



# Red Rocks Reporter

JANUARY 2011

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## PUEBLO OF JEMEZ WELCOMES NEW LEADERS

GOVERNOR           Michael Toledo, Jr.  
 FIRST LT. GOVERNOR   George Shendo, Jr.  
 SECOND LT. GOVERNOR   William Waquie

SHERIFF  
 Harris Toya

### GOVERNOR'S AIDES

Vincent Toya, Jr.	Allison Fragua
Joey Toya	Clint Sando
Vincent Madalena	

HEAD FISCALE	ASSISTANT FISCALE
Benedict Sandia	Verman Romero

### FISCALE AIDES

Preston Sandia	Jonathan Chinana
Brennan Toya	Gabriel Casiquito
Anthony Romero	

PUMPKIN WAR CAPTAIN	TURQUOISE WAR CAPTAIN
Severiano Toya	Gregory Gachupin

PUMPKIN WAR CAPTAIN AIDES	TURQUOISE WAR CAPTAIN AIDES
Darryl Vigil	Wayne Waquie
Ivan Gachupin	Alan Fragua
Estevan Sando	Lonnie Baptisto Fragua
Matthew Chinana	William Toya
Cyrus Lucero	Malcolm Yepa



Second Lt. Governor William Waquie, Governor Michael Toledo, Jr. and First Lt. Governor George Shendo, Jr.

*The 2011 Tribal Leadership wishes you and your family a healthy, happy & prosperous New Year!*



### 2011 TRIBAL GOVERNORS

Michael Toledo, Jr.  
Governor  
George Shendo, Jr.  
First Lt. Governor  
William Waquie  
Second Lt. Governor

### TRIBAL COUNCIL

Candido Armijo  
Joe Cajero  
Paul S. Chinana  
Raymond Gachupin  
Frank Loretto  
J. Leonard Loretto  
Raymond Loretto, DVM  
José E. Madalena  
Joshua Madalena  
J. Roger Madalena  
Arthur Sandia  
José Pecos  
David M. Toledo  
José Toledo  
Michael Toledo, Jr.  
Paul Tosa  
Vincent A. Toya, Sr.

### TRIBAL ADMINISTRATOR

Vincent A. Toya, Sr.

*Red Rocks Reporter*

January 2011 Edition

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## FROM THE GOVERNORS

# Tribal Council Report

The Tribal Council Report is published at the direction of the Governors to keep the community well informed.

**Dec. 22, 2010.** Governor Joshua Madalena, First Lt. Governor Aaron Cajero, Sr. and Second Lt. Governor Larry Chinana proposed the following resolutions which were approved by the Tribal Council:

- Approved the Pueblo of Jemez All-Hazards Emergency Operations Plan of Dec. 22, 2010 as the official disaster preparedness plan for all declared emergencies and disasters that cross into Pueblo of Jemez jurisdiction areas regardless of the origin of the incident.
- Authorized the Walatowa Head Start to expand their service area to include Jemez children who live in Rio Rancho, Bernalillo, Gilman and Jemez Springs as well as areas currently served including the Pueblo of Jemez, San Ysidro, Canon and Ponderosa.
- Approved tribal transportation improvement projects (TTIP) and authorized the Pueblo of Jemez Governor to submit the following projects to the Federal Highway Administration:
  1. Route SP 808 Pueblo Place Road
  2. Route SP 804 Bear Head Canyon Road
  3. Road maintenance
  4. Transportation planning
  5. Comprehensive road drainage study.
- Directed the Planning and Development Department to develop a five-year plan for the development and implementation of the Pueblo of Jemez Agricultural Enterprises. This action accepts the final draft of the Comprehensive Economic Development Strategy that documented the community's desire to pursue commercial agriculture as a viable and profitable enterprise that is likely to generate significant employment opportunities for community members and contribute to the Pueblo or Jemez' assertion of water rights.
- Approved and accepted the right-of-way map for project SP808(1)2&4, Head Start Road.

## Governors' Agenda

Governor Joshua Madalena, First Lt. Governor Aaron Cajero, Sr. and Second Lt. Governor Larry Chinana concluded their terms with activities that promoted the interests and welfare of the Pueblo of Jemez community.

On Dec. 20, Governor Madalena, Second Lt. Governor Chinana and Paul Chinana met with New Mexico Governor Bill Richardson in his offices to discuss details of the pending compact with the state regarding the Anthony casino project. The decision now rests with the new Governor Susana Martinez.

