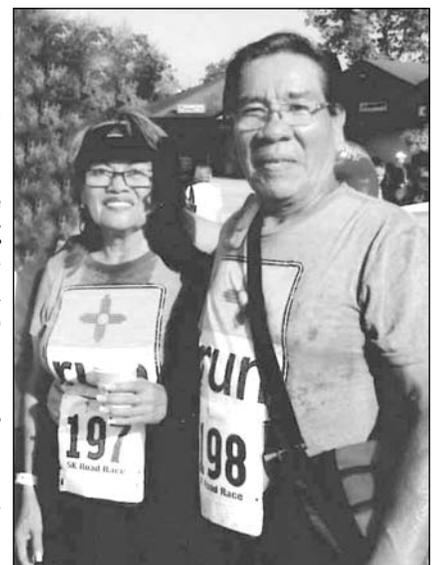
“Finishing is the most important thing,” Felipita says. “I’d never run in rain like that before, and it was an adjustment”

“I didn’t run when I was in school,” Felipita recalls, noting that volleyball had been the only competitive sport available to women when she was in high school. “I never thought I would be able to do this.”

Felipita and Leonard both plan to continue running in their age categories in future competitions and encourage other senior citizens to stay active. “It’s hard work but a lot of fun.”

“My dad was a runner. He always said that you don’t get to be strong or a good runner by staying still,” Felipita adds.

**SENIOR CITIZENS**



## HEALTH & HUMAN SERVICES

# Clinic Appointments

The Jemez Health Clinic is now taking appointments on Tuesdays to see Medical Director Dr. David Tempest. Appointments can be made 24 hours in advance, or, if the waiting room is crowded Tuesday morning, you can make an appointment for later in the day.

The current walk-in system sometimes results in long wait times when many patients want to be seen at the same time by a limited number of providers. The appointment system reduces wait-times, but sometimes providers can't see other patients while waiting for people who do not keep their appointments.

"This change will combine the convenience of the open-access system we have now with the opportunity to reduce patient wait times using appointments," Dr. Tempest explains. "This will be a test of whether appointments can improve patient care. If it's successful, we will add appointment times on other days with different providers."

Appointments will be for 20 minutes. Patients who are more than 10 minutes late will be rescheduled.

"Our goal is always to improve service and care for our patients," Dr. Tempest adds.

Call the Clinic at (575) 834-7413 to make your appointment!



# Paul Fragua Honored

Paul Fragua has left his position on the Jemez Health Board after 11 years of service, including four years as Chair. "I'm not retiring," Paul stressed at a luncheon at the Senior Center on Sept. 26. "I'm moving on to other opportunities to be of service to my community."



First Lt. Governor Juan Toya presents a plaque to Paul Fragua in commemoration of his years of service to the Jemez Health Board.

The luncheon was attended by Tribal Council members, the Health Board, JHHS and tribal staff, and community members. "Jemez has an exceptional health care center that has become a model for community health care centers across the nation, not just in tribal communities, but everywhere," Paul noted. "We have exceptional people doing exceptional work. It has been a privilege to be part of a great team."

## Health Fair!

**Tuesday, Oct. 29**

**10 a.m. – 2 p.m.**

**Walatowa Youth Center**

### HEALTH SCREENINGS:

**Blood Pressure, Body Fat Percentage, Blood Glucose and more!**

**Kids (and adult kids:) Walk Through a Giant Colon!**

**Exercise Demonstrations by Public Health Staff**

**Consultations for Dental Health, Fitness, Maternal Child Health, and Diabetes Prevention and Treatment**

**Come Meet the Staff from Your JHHS!**

**Brought to you by**

**Jemez Health and Human Services**

**In collaboration with the New Mexico Department of Health**

## PHARMACY

# Medication Refills

*By Lt. Commander Columbus Nettles, PharmD., Supervisory Pharmacist*

These simple steps will help reduce your wait time when you need refills for your prescriptions:

