



Red Rocks Reporter

MARCH 2014

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Community Notices

Horse Round-Up

Tribal Code Section 6 (F) Unauthorized Livestock mandates that all loose livestock may be impounded and disposed of by order of the Governor in consultation with the Natural Resources Department and the assistance of Law Enforcement.

A wrangler is now rounding up stray horses. The animals will be penned at the community corral. Unclaimed horses will be sold. There is a \$75 fee to reclaim a penned horse. For more information contact the Natural Resources Department at (575) 834-3202.

Burn Permits

As farmers prepare for spring planting after the ditch work, remember that Burn Permits must be obtained from the Natural Resources Department before any burn activities. The permits are free. The permits help staff monitor locations where burns are planned.

Be especially careful in windy weather. Despite recent rains, fields are very dry and fire danger is high. Burning is allowed only when weather conditions permit. Tribal officials and Law Enforcement will be patrolling and checking for permits. Those burning without a permit will be fined in Tribal Court.

Transition and Orientation

The 2014 Governors have completed the transition and orientation process with all tribal departments and programs. This process enables department directors and program managers to orient tribal leaders about their current status, challenges, opportunities and goals for 2014.

Continued on page 3



US Senator Martin Heinrich (*seated at Gov. Madalena's left*) and his staff met with Pueblo of Jemez Governors, department directors and staff. Under discussion were Valles Caldera land claim issues, water rights, education, the Highway 4 bypass and other issues of significance to the Pueblo of Jemez community.

Second Lt. Governor Isaac Romero, Governor Joshua Madalena and First Lt. Governor Kevin Shendo welcomed Governor David Pino (*second from right*) and Lt. Governor Eric Ruiz (*second from left*) from the Pueblo of Zia to discuss working together in a spirit of cooperation and mutual support between the tribes.





PUEBLO OF JEMEZ

2014 TRIBAL GOVERNORS

Joshua Madalena
Governor

Kevin Shendo
First Lt. Governor

Isaac Romero
Second Lt. Governor

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TRIBAL ADMINISTRATOR

Vincent A. Toya, Sr.

Red Rocks Reporter

March 2014 Edition

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JEMEZ HISTORIC SITE

Guadalupe Ruin: A Jemez Outlier Along the Rio Puerco?

Jemez History From the Archeologists' Perspective

By Matthew J. Barbour, Manager, Jemez Historic Site

Guadalupe Ruin is the eastern most Chaco Outlier, or Great House, community outside of Chaco Canyon. Located on a bluff overlooking the Rio Puerco, it consists of at least 39 rooms and seven kivas. The village is one of many constructed along the Puerco which first played host to Chaco and later Mesa Verde migrants. However, Guadalupe Ruin has an interesting third component.

During the late 13th and early 14th centuries, the pueblo appears to have been occupied by Jemez people. Most popular literature does not recognize this third component. However, the occupation of Guadalupe Ruin by Jemez people has been known to archaeologists since as early as the late 1970s.

Between 1970 and 1981, Eastern New Mexico University did a large archaeological survey of the Middle Rio Puerco. They examined over 1,000 sites south of Cuba in the vicinity of Cabezon Peak. Among these sites was Guadalupe Ruin.

"It's very important for us to know and remember our history," says Governor Joshua Madalena. "Our history is our identity."

At Guadalupe Ruin, archaeologists noticed the presence of large quantities of Vallecitos Black-on-white Pottery. Vallecitos is considered a precursor, or early form, of Jemez Black-on-white. Like Jemez Black-on-white, it has a distinctive white slip and carbon-based paint. In fact, many archaeologists believe that Vallecitos is the transition from Gallina Black-on-white, a type produced north of Cuba between 1050 and 1300, and Jemez Black-on-white, produced in the Jemez Springs area after about 1350.

The Vallecitos pottery was not evenly distributed across the surface of the site. Instead, it was clustered in association with specific areas, including several habitation rooms with bins flanking the deflector. In the Gallina, these traits typify both pit house and unit house architecture. In the Jemez area, we call these Class C rooms. Such rooms have been documented at almost every major Jemez village excavated, including Giusewa, Unshagi, and Vallecitos.

Combined, the architecture and pottery provide clear indication of Jemez people occupying the site. Exactly how many remains unclear. However, the site provides compelling evidence of the connection between Gallina culture, located north of Cuba, and the Jemez people. What at first glance appears to be an outlier may in fact provide evidence of the migration from one area to another. Like their Chaco and Mesa Verde counterparts, the Gallina may have traveled along the Puerco during their migration into the northern Rio Grande.

Guadalupe Ruin is not the only site which bears the hallmarks of early Jemez (Vallecitos) occupation. Yet the extent of ancestral Jemez sites in the Rio Puerco Valley remains unknown. Archaeologists working on the Middle Rio Puerco project lamented that much of the Vallecitos pottery was "lost into the Loma Fria Black-on-white category" due to difficulty distinguishing it from other transitional wares. Without the proper identification of Vallecito Black-on-white Pottery, it was impossible to link many of the Rio Puerco sites with occupation by Jemez people.

In the end, Guadalupe Ruin is likely not an outlier; it is a case of a wider social undertaking that we do not fully comprehend. Even now, it expands our perception of the Jemez culture area to include regions outside of the Jemez Mountains and provides strong evidence of the connection between the Jemez and Gallina cultures. In the end, there is more to learn, and we are only beginning to know what we don't know.



Above: Photo courtesy of Chaco Lodge Hacienda
At right: Photo courtesy of Lorrán Meares



FROM THE GOVERNORS

Community Notices**NM Legislature Capital Outlay Requests**

Several projects were submitted to the 2014 session of the New Mexico Legislature for Capital Outlay funding. The requests included funds for Compressed Earth Block Project; Jemez Community Library children's area addition; sewer operations and maintenance equipment; irrigation drought relief well pump; asbestos waterline replacement; and a wildfire brush truck.

New Fire Station

The Pueblo of Jemez was notified that Tribal Infrastructure funds have been allocated to prepare the site for the new fire station between the Fitness Center and the Emergency Services Building. Once the concrete pad is complete, Sandoval County will deliver and construct the new building. The project is scheduled for completion by summer. The Governors and Tribal Administration will hold regular meetings with Sandoval County through the construction process. The fire department will be managed jointly by the county and the Pueblo of Jemez.

Federal Funding

The recently passed federal budget restored funding to the Indian Health Service (IHS) and Bureau of Indian Affairs (BIA) to pre-sequestration levels of 2012. However, funding is being appropriated differently. Some programs and services may experience funding cuts.

"Our priority remains saving jobs," says Governor Joshua Madalena. "We are being extremely careful with our expenditures to

ensure that programs, services and staffing are not compromised."

Participation in Cultural Activities

To provide long-term preservation of our culture, the various components of our traditions must be protected.

Enrolled tribal members must participate in community obligations, events and/or traditional, cultural and religious ceremonies and obey all rules and regulations established by the War Chief and War Captains.

Only enrolled Pueblo of Jemez tribal members may participate in religious/cultural ceremonies that are closed to the public. A non-member Indian female spouse will be allowed to participate in tribal traditional and/or cultural events at the discretion of the Tribal Leadership on the grounds of marriage. If married within the last two years, the female spouse will not be allowed until such time this individual have fulfilled and have respected all aspects of our culture and tradition.