Gov. Madalena participated in the Tribal Nations Summit in Washington, DC, in December. "I had the chance to speak with President Obama and invite him to visit Jemez," Madalena said. "It was an honor I will never forget."

## NEWS YOU CAN USE

# JEMEZ PUEBLO AND SANTA FE NATIONAL FOREST MAKE HISTORY

Governor Joshua Madalena and Acting Forest Supervisor of the Santa Fe National Forest Erin Connelly signed a Memorandum of Understanding (MOU) on Dec. 20, 2010 at the Jemez Pueblo Youth Center. The community was invited to witness the historic event. The MOU implements important indigenous rights described in the U.N. Declaration on the Rights of Indigenous Peoples and supported by President Barack Obama. That document states:

*“Indigenous peoples have the right to determine and develop priorities and strategies for the development or use of their lands or territories and other resources... States shall consult and cooperate in good faith with the indigenous peoples concerned through their own representative institutions to obtain their free and informed consent prior to the approval of any project affecting their lands or territories and other resources, particularly in connection with the development, utilization or exploitation of mineral, water or other resources.*

*“States shall provide effective mechanisms for just and fair redress for any such activities, and appropriate measures shall be taken to mitigate adverse environmental, economic, social, cultural or spiritual impact.”*

The government-to-government relationship formalized in the MOU improves the good working relationship the parties have enjoyed for more than a decade, Madalena said. “This MOU brings us one step closer to properly and directly managing the lands that support our life and livelihood. I have an overwhelming feeling of gratitude because our ancestors sacrificed their lives to protect these lands as the first stewards and conservationists.”

Connelly said she was “deeply moved by the words spoken by Governor Madalena” at the ceremony. “I look forward to continued dialogue and coordination on natural and cultural resource issues.”

The MOU details the Santa Fe National Forest’s legal commitments and federal trust responsibilities to protect and preserve the pueblo’s ancestral sites, traditional cultural properties, human remains, religious freedoms and sacred objects. The 1.6 million acre Santa Fe National Forest is administered through a Forest Supervisor’s Office and five Ranger Districts. The MOU covers the Jemez Ranger District of some 300,000 acres.

“These are our direct aboriginal homelands and we have never had a voice in the direct management and direct care of these areas. The Forest Service has consulted with the tribe but we weren’t the decision makers,” Madalena said. The area is teeming with Jemez history, including around 20,000 field houses and tens of thousands of tribal cultural properties.

“There are sacred areas and sites with thousands of tribal cultural properties not only in the Jemez Mountains but also Valles Caldera area. That’s our sacred mother land. It’s a place as important to us as the Vatican is to Catholics,” Madalena said.



Governor Joshua Madalena and Erin Connelly, Acting Forest Supervisor for the Santa Fe National Forest, sign a historic cooperative agreement to improve collaboration and consultation between the Pueblo and the Forest Service on forest operations in the Jemez Pueblo area.

With the MOU, the Jemez people will have free, prior and informed consent when decisions are made that affect the lands.

“There are no words that can express the spirit of cooperation I have experienced in working with the Santa Fe National Forest. For our religious purposes, this means improved access to and greater protection of our sacred sites. This is something my people have dreamed of for a long time.”

*Some information from Indian Country Today, Jan 7, 2011*

## New Home for New Mexico Legal Aid

The Santa Ana office of New Mexico Legal Aid has moved to new offices after 40 years of working from mobile home trailers. The new offices are at 51 Jemez Canyon Dam Road, across from the Santa Ana Star Casino. They are on the first floor of the building that also houses New Mexico Federal Credit Union and H&R Block.

The mailing address and telephone number remain the same:

Native American Program  
New Mexico Legal Aid  
PO Box 817, Bernalillo, NM 87004  
(505) 867-3391

## VOTERS!

JEMEZ VALLEY PUBLIC SCHOOLS SCHOOL BOARD ELECTION

TUESDAY, FEB. 1, 2011

Vote at the Civic Center for Position 5, At-Large

Absentee voting ends Jan. 28, 2011

VOTE FOR YOUR CHILDREN AND YOUR SCHOOLS!

## NEWS YOU CAN USE

## Utility Rules Change

At the November 2010 meeting, the Tribal Council adopted a resolution that changes the fee schedule and billing section of the **Pueblo of Jemez Utility Ordinance**. The resolution implements penalties for delinquent utility bills. (See *Red Rocks Reporter* November, 2010 edition.) The tribe is required to impose penalties for unpaid bills to be eligible to receive funding from the US Department of Agriculture (USDA) for utility improvements. More importantly, this change will allow our utilities to be run in a more cost effective, sustainable manner. Most people do not know that the government provides no assistance to help communities, such as ours, operate and maintain water/wastewater/solid waste systems. This service must be paid by user fees – our \$30 per month water bill.