- ★ Before calling the pharmacy, make a list of the medications you take. The pharmacy can provide official medication lists on request.
- ★ Use your list to tell the pharmacy staff which refills you need. Note the number of medications to be filled.
- ★ Verify that your requested medications have been ordered.
- ★ Be aware that medication refills may take up to 24 hours to complete.
- ★ At pick-up, note the number of medications filled. If there are discrepancies, tell the pharmacy staff immediately.
- ★ **Remember, unless a medication has been specifically requested, it cannot be provided.**



# STUDENTS FIND EVIDENCE OF A LONG-LOST RAILROAD

Submitted by Kathleen Phelan, Walatowa High Charter School Teacher

Common Core, a new teaching method sweeping the nation, is all about reading and building evidence-gathering and reasoning skills. So Walatowa High Charter School (WHCS) took students on a field trip called the “Great Guadalupe Box Evidence Game.”

First, students read an in-depth article about the Santa Fe Northwestern Railway, which began hauling logs in the 1920s from the Ponderosa forests of the Jemez Mountains, through the tunnels in the Guadalupe box, down to Jemez Pueblo and across Zia and Santa Anna Pueblos, before finally arriving at a sawmill in Bernalillo.

Running in groups, like on the TV show *The Amazing Race*, students used the text, old photographs, maps, and physical evidence like concrete foundations, to locate historic sites. They found the sites of the railroad trestle that led into the Gilman tunnels, and the once-bustling Porter logging camp.

The railway and much of the area that was logged for transportation was built on: “... the Cañon de San Diego Land Grant (Figure 2), an area which ultimately measured 116,289.89 acres, granted on March 6, 1798, to Francisco and Antonio Garcia de Noriega and eighteen others. It was made by Don Antonio de Armenta, Chief Justice of the Pueblo of Jemez, on the authority of Don Fernando Chacon, Governor of the Province of New Mexico.” (From *Santa Fe Northwestern Railway*, by the USFS, the document that accompanied the field trip.)

The Garcia family still owns the land where former Gilman sawmill sat. With their assistance, US Forest Service student archeologist Leigh Cominiello met students at the site where they heard some surprising oral histories. WHCS cultural liaison Elston Yepa’s grandfather worked at the mill, along with teacher Frances Strain’s father.

Longtime Jemez Valley bus driver Mel Jaramillo told students



(Top) Julianne Vigil helps freshmen KeShaun Shendo and Milton Medina read maps.



(Below) Walatowa students and faculty race to find evidence of the former railroad in Guadalupe Box canyon. Photos by Orion Campbell.

about the days of the railroad and sawmill back when he was a child in the 1930s. “I remember skidding logs downhill behind a truck,” he said. He also fondly recalled the swimming hole where students cooled off after the race.

Based on a new, detailed map of ancestral Jemez communities on the Jemez Plateau, students also discovered that the Gilman sawmill was built near the ruins of a pre-colonial pueblo.



Jemez Valley Public Schools fourth, fifth and sixth graders’ field trip to Fenton Lake included archery, canoeing and more.



“They had a great time, despite coming back soaked from the rain!” says Deneen Bair, Middle and Elementary School Principal.

## Fenton Lake Field Trip

## EDUCATION

# Jemez Valley Public Schools

Submitted by Laura Mijares, Jemez Valley High School Principal

To track school activities, daily announcements are delivered by the National Honor Society. Students are reminded to watch for activities, visiting colleges and opportunities. I believe that this is going to be a great year and I hope to help students navigate a successful high school career.

Students are focused and teachers are engaged in teaching what has been outlined in the newly adopted Common Core State Standards.

Course requirements for high school graduation have not changed in several years. In New Mexico, these requirements are:

**Math:** Students must complete four or more units of mathematics. One unit must be equivalent to, or greater than, Algebra 2. Math courses that meet curriculum standards are: Algebra 1, Algebra 2, Geometry and Pre-Calculus.