Non-Indians, non-tribal members, unmarried males/females will not be allowed to attend traditional religious ceremonies taking place in the Pueblo that are closed to the public. Tribal members should not invite friends, acquaintances or extended family members who are not Jemez tribal members to our activities.

As a reminder, any recording or photo taking device, including cameras and cell phones, are prohibited and will be confiscated.

Extended Hours at Finance Department

The Finance Department is now open through the noon hour daily.

TRIBAL COUNCIL**Tribal Council Report**

The Tribal Council Report is published at the direction of the Governors to keep the community well informed. Governor Joshua Madalena, First Lt. Governor Kevin Shendo and Second Lt. Governor Isaac Romero proposed the following resolutions which were approved by Tribal Council:

Feb. 14, 2014

Authorized the Natural Resources Department to apply for funding from the Department of the Interior for well testing and analysis through the Energy and Mineral Development Program.

Approved the Transportation Department road maintenance crew to act as the general contractor for the SPLI baseball field sports-plex dirt work and to waive the bidding process.

Authorized the Tribal Transportation Division to amend the 2013 Indian Reservation Roads Inventory and to update the 2014 Long Range Transportation Plan. Tribal Council Resolution NO. 2013-4 was rescinded.

Feb. 26, 2014

Endorsed the candidacy of Debra A. Haaland, an enrolled

member of the Pueblo of Laguna, for Lieutenant Governor of New Mexico.

Authorized the Pueblo of Jemez to become a member of the National Congress of American Indians and designated the Governor to serve as delegate with the Second Lt. Governor and Tribal Administrator as authorized delegates and adopted the National Congress of American Indians Membership Resolution.

Endorsed the Pueblo of Jemez Community Library's grant application to the Institute of Museum and Library Services Enhancement Grant for fiscal years 2014-2016.

Authorizes the Pueblo of Jemez Housing Department to assist a family with repair to damages of their home caused by a sewer back-up.

PUBLIC WORKS

News from Public Works

Submitted by Mike Silva, Director

Attention Community Members!

Several incidents this past month have caused sewer back-up problems for community residents and the Public Works Department. Some incidents were extremely destructive to homes, property and household belongings.

These problems highlight the need to remind the community: **some things should never be flushed down toilets or sinks:**

- ✗ Diapers, socks, rags or cloth.
- ✗ Disposable toothbrushes.
- ✗ Plastic objects (toys, utensils, etc.)
- ✗ Sanitary napkins or tampons.
- ✗ Latex/vinyl items.
- ✗ Personal/cleaning wipes and sponges.
- ✗ Glass.
- ✗ Metal.
- ✗ Cigarette butts.
- ✗ Grease and oil.
- ✗ Kitty litter.
- ✗ Syringes.

In addition, **never** dispose in sewers:

- ✗ Explosives.
- ✗ Strong chemicals.
- ✗ Lubricating oil or grease.
- ✗ Flammable material.
- ✗ Gasoline.

The Pueblo of Jemez Public Works Department was featured in the Indian Health Service Office of Environmental Health & Engineering 2014 Calendar. The February spread shows Robert Bajek and Michael Silva at the Red Rocks and the water treatment plant and a photo of Merlin Gachupin, Vincent Madalena, Todd Loretto.

New Well for Community Water System

Engineering design and well placement has begun on the \$650,935 Source Water Well for the Jemez Community Water system. Bohannon Huston Inc. with John Shomaker and Associates are handling the engineering design, placement and construction of the new well. We are pleased to be able to begin this important community project.

Robert Bajek: New Mexico Water and Wastewater Association Outstanding Operator of the Year 2013

Robert continues to be honored for the work he has done in improving the Jemez community water system. He was recognized as Outstanding Operator of the Year from the New Mexico Water and Wastewater Association. This third recognition for his service to the community joins honors as the Tribal Operator of the Year by the New Mexico Rural Water Association and Outstanding Operator of the Year by Indian Health Service National. As Bob says, "Just enjoy drinking the water."



LAW ENFORCEMENT



Officer Soto Deployed

Tribal employees and friends said farewell to Criminal Investigator Ray Soto (*second from right*), who has been deployed to Afghanistan. Here he is joined by officers Bryan King, Joseph Tsosie, Bill Clendenin and Chief Pete Camacho. Ray expects to be away for several months. Officer Chris Pino is also a trained criminal investigator and will assume the CI duties during Ray's absence.

PLANNING & DEVELOPMENT

Jemez Wins Notah Begay III Foundation Award

The Pueblo of Jemez has been awarded \$20,000 from the Notah Begay III Foundation (NB3F) for the Community Food Source Survey and Strategic Action Plan. The project will identify and address health disparities through community-directed strategic planning.

Jemez was chosen from 55 tribes and Native-controlled organizations as one of ten recipients of the capacity building grants through NB3F's national initiative, Native Strong: Healthy Kids, Healthy Futures (Native Strong.). The grants will help Native American tribes and organizations complete community health assessments, community planning or capacity building projects to determine needs within their communities and the best next steps in addressing health inequities among their children and families.

Capacity Building Grants represent one prong of the foundation's grant-making strategy intended to support tribal communities or Native-controlled organizations in laying the groundwork for building childhood obesity and type 2 diabetes prevention programming.

"An essential piece of the Capacity Building Grants is supporting grantees' collection and analysis of relevant health data based on their communities' unique cultural needs and resources," explains Olivia Roanhorse, Director of NB3F's Native Strong national initiative. "A childhood obesity and type 2 diabetes strategic prevention plan that works for a large tribe in the Southern Plains will not necessarily be the best approach for an urban Indian community in the Upper Midwest. By supporting grantees in this process, we hope that this approach will provide needed resources and foundational data for tribal communities to develop and/or strengthen their prevention planning."

In addition to the Pueblo of Jemez, the Capacity Building Grantees are:

- ✦ Citizen Potawatomi Nation (OK): Childhood Obesity and Type 2 Diabetes Prevention Strategic Plan.
- ✦ Navajo Nation, NM: COPE Project: Addressing Childhood Obesity.
- ✦ First Nations Community Health Source, Healthy Futures (NM).
- ✦ Minneapolis-St. Paul (MN) Urban American Indian Community Health Board.
- ✦ California Inter Tribal Sports Dialogue for Development.
- ✦ Pueblo of Picuris Youth Lifestyles Assessment.
- ✦ Pueblo of Santa Ana Youth Obesity Health Assessment and Planning.
- ✦ Red Cliff Band of Lake Superior Chippewa (WI) Obesity and Diabetes Assessment.
- ✦ Ponca Tribe (OK): Understanding Root Causes of Obesity and Diabetes Among Ponca Nation Youth.

Each grantee will implement their own strategies for assessing the health of their communities with NB3F providing technical assistance. All projects focus on the importance of community-driven efforts in the fight against childhood obesity and type 2 diabetes for Native American children and their families.

While there are downward trends in childhood obesity rates in many states, the opposite is true for Native American communities. Currently, half of Native American children are expected to develop

type 2 diabetes in their lifetimes. Through support from the Robert Wood Johnson Foundation, the WK Kellogg Foundation, the Shakopee Mewakanton Sioux Community and others, NB3F is partnering with tribes throughout the United States to fight these epidemics.