“All utility users must pay their fair share of the cost to run our utility sys-

tems,” says Assistant Tribal Administrator Anthony R. Armijo, who is acting as director of the Public Works Department (PWD). “Utilities are not an entitlement. They are a service that the users must pay for. And compared to utility costs in Albuquerque, Rio Rancho, Jemez Springs and other communities, our fees are extremely low.”

### Late Fees

The new regulations require that all utility bills be paid within 21 days of the date of the bill. Unpaid accounts will incur a \$5.00 late fee that will be added to the amount due.

For users who are connected to the system with meters, service will be discontinued if bills are not paid within 60 days after the due date. Service will not be restored until all past due bills are paid in full. In addition, there will be a minimum reconnection charge of \$50. This

regulation goes into effect when users are connected with a meter.

All new homes are required to have meters, and the PWD is working on a plan to install meters in all homes in the community.

### Exceptions

Exceptions may be considered on a case-by-case basis. Petitions for exceptions may be made to the Jemez Pueblo Utility Board.

“The mission of the PWD is to provide healthy, safe, uninterrupted utility services to our community,” Anthony says. “Yet, our total unpaid utility balance is over \$457,900, with approximately 20% of our customers who do not pay. We must collect in order to continue to provide quality utility services to our community.”

If you have questions, contact Anthony R. Armijo at (575) 834-7942.

## HELP WANTED

**The Jemez Utility Board is recruiting for new members. Serve your community.  
Contact the Public Works Department office at (575) 834-7942 for more information.**

## Welcome Mat



Doug LaRue

**Doug LaRue** (at left) has joined the Public Works Department as the new utility manager. He will focus on new programs and service improvement as well as cross-connection protection, hydrants and valves, safety programs and staff training. Doug has worked with the water/wastewater programs at the Pueblo of Santa Ana and in Jemez Springs.



Newly appointed leaders First Lt. Governor George Shendo (left), Second Lt. Gov. William Waquie (right) and Police Chief Mike Toya welcome Officer Ray Soto to the Pueblo of Jemez Law Enforcement Department. Officer Soto has more than 20 years of police experience.

## NEWS YOU CAN USE

## Vision 2010: Planning for a Decade of Progress

The first of several planned community meetings was held Thursday, Dec. to explore the Pueblo of Jemez Vision 2020. Facilitated by Roger Fragua, Darien Cabral and Vicky Old Man John from Cota Holdings, about 75 tribal members and staff gathered at the Community Resource Center to start the 'visioning' process. "To accomplish what we want to do, we have to have a plan," said then-Governor Joshua Madalena. "To create the plan, we need a set of minds who can assess and understand the needs of the community."

"We are here to set the foundation for the future," Roger said. "We are all children of Jemez."

Tribal Administrator Vincent Toya opened the afternoon with a review of programs and services the tribe provides to the community. "We are where we are now because of the process we undertook in the defining the goals and objectives of Vision 2010 plan. We have achieved many successes to be proud of. We have also had some challenges. But we move forward only with a clear understanding of where we come from and where we are today."

"Today, the Pueblo of Jemez is a \$20.5 million tribal government which includes tribal enterprises," noted First Lt. Gov. Aaron Cajero, Sr. "Our facilities are getting bigger. We offer more to our tribal members than ever before. Now is our time to plan for growth for the next decade and beyond. Our people

still have many needs: modern, affordable housing for every family, greater opportunities for college and professional training, the facilities to care for our elders here in the village, and improved health for our community members."

After a slide show that detailed the current successes and goals of various tribal programs, participants were invited to recall the past decade's significant events on the local, national and international levels. A "Wall of Wonder" gave a snapshot of changes, challenges and progress. From this context, the group moved into the 'dreaming' portion of the afternoon.

"Dream without limits," advised Health Board member Paul Fragua. "Sometimes things don't happen the way we think they should. That's not necessarily a failure. Conditions change, needs change, situations change. But we shouldn't edit our dreams."

Groups gathered according to departments and services to define each area's current situation, needs, successes, challenges and goals.

The collected information will be included in future community meetings as the planning process develops over the next few months.

All Jemez tribal members and employees are invited to join this exciting process. Watch for announcements of the times and locations of these meetings.