Lady Warriors on the run! Girls 1A defending state champions cross-country team take off for another great season. Pictured here are Valene Madalena, Sage Mijares, Jade Altheide, Denita Toya and Kateri Gachupin.

Photo by Laura Mijares.

**English:** Students must complete four units of English classes, typically English/Language Arts I, II, III and IV.

**Science:** High school students must complete three units of science, two of which must include a laboratory component. Science classes available at Jemez Valley High School are Physical Science, Biology I, Chemistry, Ecology, and Anatomy and Physiology.

**Social Sciences:** Graduates must complete 3½ units of social sciences, including half units of New Mexico History, Economics, Government, Geography, US History and World History.

**Electives:** Students must complete 7½ units of electives. In addition to traditional electives like music and art, elective courses can include Drivers Education, Chess, Internships and Video Production.

**Career Cluster/Workplace Readiness:** Graduates must complete one unit of Career Cluster, Workplace Readiness or Language (other than English.)

The latest change to high school graduation requirements are the competency exams. The Class of 2014 and beyond must meet proficiency in five areas: mathematics, reading, science, writing, and social studies by passing the SBA and/or end-of-course exams (EOC) in subjects for which the SBA is not offered. This is a complex system of measuring competency that we are working to share with parents.

In addition to academics, activities for the fall semester include after-school drivers' education, extended day tutoring two afternoons and one morning per week; student government, National Honor Society, a student group raising money to travel to Costa Rica in the summer and sports.

### Jemez Valley Warriors Sports

Our current sports are cross-country and volleyball. Come support the Jemez Valley Warriors!

#### Cross Country Schedule

October 12	Los Lunas
October 19	Rio Rancho
October 25	Grants
November 1	Districts
November 9	State Meet

#### Volleyball Schedule

October 10	Alamo Navajo Away
October 15	Menaul Home
October 17	To'hajilee Home
October 22	Desert Academy Home
October 24	Mountainair Home
October 26	Magdalena Away
October 29	Tse Yi Gai Home
November 2	Alamo Navajo Home

## Voting Rights

*Register today to vote!*

Update your Voter Registration Information. If you are 18 years old you may register before the next 2014 Primary Election.

For more information, call the Native American Voting Rights (NAVR) Office at (505) 934-8826. The NAVR program is continuing to do voter registration updates and making home visits in the community.

**It counts to vote, for your people, schools and community!**

EDUCATION

# Walatowa Head Start News

Submitted by Lana Toya, Early Childhood Program Manager

## Celebrating Grandparents Day

Walatowa Head Start (WHS) celebrated Grandparents Day with the Senior Program in their traditional home located in the CRC building on Sept. 9. It was a great day filled with lots of language interaction and culture! On behalf of the WHS program, I want to thank Clara Gachupin, Margaret Shendo and Mary Armijo for helping the children make biscochitos; Tony Romero for sharing his story about the importance of running and medals, as well as his cultural knowledge; Leonard Shendo for sharing cultural knowledge about fall traditional events and names of significant locations throughout our pueblo lands; and finally Rose Shendo for helping coordinate the event.

## Fatherhood Night

Our first Fatherhood Night was held Thursday, Sept. 26. The Fatherhood Initiative Program is in its third year. William Waquie, a certified substance abuse

counselor, presented an introduction to the program as well as the importance of fatherhood and involvement in their children's education. Twenty people attended, including Governor Vincent A. Toya and 1<sup>st</sup> Lt. Governor, Juan Toya. Our cooks served a traditional dinner of calabacitas. Thank you to the fathers, uncles and grandparents who made our first Fatherhood Night a successful event! This event is open to extended male family members of a currently enrolled Head Start children.

## Towa Language Immersion

Walatowa Head Start is committed to doing our best to make Jemez language and culture part of daily instruction, activities and lessons. However, as mentioned in previous articles, the cooperation and commitment of families is very critical. Your child must hear our Towa language spoken in your home. Again, I ask Jemez community members, especially our elders, to come and visit

our classrooms, or we can visit you! Your knowledge of the Towa language and culture is greatly welcome in our classrooms.