About Notah Begay III Foundation

The mission of the Notah Begay III Foundation (NB3F), a 501(c)3 non-profit organization, is to reduce the incidences of obesity and diabetes and advance the lives of Native American children through sports and wellness programming. NB3F supports developing sustainable, evidence-based, innovative soccer and golf programs designed by Native Americans for Native American youth that promote physical fitness, wellness and leadership development. For more information, go to www.nb3foundation.org.

Indianpreneurship[®]

A NATIVE AMERICAN JOURNEY INTO BUSINESS

**12-Week Course Starts Tuesday, March 11, 4 to 6 p.m.
at the Walatowa Visitors Center**

Indianpreneurship: a unique business course that presents challenges, experiences and opportunities for Native American entrepreneurs.

This 12-week evening course meets every Tuesday. Refreshments or a light dinner will be provided. This course is free to all participants thanks to a grant from the Economic Development Administration. If you've ever thought about starting your own business, or currently own one, and want to develop a business plan, this is an opportunity you won't want to miss. This course:

- ✦ Presents case studies relevant to Native American business experiences offer situations and solutions in which students can relate.
- ✦ Offers coursework that provides a guided look at practical business planning concepts for real-world applications.
- ✦ Includes helpful, easy-to-understand worksheets.
- ✦ Provides a completed business plan on completion.
- ✦ Presents in-depth information on promoting, marketing, and financing a Native-owned business.
- ✦ Encourages a network of support from the instructor, other students and the community.

Contact Chamisa Radford at the POJ Planning and Development Department, 7401 Hwy. 4 (just south of the C-store,) at (575) 834-0094 or by e-mail to Chamisa.A.Radford@jemezpueblo.org

BEHAVIORAL HEALTH

HEALTH & HUMAN SERVICES

SBIRT: Integrating Behavioral Health Services at Jemez Health Clinic

The Jemez Health Clinic is collaborating with NM Behavioral Health Services Division, University of New Mexico's Center for Rural and Community Behavioral Health (CRCBH) and Sangre de Cristo Community Health Partnership (SDCCHP) in a project that integrates behavioral health services into the medical care setting. Screening, Brief Intervention, and Referral to Treatment (SBIRT) Services is an evidence-based practice that identifies, reduces and prevents problematic use, abuse and dependence on alcohol and illicit drugs. SBIRT includes screening for health risk behaviors, including substance use and mental health issues as well as depression, anxiety and/or trauma. Arturo Gonzales, MA, Ph.D., Executive Director Thomas Peterson, Ph.D. Clinical Director Niccole Toral, LPCC, Clinical Supervisor are collaborating with the JHHS Clinic medical staff to introduce the program and orient staff members about how it works.

The SBIRT approach identifies individuals with risky substance use and mental health issues in order to effectively intervene before patients need more extensive or specialized treatment. Interventions are based on "motivational interviewing" strategies. The primary goal is to identify and effectively intervene with those who are at moderate or high risk for psychosocial or health care problems related to their substance use, depression, anxiety and/or trauma.

SBIRT consists of three major components:

Screening: Assessing patients for risky substance use and mental health issues using standardized screening tools.

All patients will receive the pre-screen at least once per year during their visit to the clinic. The pre-screen includes questions related to alcohol and drug use, misuse of prescription drugs, depression, anxiety and trauma-related symptoms.

Medical assistants, front desk staff or the peer support worker (PSW) will administer the screening tests at check-in and give them to medical providers for review during patients' appointments.

Patients who have positive pre-screens will be introduced to the behavioral health counselor (BHC) or PSW personally by the provider (called a "warm-hand-off.") The PSW will gather general demographic information (age, employment, marital status, etc.) during the pre-screening.

Brief Intervention: either the BHC or PSW will use Motivational Interviewing Techniques to engage patients who show risky substance use and mental health behaviors in a short conversation, providing feedback and advice. Patients who need additional services will be referred for brief therapy or additional treatment. Brief Intervention raises patients'

awareness of their risks and attempts to motivate patients toward better health and mental health behaviors.

Referral to Treatment. The BHC will conduct brief treatment consisting of cognitive behavioral work with patients who acknowledge risks and are seeking help. Brief treatment may include up to 12 counseling sessions. Patients with more severe symptoms or who want more intensive treatment will be referred for specialized treatment.

SBIRT Decreases the Frequency and Severity of Alcohol and Drug Use

Primary care is one of the most convenient points of contact for substance issues. Many patients are more likely to discuss this with their family physicians during regular medical visits.

SBIRT Reduces Health Care Costs

By intervening early, SBIRT saves lives and money and is consistent with overall support for patient wellness. Late-stage intervention and substance abuse treatment is expensive, and patients often have developed additional related health conditions.

Making a Difference

- ❖ Since 2003, SBIRT programs have screened more than 1.5 million people.
- ❖ Outcome data confirm a 40% reduction in harmful use of alcohol by those drinking at risky levels and a 55% reduction in negative social consequences.
- ❖ Outcome data also demonstrate positive benefits for reduced illicit substance use.
- ❖ 99% of patients are interested in completing the Patient Screen when it is offered with a non-judgemental and understanding attitude.

Benefits of SBIRT Services

SBIRT services:

- ❖ Help prevent the unhealthy consequences of alcohol and drug use among those whose use may not have reached a dangerous level of substance use.
- ❖ Help those with addiction, depression and/or trauma stay with treatment
- ❖ Enable health care professionals to systematically screen and help individuals who may not be seeking assistance for substance abuse, depression or trauma problems that complicate their ability to successfully handle health, work

Continued on page 7

DENTAL CLINIC

Children's Dental Health Month in Jemez

In honor of Children's Dental health Month in February, dental hygienist and prevention coordinator Tenise Fragua visited San Diego Riverside Charter and Jemez Day Schools and spoke at a health class at Jemez Valley High School.

Approximately 262 students learned about the importance of good oral health; home care, including brushing for two minutes, twice a day; wearing sports guards; and the amount of sugar in sodas, energy drinks, candy and snacks. She also talked about sealants, gum disease, cavities and home care with braces. High school students learned about wisdom teeth, oral piercings and pH (acid) levels in sodas and energy drinks.

All students received informational handouts, tooth-brushes, floss, toothpaste, disclosing tablets (pink tablets) and fluoride mouth rinse.



Walatowa Head Start students visited the Dental Clinic for their bi-annual screenings and fluoride treatments.

SBIRT at Jemez Health Clinic, *continued*

or family issues.

Dr. Tempest and the Jemez medical staff will be joined by Rachel Gerson, MA, LMHC, the new behavioral health counselor, offering SBIRT services to the community at the clinic. In addition, Melacia Fragua will serve as the peer support specialist, supporting the work of the medical and behavioral health teams. Both are enthusiastic to be part of the JHHS team in offering these new services to the community.

"We are very excited to offer this unique approach that

offers opportunities to confront substance abuse issues with a caring health care provider in the clinic setting," says Keahi Souza, Behavioral Health Program Manager.