## Head Start Celebrates!



Head Start dancers performed for parents, relatives and friends at the Youth Center on Dec. 23 before welcoming an early visit from Santa Claus.



## PUBLIC HEALTH

# Revitalizing Our Running Tradition

“To run a long-distance footrace on an open course takes a lot of training. You have to be tough mentally and physically and deal with pain with every step you take until you have crossed the finish line,” say Vernon Tosa and Cornell Magdalena, health advocates with the Public Health Programs’ Communities Putting Prevention to Work (CPPW) project. “The struggles and challenges you face during practice or a race all pay off at the end once the finish line is crossed.”

Jemez has an age-old tradition of running. Featuring runners from the community will encourage and revitalize our running tradition.

### Vernon Tosa

#### Why do you run?

I started running when I was a very young child. I always looked up to the runners who were winning races or in the top three spots, it didn’t matter who it was. My wish was to be as fast as them or even faster. I was told stories by my dad, my uncles and relatives, and the elders about their running experiences; that motivated me to run. I also ran because I was looked up to and was setting a good example to some of the kids. I run to stay in shape and be healthy so I can participate in the traditional races. It’s something I’m good at. I can’t imagine living without running and someday telling stories about my experiences.

#### What motivated you to run?

Beating some of my friends, having fun, doing better than the previous race and receiving awards.

Practices with my dad enhanced my running. My motivation was to beat him or at least run along with him. In eighth grade, I finished the cross-country season undefeated. This accomplishment motivated me to join the cross-country team in high school. Competing against big schools with our green and gold jerseys in front of the pack was exciting. My senior year, I was motivated by the different colleges that were looking at my career. I wanted to push harder, set as many course records as I could and win as many races as I could. I took one race at a time.

Knowing I could be number one in the state and in class AA, I focused on becoming a better and tougher runner. Running was also my ticket to get a better education and my bachelor’s degree.



Vernon Tosa at Jemez Valley Cross-Country Invitational in 2001.

#### What are your major accomplishments?

◆ Member of the three-time state champions Jemez Valley Warriors Cross-country Team (2001, 2002, 2003). As part of a team we accomplished a lot, we pushed each other to become better and faster runners, competed against big schools and



Cornell Magdalena with the Jemez Valley High School cross-country team, champions of the NM Cross-Country Championships in 1984.

made top 10 in the coaches’ poll statewide.

- ◆ Two-time state champion in the 3200 meter run (2002 and 2004).
- ◆ Foot Locker Race in Walnut, CA, competed with some of the nation’s top runners; some are now professional runners (2003).
- ◆ All-American at the National Junior Olympics Cross-country Finals (2004).
- ◆ Competed in North American Indigenous Games in Winnipeg, Canada.
- ◆ Won four gold medals and a bronze (2002) and a silver medal (2006) in Denver.
- ◆ Received a scholarship from NMHU and had the privilege to compete at the collegiate level (2004-2009).
- ◆ Five-time winner of the traditional morning harvest races in Jemez held in the fall.
- ◆ All the medals, ribbons, trophies and honors I have won from elementary school to collegiate level.
- ◆ Setting course records.

#### What accomplishments are you most proud of?

I’m proud of all I have accomplished. Thanks to my family for pushing me to be the best I could be and the advice from my dad.

#### What is one thing you would share with the younger generation about keeping the running tradition alive?

Jemez has a lot of natural runners. We are well known because of all the runners who have represented the pueblo and made names for themselves. Talent like that shouldn’t be wasted. Go out and run your race; you never know what you can do until you go out and try. Who knows, someday you might become a professional runner and represent the Pueblo. There are elders, family and friends who have experienced a lot through running, and they have plenty of stories they can tell you to encourage you to run.

### Did You Know...?

**The health benefits of running include weight loss; prevention of muscle and bone loss; prevention of stroke, diabetes, high blood pressure and high cholesterol; improved blood clotting; stronger immune system, stress reduction and mood enhancement.**

HEALTH & HUMAN SERVICES

# Revitalizing Our Running Tradition

**Cornell Magdalena**

**Why do or did you run?**

I started running as a child. I ran because I was expected to run. My dad, brothers, and many relatives were runners. I heard tales of their running days and learned they ran everywhere in the back roads, the hills and mountains. I looked up to those who ran before us. I ran to be a part of something good, be a part of a history of runners, and become a role model for others. I was taught that running is not about what place you come in, the important thing is about finishing the race.