As you know, Tribal Council has sanctioned Head Start to become a full language immersion program. With support from the Office of Head Start as well many other tribes who are embarking on the same journey to bring back their native languages, we have begun our efforts to maintain and strengthen the Jemez language by speaking as much as possible in Towa in our classrooms, offices and playground. In fact, both the 2013-2014 Parent Orientation and the first Parent Center Committee Meeting were conducted in Towa. All staff were introduced in Towa, as well.

We are aware that not all families may understand Towa, and we will do our best to help those families receive any important information through written communication, such as e-mails and memos. However, we also hope that non-Towa speaking families will make an effort to learn or seek assistance from other family members to try and help them learn Towa. Also, Jemez Day School has extended an invitation to community members who would like to learn Towa to attend their classes on Thursday evenings at 6 p.m.

If you have any questions or concerns, please stop by or call any time at (575) 834-7366. Thank you for your support of our Walatowa Head Start Program. We hope to see you soon!

Jemez elders shared their knowledge with Head Start youngsters.



## EDUCATION

# The Benefits of Bilingual Fluency

Submitted by Kevin Shendo, Director, Education Department

The Jemez Department of Education is working to promote a language program that will be a community-based effort that can be equally supported by traditional leadership, Tribal Council, elders, schools, tribal programs and tribal members. The overall goal is to enhance language program priorities and build initiatives to meet Jemez language needs ensuring the

survival and continued vitality of our Jemez Towa language.

This school year, a focused effort will be made on Towa language maintenance, strategies to increase language fluency among all tribal members, Towa language within the schools, parent and community education summits on language learning, and setting community language priorities and goals.

## Did You Know?

Brain research shows:

The more languages children know, a greater part of their brains are used and stimulated.

When children are grounded and fluent in their home language, it is easier for them to learn other languages.

The critical years for learning languages is zero to six years of age.

Children under two years of age should not watch TV. Watching too much TV can lead to ADHD.

Too much television, videos and technology are not good for children and youth as their brains develop. These devices do the thinking for them and they become receivers of information instead of discoverers. This does not stimulate the brain to develop or to be used.

The human brain continues to develop into the mid to later 20s (average age is 26.)

Alcohol, drug and substance abuse by youth impacts their brain development.

Parts of the brain that are not stimulated and not used will shut down.

## Jemez Historic Site Stabilization

By Matthew J. Barbour, Manager, Jemez Historic Site and Christopher Toya, Traditional Cultural Properties Project Manager, Natural Resources Department

Many visitors to Jemez Historic Site remark that our ruins are among the most beautiful in the American Southwest. This is a testament to Jemez craftsmanship and the commitment between the New Mexico Department of Cultural Affairs and the Pueblo of Jemez to preserve them. Jemez Historic Site protects Giusewa Pueblo and San Jose de los Jemez Mission. Both were built by Jemez hands and Jemez hands continue to maintain them today.

Over the course of this summer's field season between May 20 and Sept. 26, about \$30,000 was spent on stabilization work at Jemez Historic Site. This work was conducted through a partnership between Jemez Historic Site and the Pueblo of Jemez Natural Resources Department (NRD.) A work crew comprised only of Jemez tribal members focused on redesigning and constructing a new front gate, capping the tops of the mission rooms, rebuilding and capping collapsed portions of a Giusewa Pueblo room block, and removing intrusive plant species throughout the site.

It is a long and laborious process. Much of the stabilization work must first remove vegetation from the treatment area. Next, the deteriorating stucco façade is chipped away to reveal the underlying original stone and adobe walls. A mixture of stucco and adobe is then applied to these exposed walls and allowed to harden. The end result is a ruin that looks like adobe, but is actually encased in what is almost a concrete shell.