"Primary care centers provide excellent opportunities for early intervention with at-risk substance users and for intervention for persons with depression anxiety and/or trauma," says Dr. David Tempest, JHHS Medical Director.

For more information, contact Rachel Gerson at (575) 834-7413, ext. 178.

Did You Know?

Unhealthy and unsafe alcohol and drug use are major preventable public health problems resulting in more than 100,000 deaths each year.



The costs to society are more than \$600 billion annually.



Effects of unhealthy and unsafe alcohol and drug use have far-reaching implications for the individual, family, workplace, community and the health care system.

Welcome Mat



Rachel Gerson, MA, LMHC, is the new behavioral health counselor (BHC) offering SBIRT services to the community. The Winnipeg, Canada, native came to New Mexico to complete her Masters' degree in Counseling after undergraduate work in Environmental Science and Native Studies. "I'm excited to part of this new program that integrates and provides medical and mental health services for the people of Jemez Pueblo," Rachel says.

Melacia Fragua will serve as the SBIRT program peer support worker (PSW). While continuing her studies at Southwestern Indian Polytechnic Institute (SIPI) and Central New Mexico Community College (CNM), Melacia will support patients with screenings and brief interventions. "I'm from here and am very aware of the toll that alcohol and drug abuse takes on our community," Melacia says.



PUBLIC HEALTH

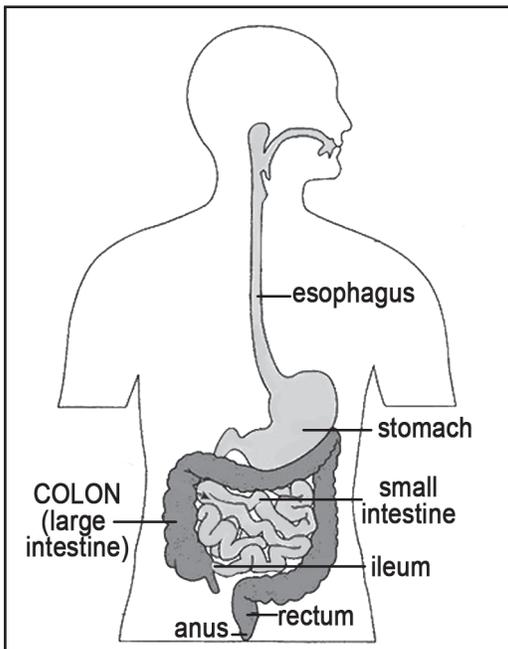
Colorectal Cancer: What You Need to Know

Submitted by Anna Gomez, RN, School Nurse

Colorectal cancer, also called colon, rectal or bowel cancer, is a cancer from uncontrolled cell growth in the lower GI (gastro-intestinal) tract. Symptoms include changes in bowel habits, weight loss, rectal bleeding and anemia.

Most of the time, colon cancer begins as a small polyp found through regular screening such as colonoscopy. A colonoscopy involves inserting a camera-tipped lighted tube through the entire rectum and colon. Sigmoidoscopy involves inserting a flexible camera-tipped tube through the rectum and only the lower part of the colon. At home stool tests, called guaiac tests, are accurate, but not fool-proof. The stool guaiac test looks for hidden blood in a stool sample. It can find tiny traces of blood not seen with the naked eye.

A new study suggests that increased colonoscopy screening has led to a decline in colorectal cancer rates. It enables doctors to detect and possibly remove pre-cancerous growths. Early detection is the key. With early detection, surgery radiation, and/or chemotherapy can be effective treatment.



Reducing Your Risk

The combination of foods you eat may help make a difference in reducing your risk for colon cancer. At meals, aim for a 2/3 plate of plant-based foods and no more than 1/3 animal protein. Fruits and vegetables are rich in cancer-fighting nutrients. These foods help lower your risk in a second way by helping you reach and maintain a healthy weight. Aim for five or more servings a day; and the more color, the more nutrients they contain.

Assessing Your Risk

The following questions can help you determine whether you are at risk of developing polyps or colorectal cancer:

Are you aged 50 years old or older?

Yes No

Age is a risk factor for colorectal cancer: The older you are, the higher the risk. After age 40, colorectal polyps and cancers become more common. Cancers are very rare in people younger than 40 years of age, except where there is a strong family history.

Have you had a colorectal polyp?

Yes No

Has anyone in your family had polyps or colorectal cancer?

Yes No

People who have a family history of colorectal cancer are more likely to develop the cancer themselves, particularly if you have certain gene mutations, but in most cases, the genes become abnormal by chance or because of cancer-producing chemicals (carcinogens) in the foods we eat.

Do you eat more fats than fiber?

Yes No

Many lifestyle factors are associated with a higher risk for colorectal cancer. These include eating too much

red meat and animal fats, and not eating enough fiber or fresh vegetables. Obesity and a non-active lifestyle may also increase your risk.

Have you had inflammatory bowel disease, such as ulcerative colitis?

Yes No

A long history (eight years or more) of ulcerative colitis or Crohn's disease may contribute to the risk of colorectal cancer.

Have you noticed changes in your bowel habits? Yes No

The most important of these symptoms is rectal bleeding. A noticeable change in your bowel patterns is also an important factor. If you develop these symptoms don't delay in seeking medical attention.

Did you answer YES to more than one of these questions? Yes No

Having a combination of risk factors significantly increases your overall risk of developing colorectal polyps and cancer. For example, if you have already had a polyp, and find out a close relative has also had one, your risk status is increased. Risk status can change, and should be updated.

If you answered yes to one or more of the questions above, you are at risk for developing colorectal polyps or cancers.

What Do You Do If You Are at Risk?

First, pat yourself on the back! By taking the time to determine your risk for colorectal cancer, you have taken an important step toward preventing it. Now make an appointment with your primary care doctor.

Sources: Colorectal Cancer: Wikipedia, Feb 2014
Colorectal Cancer Health Center, Web MD: Feb 2014, www.webmd.com

PUBLIC HEALTH

Maternal Child Health Program

The Prenatal Childbirth Education Class schedule has changed: classes will be offered two times a year instead of three. Classes start in September 2014 and again in April 2015. Classes meet once a week on Tuesday evenings at 6 p.m. for five weeks in the Towa Board Room across from the Dental Clinic at the Jemez Health Center.

The class covers pregnancy, prenatal care and newborn care:

- Class I Physical and Emotional Changes
- Class II Labor and Delivery
- Class III Breastfeeding
- Class IV Newborn Care
- Class V Newborn and Car Seat Safety

Refreshments are served. Special incentives are distributed to both mothers and fathers for attending the classes. For more information, call Mildred Baca at (575) 834-7207, ext. 354.



**JEMEZ SENIOR CENTER
PARKING LOT**

**TUESDAYS
10 A.M. TO 7 P.M.**

The Mobile Grocery (MoGro) is a grocery store on wheels offering a selection of fresh foods for better health. The MoGro Truck has over 200 food items, including fresh fruits and vegetables, baking supplies, dry goods, dairy products, meats, beans, and many new products. Make MoGro your favorite place to shop. You can save money, eat healthy and live better!

Thank you to all our customers for making MoGro a success in the Jemez community and beyond. Our thanks also goes to our tribal leaders for their support.