**What motivated you to run?**

I wanted to beat some of my friends. I wanted to be the best I can be because it was cool to get a ribbon by finishing a good race. I remember talking about a race with my friends: if I won the race, my friends would buy me a burger and chips. Another time, whoever won would share his phone number with a particular girl from another school. It was all just fun. This made me even train harder and motivated me to at least win one of the races. In the end, I did win one of them; I'm still waiting for her to give me a call. Oh well, life goes on... I found a way to become a winner just like our runners from the past. They were a part of me and my motivation.

**What are your major accomplishments?**

- ◆ 1978. AAU Regional meet in Albuquerque, came in the top five.
- ◆ 1982-1985. Jemez Valley High School team won four consecutive NM State Cross-country Championships.
- ◆ 1983-1986. At the NM State Track and Field, finished in the top five in the 2-mile and mile.
- ◆ Ran in Kinney High School Cross-country Regional Championship in Fresno, CA.

**What accomplishments are you most proud of?**

- ◆ Participated in the Father's Day Track and Field meet - named "Jemez Track Town, USA."
- ◆ In 1983, we beat an undefeated and dominating team, the Gallup Bengals. We ran against them at the Eldorado Cross-country Invite. We shocked the whole **state!**

- ◆ The NM State Track meet in high school, coming in the top five for the mile and 2-mile

- ◆ The Wa-da' races during the harvest season and learning the concept of the foot races.

- ◆ In 1987, took third at the Los Alamos High Altitude Mini-Marathon.

- ◆ Again, being on a winning team that won four consecutive NM State Cross-country

Championships.

- ◆ All the awards I received in elementary through high school.
- ◆ Traveling beyond Jemez as a runner and getting to represent our awesome community.

**What is one thing you would share with the younger generation about keeping the running tradition alive?**

To keep our running tradition alive, talk to some of the people who ran in the past. Ask questions, learn from them. You probably know someone in your family who was a runner; ask them about their running days. Walk or ride a bike in our back roads to get started. Run with your siblings or friends. Make running fun. Connect with nature. Pray to our Mother Earth to give you guidance and strength to be a good runner.

**What are some challenges we face in keeping our running tradition alive?**

Today, there is just not enough interest in running. In the 80s, we had so many students participating in cross-country for Jemez Valley High School. It was a great feeling to see all the interest. Running is a lot of hard work that builds discipline, confidence and balance between a good education and running. We see a lot of our children running in elementary and mid-schools, then the interest tends to fade during the high school years. There is such HUGE potential for our young runners to become great athletes.

We can challenge our young generation to make good choices and help them get motivated in running. As a community, let's help and teach our kids the strong values of being physically active at school and at home. Our children make choices to represent themselves and Jemez by leading the way and becoming positive role models, then others will follow their lead.



Cornell at the New Mexico state cross-country meet in 1984.

## EVENTS FOR RUNNERS

**Monday, Jan. 24** **Fitness Challenge Starts**  
12-week program. Pick up forms at the Fitness Center.

**Monday, Feb. 7** **Superbowl Touchdown For The Homeless**  
**10K, 5K and Kids K**  
Valley High School, Albuquerque [www.irunfit.org](http://www.irunfit.org)

**Saturday, Feb. 12** **Cupid's Chase 5K Run/Walk**  
Balloon Fiesta Park, Albuquerque [www.comop.org/cupidschase](http://www.comop.org/cupidschase)

**Monday, Feb. 14** **7th Annual Sweetheart Run: 10K, 5K and Kids K**  
Bosque School, Albuquerque [www.irunfit.org](http://www.irunfit.org)

**Monday, Feb. 21** **Up and Running 5K Run/Walk**  
Alameda Open Space Trail, Albuquerque [www.aoadrun.org](http://www.aoadrun.org)

## HEALTH & HUMAN SERVICES

# JHHS PATIENT SATISFACTION SURVEY RESULTS: FALL 2010

Jemez Health & Human Services (JHHS) regularly asks patients to complete surveys to learn more about how they perceive the care and services they receive. The survey results give valuable feedback about where JHHS programs and services are doing well, and where improvements need to be made.

In September, October and early November, Medical Clinic, Dental Clinic and Behavioral Health Program providers gave patients surveys at the end of their visits.

The Medical Clinic surveyed 98 patients; the Dental Clinic surveyed 100 patients, and Behavioral Health surveyed 102 patients. The response rates were: Medical Clinic, 11%; Dental Clinic, 100%; Behavioral Health Program, 21%. The three programs together represent about 17,637 patient visits to JHHS in FY 2010.