The crew conducting the

Continued on page 13



Workers repair the entrance to the Jemez Historic Site.  
Stabilizing the Mission walls.  
Photos by Matt Barbour



JEMEZ HISTORIC SITE

# HIGHLIGHTING TODAY'S JEMEZ ARTISTS

By Matthew J. Barbour, Manager, Jemez Historic Site

Jemez Historic Site takes pride both in their interpretative trail and their museum. The museum tells the story of the Jemez people from their origin until present day. Until recently, the “present day” meant 1979, about the time the museum exhibits were installed. It displayed Jemez craftsmanship as it existed in the



(Above) Stone sculpture by Clifford Fragua.

(At right) Jemez Black on White pot by Joshua Madalena.



1970s.

A lot has changed in the intervening 34 years. Jemez Pueblo art is dynamic, incorporating ever-changing cultural perspectives and influences. In the three decades since the display was constructed, we have seen the rediscovery of Jemez Black-on-white, the shift by many potters from polychrome designs to highly polished and engraved redwares, and the emergence of a strong and vibrant stone sculpture movement within the pueblo.

While a possible redesign of the museum may occur in the future, Jemez Historic Site staff is working to highlight modern Jemez art forms at present with a new exhibit entitled “Recent Acquisitions.” This rotating exhibit will feature four to six Jemez Pueblo artisans every season. The first rotation in this new exhibit is currently open, featuring D. Anthony Chinana (stencils,) Robert Chinana (jewelry,) Clifford Fragua (sculpture,) Cynthia Fragua (story tellers,) Joshua Madalena (pottery,) and Eva Sando (jewelry.)

The goal is to eventually buy artwork from every Jemez Pueblo artist to be displayed, preserved and housed at Jemez Historic Site as part of the rotating exhibit. They will serve as a testament for future generations, to the diversity and ingenuity of the Jemez People at the turn of the twenty first century.

This highly ambitious effort will take years to purchase items from every artist in the Pueblo and see that their work is rotated into the exhibit. In those years of purchasing, new artists will arise and we will in-turn need to purchase works from them. This process may never be complete, but it is a worthy effort.

There are plans to expand the exhibit and have it professionally designed by Museum of New Mexico staff. However, these efforts may take some time. In the meantime, stop in to see a work in progress and a labor of love. Admission to Jemez Historic Site is always free for Jemez Pueblo tribal members. For more information, call (575) 829-3530.

## Historic Site Stabilization, *continued*

stabilization work consisted of Curtis Vigil (foreman,) Benjamin Casiquito, Clifford Vigil and Curtis Romero. These preservation specialists worked on the site for approximately 12 weeks, during both the catastrophic Thompson Ridge Fire and the torrential downpours of an unprecedented monsoon season. Money for the stabilization was provided by New Mexico Historic Sites and the Museum of New Mexico Foundation. Thanks to the skill of the stabilization crew and the generous funding, the site is in great shape.

However, there is still more work to be done. Delays and damage caused by this summer’s storms made progress in some areas slower than expected. Portions of the site, particularly the 16<sup>th</sup> century room block adjacent to the Visitor Center and the upper stories of the church, remain untreated. Plans are being made to address these areas next year.

The stabilization process is also not a single fix. Areas of the site treated this year will need to be re-examined and touched up within the coming years. The amount of work necessary will depend on a number of variables, including the amount of precipitation, the winters' freeze and thaw cycles, visitor traffic, and other factors. Ruin maintenance at Jemez Historic is never complete. It is a continual process, but the stabilization work conducted this year was a giant leap in the right direction.

A big thank-you from Jemez Historic Site and the Natural Resources Department to the stabilization crew. Curtis, Ben, Cliff and Curtis, you guys did an amazing job! We can’t wait until next year.

## Save the Date!



It’s almost bingo time! The Pueblo of Jemez Church Renovation Project will hold a fundraising bingo on Saturday, Dec. 7.

Everyone is encouraged to help with donations of prizes and food items. They are also looking for volunteers to help with card distribution. For more information or to volunteer, contact John Romero at (505) 916-7387.