For more information, call the JHHS Public Health Program at (575) 834-7207.



ST. PATRICK'S DAY FUN RUN

Monday, March 17 4:30 PM Jemez Plaza



VOCATIONAL REHABILITATION

16TH ANNUAL DISABILITIES AWARENESS CONFERENCE

WEDNESDAY, MARCH 19 9 A.M. TO 2 P.M. WALATOWA YOUTH CENTER

Mark your calendars for the 16th Annual Jemez Vocational Rehabilitation Program Disabilities Awareness Conference on Wednesday, March 19 at the Walatowa Youth Center. The conference will include vendors presentations, and inspiring speakers. The event kicks off with a Fun Run/Walk at 7:30 a.m.

Since the program first hosted the conference in 1998, it has grown from a small gathering to an event bringing as many as 300 people to learn about disabilities and vocational rehabilitation.

"Our key message is that *disability* does not have to mean *inability*," says Program Manager, Sarah Michaud. "Disabilities are a part of life; you can be born with one or you can acquire one during your lifetime. Their impacts can vary greatly from one person to another. However, a disability does not have to define how or what an individual with a disability can accomplish."

This year's conference will focus on disabilities and their impact on daily life. Speakers will discuss issues associated with disability, including communication, social and individual perception of the condition, and how one can develop coping strategies to overcome barriers to personal success. Conditions such as deafness, diabetes, obesity, paraplegia, depression, and drug or alcohol addictions have a range of impacts on individuals, from challenges

with physical health to communication with friends and family.

The keynote speaker will talk about his own personal journey through the disability process to the achievement of his goals. Then a panel of JVR consumers will speak about their journeys from diagnosis with a disability to beginning the pursuit of personal goals as well. "This is always one of the most inspiring portions of the conference," says VR Coordinator Joyce Tsosie. "It really shows that you can accomplish whatever you want to no matter what."

In addition to these speakers, the conference will feature a presentation by the JVR program about its services as well as booths from both Pueblo of Jemez and state agencies that provide services to people with disabilities and their families. Local artisans from the Pueblos of Jemez, Santa Ana and Zia will have tables showcasing their arts and crafts.

There is no cost to register, but due to the length and content of the event, registration will be limited to people 12 years old and older. Lunch will be provided to all registered attendees. Registration forms are available throughout the communities at the Pueblos of Jemez, Santa Ana and Zia. People can also call the JVR office at (575) 834-0012 to register by phone or by e-mail to Sarah Michaud at smichaud@jemezpuablo.us.

Save the Date! **EMPLOYABILITY SKILLS TRAINING May 12-16**

MEDICAL SOCIAL WORK

Medicaid: Know Your Options as a Native American

Submitted by Lisa Maves, Medical Social Work

Please be aware that many Natives Americans enrolled in Medicaid are being automatically enrolled in Centennial Care managed care! If you receive a membership card or letters from Molina, Presbyterian, United Healthcare or Blue Cross/Blue Shield welcoming you to their program, but had straight (or fee-for-service) Medicaid before, you do have a choice.

The Medical Assistance Division is referring people to the **888-997-2583 Help Desk** to call and request you be “Opted Out” of managed care. We find this is working only about 50% of the time at best.

If you have been enrolled in managed care without requesting it and want to get out, hurry to the Jemez Health Center Medical Social Work or Benefits Coordinator to get help with opting out. You can try the Help Desk number first if you wish, or stop by and see Thelma Shendo or Lisa Maves at the Jemez Health Clinic.

You Must Take Action!

This year *everyone* must either:

- Sign up for health insurance;
- Apply for a “Hardship Exemption;” or
- Face financial penalties in 2015.

These penalties will be **the greater of** \$95 for every adult and \$47.50 for every child or 1% of your annual household income during the first year. This rate triples the following year \$285 for adults and \$142.50 per child) and then doubles again two years after that (\$570 per adult and \$285 per child.) These

penalties are taken from federal income tax refunds.

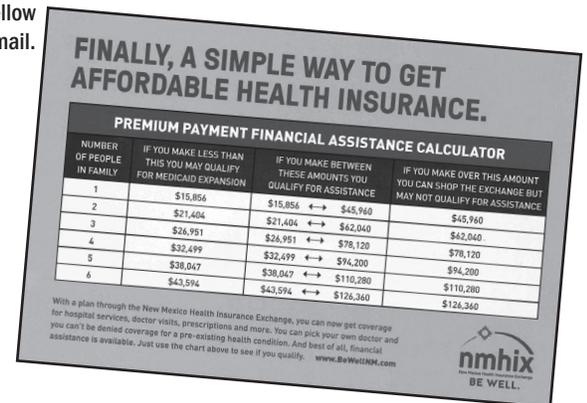
Look for the **yellow** reminder card you see below in your mailbox about applying for Medicaid or other health insurance through the NMHIX as soon as possible. Native Americans whose income is below 400% of the Federal Poverty Level (see chart) may qualify for premium tax credits through the Exchange which can result in no or very low monthly premiums.

You can come to the clinic to see Thelma or Lisa about your specific insurance needs or go online at: www.healthcare.gov or www.bewellnm.com for the Exchange, and www.yesnm.com for Medicaid.

If you are an adult who does not have health insurance coverage, please **act now** to make sure you and your family have the extra protection available to you.

Call Thelma Shendo at (575) 834-3040 or Lisa Maves at (575) 834-3059 or stop by the Clinic today!

Watch for this yellow card in the mail.



Health Insurance Tax Credits: Income Guidelines for Native Americans							
Household Size	100%	133%	138%	150%	200%	300%	400%
1	\$11,490	\$15,282	\$15,857	\$17,235	\$22,980	\$34,470	\$45,960
2	15,510	20,628	21,404	23,265	31,020	46,530	62,040
3	19,530	25,975	26,952	29,295	39,060	58,590	78,120
4	23,550	31,322	32,499	35,325	47,100	70,650	94,200
5	27,570	36,668	38,047	41,355	55,140	82,710	110,280
6	31,590	42,015	43,595	47,385	63,180	94,770	126,360
7	35,610	47,361	49,142	53,415	71,220	106,830	142,440
8	39,630	52,708	54,690	59,445	79,260	118,890	158,520
For each additional person, add							
	\$4,020	\$5,347	5,547	\$6,030	\$8,040	\$12,060	\$16,080



SDRCS NEWS

Submitted by Mike Toledo, SDRCS Teacher

San Diego Riverside Charter School (SDRCS) has launched a new incentive to encourage students to keep up their good work. Our “Drop and Go” program rewards students who have the least number of tardy marks, hand in their assignments on time, and maintain good grades. The program gives students an opportunity to leave the campus and have a fun, chaperoned outing. The last outing happened on Feb. 10 when students went to Albuquerque to see the fun *Lego Movie*. Who knows when the next fun adventure will happen?

On Feb. 19, Dr. Kommander’s seventh grade science class, along with the Walatowa High Charter School tenth graders, went to the Bradbury Science Museum in Los Alamos. There students viewed a fifteen minute video about the atomic bomb and were involved in a fun scavenger hunt. They also visited the Los Alamos Historical Museum which included an outdoor tour. In all, it was a great educational adventure!



Walatowa Head Start

Submitted by Lana Toya, Early Childhood Education Program Manager

Walatowa Head Start is back in the swing of things! Although the time off can be fun for children, students can struggle returning to school after winter break. In January, teachers focused on getting students reacquainted with daily routines and schedules. It’s great to have all 68 children back for second semester. Children returned sharing stories with teachers and classmates of wonderful gifts from Santa Claus and family members, and watching the Buffalo Dance. In fact, it’s common to find buffalo dancers at the various play areas in all four classrooms throughout January. Over the break, it’s likely that children do not keep their normal school night routines, so it’s important that we as parents re-establish proper bed time and school-night routines, so children are refreshed and ready to start the day. Also, please take advantage of the transportation services provided to your children daily.

Walatowa Head Start had a busy month in February. The second round of home visits took place in the first week. This time is important, as it allows for teachers to visit the homes of their students and families, share academic progress and concerns, and develop goals for the second half of the school year. Studies show that engaged families are key to having successful students. We will continue to provide opportunities for families to stay involved through the school year. Also, Fatherhood Nights, Parent Center Committee and Policy Council Meetings will continue monthly basis. Please see your school calendar for those scheduled events.

Federal Monitoring Review

Another important event in February was the Triennial Federal Monitoring Review. Four federal reviewers arrived on-site on Monday, Feb. 3 to review child and staff files, as well as conduct classroom observations and interviews with Tribal Administration, Policy Council, staff and parents.

As a federally-funded program, Walatowa Head Start is tied to federal regulations and must meet compliance standards in

administration and operation. Therefore, as parents of enrolled Head Start children, it is critical to turn in required documentation at the time of enrollment and throughout the year as requested by Head Start staff. With continued support from families and our community, we will demonstrate to Office of Head Start that Walatowa Head Start is a vital program in our community. We look forward to a favorable report!

Native American Child and Family Conference

As the Chairperson of Southwest Consortium (SWC), the Early Childhood Program Manager, along with the Board of Directors, are finalizing the annual Native American Child and Family Conference, which will be held March 11 to 13, in Albuquerque at the Albuquerque Marriott Hotel on 2101 Louisiana Boulevard. This conference welcomes close to 500 staff members from American Indian and Alaska Native Head Start programs across the nation to teach and learn from each other. SWC’s goal is to build Head Start and Early Head Start staffs’ abilities to provide early childhood services for their families while preserving their traditions for their youngest generation. Important events include an update from Office of Head Start Administrators and children’s performances from our own Walatowa Head Start children. If you are interested in supporting Native children and families or know someone who is, please share this information and help us with any contribution, sponsorship or donation of auction items or door prizes. Other professional development opportunities include the bi-annual Joint Professional Development Days hosted by the Education Department in March and October 2014, as well as our monthly staff in-services focused on child development, behaviors and Language Immersion. Parents are welcome to attend all trainings and visit anytime.

If you have any questions, please contact the Walatowa Head Start office at (575) 834-7366.

EDUCATION

Walatowa High Charter School

Submitted by Arrow Wilkinson, Principal

Since 2002, Walatowa High Charter School (WHCS) has been a public charter school developed by parents and community members and authorized through the Jemez Valley School District. On Dec. 16, 2011, the NM Public Education Commission approved WHCS to become state-chartered. This authorization allows WHCS to provide an alternative educational setting to parents and students in the public school system as its own Local Education Agency (LEA) beginning July 1, 2012.

WHCS is committed to preparing students to be academically successful, while promoting leadership, college/career preparation, cultural identity and community wellness through a community-integrated experiential learning program.

WHCS Graduation Credits Required

- Dual Credit Courses/Career Program: 2 dual credit college courses and 1 Career Certificate Program (Eastern New Mexico University First Responders Certificate Program National Accu-Detox Association. Behavioral Coping Skill for At-Risk Students Certification.)
- NMSBA Proficiency: Passing
- Complete all NMPED graduation requirements
- Grade Requirement: 70% minimum grade requirement.
- Individual community service learning project: 40 hours
- Accepted in three college or career programs
- ACT college assessment participation 100%
- Portfolios: Freshman, Sophomore, Junior Community Presentation
- English Senior Thesis Community Presentation

Current Enrollment: 69 students

Pueblo of Jemez	52
Pueblo of Zia	8
Spokane	1
Dine	1
Arikara/Muscogee	1
Spanish	6

WHCS Faculty and Staff

Arrow Wilkinson, Superintendent/Principal, Level III; Special Education, Level III; Education Administration: Doctoral Candidate, New Mexico State University; MA, Education Management & Development, New Mexico State University; BS, Oklahoma City University.

Francis Vigil, Athletic Director/University of Arizona Community Liaison; MA, University of New Mexico, Secondary Education and BS, New Mexico State University, Microbiology.

Ron Kruger, Math Instructor/Institute of American Indian Arts Adjunct Professor, Level III; JDS Law, University of Arkansas.

Kathleen Phelan, Social Studies Instructor, Level I, Level II. BA, University of Massachusetts Arts & Communication. 1989 EMMY Award Winning Documentary: Black Tide: Exxon Valdez Oil Spill.

Jaymes Dudding, IAIA and CNM Adjunct Professor/Art Instructor;

MA, University of Oklahoma.

Frances Strain, NM History/Government and Special Education Director. NHS Advisor; Education Administration Level III and Level Special Education III. MA, University of New Mexico, Special Education/Education Administration.

Kristina Kommander, Science Instructor, Level I. PHD, University of New Mexico, Adjunct Professor, Central New Mexico.

Adam Bretchel, History and Reading Instructor, Level I; MA, University of New Mexico; BA, St. Mary's University of Minnesota.

Eleni Fredlund, Reading Instructor. Institute of American Indian Arts and Eastern New Mexico University Adjunct Professor MS, Loyola University, Counseling.

Kay M. Toya, Business Manager. MA, NM Highlands University, Business Administration.

Shelley Chinana, Administrative Assistant and Data Coordinator.

Francine Garcia, Gear Up Coordinator.

Elston Yepa, Resource Specialist. BAS, ITT Technical Institute.

Barbara Loretto, Custodian.

Cletus Casiquito, Head Chef.

Governing Board: Kenneth Sando, President; Kari Fragua, Vice President; Stuart Gachupin, DJ Hardy and Corrina Yepa

Athletics: Girls Volleyball, Cross Country, Boys and Girls Basketball, Baseball and Softball.

2011 District Champions: Volleyball and Girls Basketball

2012 District Champions and 2012 State Basketball Qualifiers: Boys Basketball

New Mexico PED Funding: Title I, Title VII: Indian Education; Title VIII: Impact Aid; the New Mexico Indian Education Act (Exemplary Program); Gear-Up NM; Student Equalization Grant (SEG); IDEA B and SPCOC (Facilities)

Academic Growth

According to 2011-2012 NWEA data, WHCS has achieved a 40% average individual growth in Reading and Math.