## POLICE DEPARTMENT

## WALATOWA VETERANS ASSOCIATION

# Officers Honor Veterans



The First Annual "Cops for Vets BBQ" was the brain child of Jemez Pueblo Police Department officers. "In conversation with our officers, we realized that 50 percent of us are military veterans who have served in the US Coast Guard, Army, Marines, Navy or National Guard," says Chief of Police Pete Camacho. "We decided we wanted to do something for those like ourselves in the Pueblo who have served." The event was held Sept. 11 in honor of Patriot's Day.



(Left to right) Officers Chris French and Ray Soto, Chief Camacho, and Bryan King with World War II Veteran Jerry Fragua (second from right.)

"We were all honored to meet a World War II veteran and a distinguished Iraq War Purple Heart recipient," Pete says. "Veterans' Services Coordinator Mike Chinana was instrumental in working with us on the event and making it a success."

In addition, the Rio Rancho Police Department sent the "Rio Rancho 911 Post" teens to present the colors for the ceremony.

"We want to thank the Jemez Pueblo Veterans for letting us have the honor of serving them during this event and we thank them sincerely for their service to our country," Pete adds.

## VA Hosts Workshop

Veterans enrolled in VA health care are invited to attend a free educational workshop on consumer rights, such as pay day loans, debt collection, vehicle purchases and bankruptcy. Law Access New Mexico, a local nonprofit organization specializing in legal services, will conduct the presentation from 9:30 to 11:30 a.m. on Tuesday, Oct. 22.

This session is a workshop, not a clinic, and private consultations will not be available. The workshop will be held at the Raymond G. Murphy VA Medical Center, 1501 San Pedro Dr. SE, Albuquerque.

Seating will be limited; please register in advance by calling Jennifer Broomfield at (505) 265-1711, ext. 3434.

## Welcome Mat

Retired Air Force Master Sergeant Michael Chinana will now serve veterans as the Veterans Services Coordinator working with the Walatowa Veterans Association through the Behavioral Health Program. Michael retired in July after 24 years of service. "My goal is to provide assistance to our Jemez veterans and help them access any services they need," Michael says.



## WALATOWA VISITOR CENTER

# Jemez Pueblo 11<sup>th</sup> Annual Open Air Market

**October 12 & 13      9 a.m. – 5 p.m.**

**Walatowa Visitor Center**

**Arts and Crafts Vendors, Traditional Jemez Dances,  
Bread Baking Demonstration,  
Food Vendors, and Farmers Market.**

**For more information, please call (575) 834-7235.**



# Directory to Tribal Departments and Programs

## Governor's Office

4471 Highway 4 (575) 834-3579

		PHONE NUMBER (575)	FAX NUMBER (575)
Governor	Vincent A. Toya, Sr.	834-7359	834-7331
Tribal Administrator/ Assistant Tribal Administrator	Anthony Armijo, Interim		
Compliance Officer	Marlene Gachupin		
Tribal Programs Specialist	Vacant		
Information Technology/Administration	Shawn Larson		
Records Management/Notary Public	Yvonne Chinana		
Realty Office	Harold Sando		
Human Resources	Virginia Manion		834-0604
Finance Department	Paul Gurule	834-9141	834-7331