2012-2013 SBA Assessment Data Results

	Math	Reading
Native American NM Students	37.5%	36.7%
Walatowa High Charter School	41.2%	29.9%
Native Americans, Jemez Valley Schools	0%	21.4%

~~Alumni: 2012-2013: 98% Graduation Rate; 60% of WHCS alumni are registered in a college, career program or employed.~~

Financial Audit

Gary E. Gaylord, Ltd. conducts all audits for schools that operate under the Jemez Valley School District. On Dec. 14, 2011, Mr. Gaylord informed WHCS that there were no significant findings on WHCS financial audits for 2010-2011. On Dec. 10, 2012, Mr.

EDUCATION

Walatowa High Charter School, *continued*

Gaylord informed WHCS that there were no significant findings on WHCS financial audits for 2011-2012. The 2012-2013 audit conducted by Moss-Adams is in progress.

Assessments

As a college prep and career readiness academy, each student is required to complete the following assessments:

- ACT 12TH and 11TH Grades: 100% of juniors and 98% of senior participated in the ACT assessment in 2012-2013.
- ACT Explore: 10th Grade
- ACT Plan: 9th Grade
- Accuplacer: College entrance assessment for 12th or qualifying 11th grade students
- Discovery Education Assessment is the short cycle assessment to measure academic growth. Assessments are conducted in August, December and May for ninth, tenth, and eleventh grades.
- NMPED state-mandated assessments may be administered throughout the year.
- NMSBA Standards Based Assessment conducted in April 2013 determined Annual Yearly Progress (AYP) of WHCS. Sophomore and juniors are required to complete assessments. Students must pass NMSBA assessment to graduate.

Utilizing Assessments: Disaggregated data from completed assessments are used to differentiate instruction and drive WHCS instructor lesson plan development.

Education Initiatives

Every high school in New Mexico is required to assess students academically using the Standards Based Assessment (SBA) and to report other factors to determine the school's success. The results of the SBA test, attendance rate and graduation rate for WHCS, are used to determine whether our school is making Adequate Yearly Progress (AYP.)

While we know that we experience much success with students who are not measured by numeric formulas, we are still accountable for the same expectations held for all schools. In addition to the accountability factors mentioned above, WHCS will be also measured by our community service opportunities, dual credit requirements, and college and career preparation.

To address these challenges, WHCS has formulated an extensive school improvement plan that specifically addresses these areas. Strategic initiatives have been formulated and approved by the WHCS Governing Board to ensure that the overall education program of the Walatowa High Charter School will be successful.

The initiatives WHCS has taken to address academic success include, but are not limited to:

Additional Graduation Requirements

- 40 hours Community Services (collections of student work representing a selection of performance.)
- Participate and improve by two points annually in ACT Assessments, Explore, Plan and ACT.
- 70% grade average; nothing below 70% will be accepted.
- **Tutoring Services:** Monday to Thursday from 3:30 to 5 p.m. and Fridays from 1:30 to 4 p.m.
- **Saturday School:** Tutoring services available during Saturday school monthly, 8:30 to 12 noon.
- Complete and be accepted in three college and/or career programs prior to graduation.
- Complete a minimum of two dual college credit courses.

Other Initiatives

- Supplemental Reading Courses are built into the schedule daily. Lexia/Reading Plus Program is utilized to improve reading outcomes.
- ACT/SBA Prep course built into schedule.
- Reading across the curriculum.
- Experiential lesson plans.
- Assessment disaggregation to improve lesson plan development from Discovery Education, Accuplacer and ACT. Accuplacer (college entrance exam) bi-weekly for juniors.
- Completed portfolio (collections of assessments results, student work representing a selection of performance.)
- Media-Vocabulary/Reading improvement through media projects. Direct TV Goes to School Program.
- At-risk Program students referred to Tribal Youth Program.
- JHHS Behavioral Health referrals.
- Pueblo of Jemez Tribal Education Department Junior Internship/Senior Seminar/Tutoring services/College/Career Prep. Collaboration with Gear UP NM Program
- Senior Job Shadowing utilizing business and tribal programs to provide senior internship opportunities for career development.
- Dual Credit Courses with IAIA, CNM and Eastern New Mexico University.
- TEWA Women's Health Initiative.
- Summer Supplemental Math and Reading Initiative.
- Gear UP NM Reading-College/Career Initiative.
- Exemplary Grant Experiential Learning Activities; Department of Indian Education
- Pueblo of Jemez, Pueblo of Zia and Sandoval County Juvenile Program Attendance.
- August 6, 2012 start date and orientation. Early start date allows school to adjust to traditional calendars of respective communities.

Collaborative Partnerships

Collaborative partnership enhances the quality of education provided through WHCS to the community. The following partnerships provide dual credit or career certificates opportunities and support WHCS experiential learning activities that augment the common core standards: University of New Mexico, Central

EDUCATION

Jemez Valley High School Graduation Requirements

Submitted by Laura Mijares, JVPS Principal

Graduation requirements for the state of New Mexico have been changing for the last several years. We know that for the graduating classes of 2012 and 2013, the competency standards were waived; yet for the class of 2014 and beyond, the competency standards are again being mandated. There have been many conversations at School Board meetings, but the state standards remain novel and a bit difficult to understand.

For information directly from the state, go to the web site www.ped.state.nm.us/AssessmentAccountability/AssessmentEvaluation/index.html. On the website you will learn that the credit requirements for the state have been standardized. The class of 2014 requirements include:

- 4 credits English Language Arts
- 4 credits Math, including Algebra II or equivalent
- 3.5 credits Social Studies, including US History and Geography, World History and Geography, Government and Economics, and 0.5 credit of New Mexico history
- 3 credits Science; 2 must be laboratory science.
- 1 credit Physical Education/Health
- 1 credit career cluster course, workplace readiness or non-English language
- 7.5 credits elective courses

In addition to earning credits, students must also prove competency. Demonstration of competency is a way for students to show they learned sufficient knowledge while in school. The state code reads that, beginning with the 2010-2011 school year, students will not receive New Mexico diplomas of excellence if they have not demonstrated competence in

mathematics, reading and language arts, writing, social studies and science.

The state Public Education Department considers the annual Standards Based Assessment (SBA) to be the primary demonstration of competency. Students have many opportunities to prove competency in math, reading and science. For students who do not demonstrate competency through the SBA, there are a series of alternate assessments, including the ACT, SAT, PSAT, Acuplacer and others. The school has information on these tests as well as the scores for passing. Students who meet the credit requirements and the state defined definition of competency will be awarded *Diplomas of Distinction*.

For this year only, the local district has been allowed to develop standards of competency. These were discussed at local school board meetings and at a recent parent night at Jemez Valley High School. Students with sufficient credits may meet the demonstration of competency through a local definition. Students may earn a "high school diploma" by submitting school-based projects such as extended papers, themes, theses or research projects. Students and parents are aware of this option, and many students are pursuing it.

Last, students who do not meet the demonstration of competency and do not submit school-based projects will be awarded *High School Certificates of Attendance*.

Everyone has the goal of a diploma at the end of high school and students are working hard to meet the requirements. At the same time, Jemez Valley High School staff remain dedicated to providing a quality education and meeting the needs of all of our earnest students.