## Tribal Programs

	DIRECTORS/MANAGERS	PHONE NUMBER (575)	FAX NUMBER (575)
<b>Education Department</b>	<b>Kevin Shendo</b>	<b>834-9102</b>	<b>834-7900</b>
Early Childhood (Head Start)	Lana Toya	834-7366	834-0002
Library	Tamara Sandia	834-9171	834-9173
Nutrition & Creative Learning Center	Janet Waquie	834-0378	834-7900
<b>Emergency Medical Services</b>	<b>David Ryan</b>	<b>834-7628</b>	<b>834-7576</b>
<b>Health and Human Services</b>	<b>Maria Clark</b>	<b>834-7413</b>	<b>834-7517</b>
Behavioral Health	Keahi Souza	834-7258	834-9507
Community Wellness (Fitness Center)	Charles Sandia	834-7059	834-7577
Dental Clinic	Angela Torres	834-7388	834-3080
Enrollment/Census	Matilda Shendo	834-0056	834-0136
JHHS Transportation & Injury Prevention	Martha Vigil/Maria Benton	834-1001	834-0017
Jemez Vocational Rehabilitation (JVR)	Sarah Michaud	834-0012	834-0812
Optometry	Leslie D. Poolheco	834-7413	834-3081
Pharmacy	Columbus Nettles	834-0130	834-3199
Public Health (CHR Program, Diabetes)	Rina LeMaster	834-7207	834-7119
Senior Citizens	Kathleen Sando	834-9168	834-0238
Social Services	Henrietta Gachupin	834-7117	834-7103
Veterans Services	Michael Chinana	834-0122	834-7841
Walatowa Youth Center	Estevan Sando	834-0067	834-0061
<b>Housing Department</b>	<b>Marlene Gachupin, Interim Director</b>	<b>834-0305</b>	<b>834-1105</b>
<b>Jemez Community Development Corporation</b>			
(Walatowa Visitor Center)	Tanya Trujillo, Interim	834-7235	834-2221
Convenience Store	Sheena Romero, Store Lead	834-7530	834-0293
Child Care	Albertilla Yepa-Toya, Lead	834-7678	834-0002
Walatowa Timber Industries	Terry Conley	834-0204	834-0195
<b>Law Enforcement/</b>			
<b>Sandoval County Dispatcher</b>	<b>Pete Camacho, Chief of Police</b>	<b>834-0468/(800) 898-2876</b>	<b>834-0470</b>
<b>Natural Resources Department (NRD)</b>	<b>Greg Kaufman</b>	<b>834-7696</b>	<b>834-7697</b>
<b>Planning &amp; Development/Transportation &amp; Roads</b>	<b>Chamisa A. Radford</b>	<b>834-0094</b>	<b>834-0099</b>
<b>Public Works</b>	<b>Michael Silva</b>	<b>834-7942</b>	<b>834-2882</b>
Transfer Station	Frank Armijo/Emiliano Sando	834-0244	
<b>Tribal Court</b>	<b>Cynthia Gachupin</b>	<b>834-7369/1881</b>	<b>834-9317</b>

Jemez Day School: 834-7304

Jemez Valley Elementary School: 834-7393

Jemez Valley High School: 834-7392

San Diego Riverside Charter School:  
834-7419

Santa Fe Indian School High School:  
(505) 989-6330

Walatowa High Charter School: 834-0443

Parish: 834-7300

Post Office: 834-7374



**PUEBLO of JEMEZ**

Pueblo of Jemez  
4417 Highway 4  
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Jemez Pueblo, NM 87024

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**Jemez Pueblo, NM 87024**

## FROM THE GOVERNORS

# COMMUNITY MEETING

**SATURDAY, OCTOBER 26**

**9 A.M. TO 5 P.M.**

**JEMEZ DAY SCHOOL**

The Governors will host a meeting to update and inform the community about the current state of affairs in the Pueblo of Jemez. The meeting will also gather input from community members to complete the Vision 2020 plan that will guide the Pueblo's progress for the next decade. The community will be updated about the progress toward goals defined in the Vision 2010 plan. Tribal members and staff will have the opportunity to express their concerns regarding critical issues in education, health care, land use, water issues, economic development, housing, ranching and other important topics.

Lunch will be served. Child care will be available for children six months to 11 years old. **If you will need child care, call Planning & Development at (575) 834-0094 before Thursday, Oct. 24 to make a reservation.** You must make reservations in advance to ensure that appropriate supervision, activities, lunches and snacks can be provided.

For more information or if you have questions, call the tribal administration office at (575) 834-7359.

**Youth (middle school and older) welcome!**

**Door prizes include a serger and a rototiller!**

**Take this opportunity to learn more about where we are  
and where we are going as a community!**

One exercise will involve tribal members using "Jemez money" included in their information packets to express their choices about priority issues and projects.