Walatowa High Charter School, *continued*

New Mexico, Institute of American Indian Arts, Eastern New Mexico University, Pueblo of Jemez Education Department, Pueblo of Zia Education Department, Pueblo of Jemez Tribal Administration, Pueblo of Zia Tribal Administration, Gear UP NM, Department of Indian Education- Exemplary Program, Pueblo of Jemez Health and Human Services, University of New Mexico Health, University of Arizona-Tree Ring Project, New Mexico Game and Fish River Source Project, Leadership Institute Summer Policy Academy, UNMH Junior Medical Reserve Corp, Close-UP Washington, DC Trip, Marshall Brennen Project, UNM-Law School, National Accu-Detox Association.

Community Service Projects

Chaco Cultural Project; Exemplary Program Farming Project & School Curriculum; Leadership: Community Elders Life Stories; Leadership: Speaker Series of Tribal/Community Leaders. Pueblo of Jemez Leadership Presentation; Pueblo of Jemez Education Department Junior Leadership Career Internship; Pueblo if Jemez Senior Seminar Program; Gear Up NM College/Career Prep and Reading Initiatives; Watershed Project, monitors the health of the Jemez Valley Corridor. Zia Day School and San Diego Riverside Reading/Remediation Initiative; Leadership Institute Orientation Cultivating a Community Vision.

Community Engagement College Courses: Institute of American Indian Arts Psychology 101; New Mexico Wildland Fire fighter Certification; Eastern New Mexico University First Responders; UNMH Junior Medical Reserve Corps.

EDUCATION

National Indian Education Association Legislative Summit

Submitted by First Lt. Governor Kevin Shendo

The First Lt. Governor attended the National Indian Education Association's (NIEA) Legislative Summit and Tribal Consultations hosted by the US Department of Education (ED) and the US Department of Interior (DOI) in Washington, DC from Feb. 4 through 7 of this year. As part of this NIEA Summit, a significant focus was placed on partnering with various government agencies, tribes and tribal consortiums to highlight tribal education priorities and discrepancies across the nation. Because our children are served by different school systems nationally -- public, private, BIE and charter -- it is a NIEA goal to focus and prioritize facilitating different agencies in working more closely with tribes and among themselves to address national tribal education priorities, through the reauthorization of the Elementary and Secondary Education Act (ESEA) as well as through the work of the individual agencies.

As a result of the September 2013 US Government Accountability Office (GAO) Report on Indian Affairs, the ED and the DOI created the American Indian Education Study Group to identify issues and provide solutions to the persistent problems affecting the Bureau of Indian Education's (BIE) ability to successfully educate Native students. This group sought recommendations from NIEA members and tribes on a variety of topics including overall administration issues, teaching effectiveness, and budget constraints/problems.

The White House Initiative on American Indian and Alaska Native Education leads the implementation of President Obama's Executive Order 13592, *Improving American Indian and Alaska Native Educational Opportunities and Strengthening Tribal Colleges and Universities*. As part of the consultation series held across the country, the Initiative and ED partnered with NIEA to engage tribal leaders and communities to gather input for enhancing educational quality for all Native students with particular focus on strengthening collaboration with federal partners. Two discretionary grant programs were discussed: the State Tribal Education Partnership (STEP) and the Indian Education Professional Development (PD) Grant.

The Pueblo of Jemez was asked to present to the NIEA membership about the work being done by the Jemez Education Collaborative in partnership with NIEA on teacher professional development and training, focusing on the effective implementation of the Common Core State Standards (CCSS) through cultural integration. The Jemez Education Collaborative is made up of local tribal Head Start, public, charter and BIE schools working together on common education priorities and professional development with support from tribal pro-

grams, law enforcement, and outside agencies. The Jemez Education Collaborative includes key stakeholders from the Pueblos of Jemez and Zia, and all local school administrators who operate within the Jemez Valley Public School District.

The Lt. Governor also met with all New Mexico Congressional delegates and/or their staff to promote the tribe's and NIEA's national education priorities, along with Jacquelyn Cheek, Special Assistant to the Director of BIE, and BIA Assistant Secretary Kevin Washburn on other matters specific to the Pueblo of Jemez which can be affected at the national level.

SOCIAL SERVICES

TALK WITH YOUR TEEN ABOUT HEALTHY RELATIONSHIPS

Dating and Violence Should Not Be a Couple

Submitted by Cheryl Chinana, Outreach Specialist

What is dating violence?

Dating violence is when one person in a romantic relationship is abusive to the other. This includes emotional, physical, and sexual abuse. It can happen in same-sex or opposite-sex relationships.

Both boys and girls can be unhealthy or unsafe in a relationship. Sometimes, both partners act in unhealthy or unsafe ways. It's important to talk to all kids about how to have respectful, healthy relationships.

Who is at risk for dating violence?

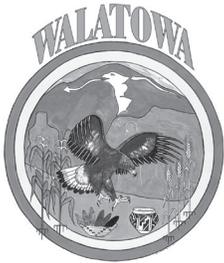
Dating violence can happen to anyone. Teens may be more at risk of being in unhealthy relationships if they:

- Use alcohol or drugs.
- Are depressed.
- Hang out with friends who are violent.
- Have trouble controlling their anger.
- Struggle with learning in school.
- Have sex with more than one person.

What are the warning signs of dating violence?

It's common for teens to have mood swings or try different behaviors. But sudden changes in your teen's attitude or behavior could mean that something more serious is going on.

If you need help, or know someone who does, or want more information, contact Jemez Social Services Program at (575) 834-7117.



PUEBLO of JEMEZ

Pueblo of Jemez
4417 Highway 4
Box 100
Jemez Pueblo, NM 87024

Presort Standard
US Postage Paid
Albuquerque NM
Permit No. 1741

Boxholder
Jemez Pueblo, NM 87024

VOTING RIGHTS OFFICE

2014 Primary Election Calendar

Final day to file for all offices	March 11
Filing day for write-in candidates	March 18
Absentee voting begins	May 6
Voter registration closes at 5 p.m.	May 6
Early in-person voting begins	May 17
Absentee, in-person and early voting ends	May 31
Primary Election Day (7 a.m. to 7 p.m.)	Tuesday, June 3

notified about precinct locations. No voting will be done at the previous location at the Civic Center.

- ✦ **Early voting location will be held at the Jemez Civic Center.**
- ✦ **Precinct 15 will vote at the Jemez Youth Center on June 3, Primary Election Day.**
- ✦ **Precinct 77 will vote at the Community Resource Center (CRC) on June 3, Primary Election Day.**

Two Precincts for Pueblo of Jemez

The Pueblo of Jemez now has two voting precincts. South Arroyo divides Precinct 15 (north) and Precinct 77 (south). Community members living north of the South Arroyo will vote in Precinct 15; and voting will take place at the Walatowa Youth Center. Residents living south of the Arroyo will vote in Precinct 77; voting will take place at the Community Resource Center (CRC.) Voters will be

Shuttles will be available to transport community members to their designated voting sites. The Native American Rights Office is currently providing home visits to register voters or update voter information in our community.

If you are 18 years and older please register today! For more information please contact the Native American Voting Rights office at (505) 934-8826.

It counts to vote, for our community and our people!

ATTENTION MALE TRIBAL MEMBERS: DITCH WORK MARCH 14 - 15

**Participation in morning prayers at the headgates is mandatory before reporting to your section.
All able-bodied men age 18 and over are required to participate in this community obligation,
whether or not they or their families engage in agricultural activities.**