### Medical Clinic

- ▶ Patients' needs met on their visits 96%
- ▶ Overall quality of care and services: good or excellent 80%

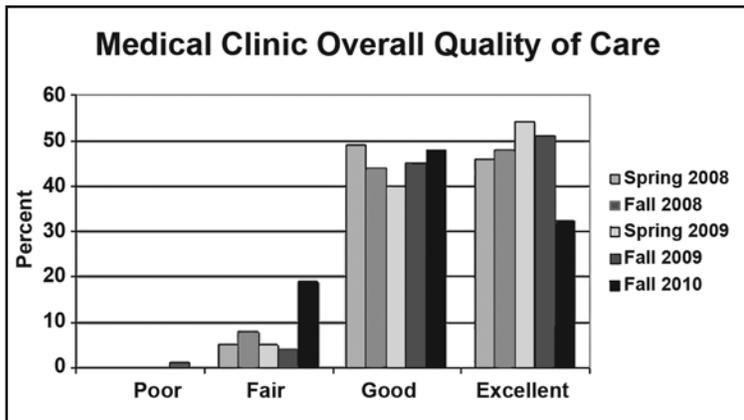
While still good in general, patients' perception of service are lower than one year ago. However, 64% of patients reported that they wait fewer than 30 minutes for routine care visits and 87% reported that they wait fewer than 30 minutes for urgent care.

Continuity of care remains basically unchanged. This is understandable since approximately half of all visits are for urgent or emergent care.

One area with significantly improved results is access to mental health care: 76% of patients rate ease of getting a mental health referral as good or excellent, up 16%.

### Conclusions

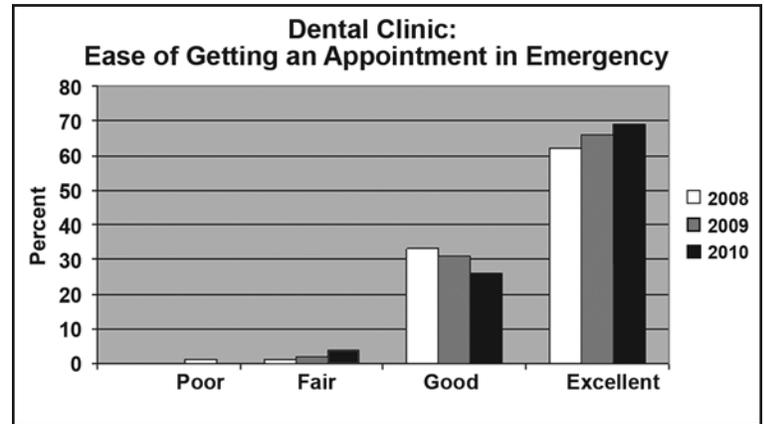
There is an obvious need to bring another provider on board and reevaluate the impact on patient satisfaction.



### Dental Clinic

Ninety-five percent of patients rated the ease of getting care in an emergency to be good or excellent. Ease of care in an emergency was rated as good or excellent by 95% of patients.

Ninety-five percent of patients rated the quality of care and service as good or excellent.



### Conclusions

Overall the results and comments continue to be very positive, indicating high quality of care and service. This is further demonstrated in the patients' assessment of the overall quality of care and service as being good or excellent, and patients' expressed preference to stay with the JHHS clinic even if provided with alternatives.

### Behavioral Health

This is the second program survey to be completed by Behavioral Health and the first with the new Program Manager, Keahi Souza.

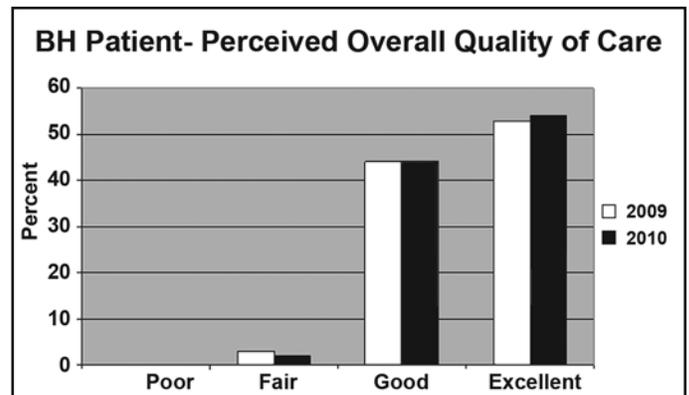
During the survey, most patients were in treatment (61%); another 33% stated that they were just starting treatment; 6% reported they were being discharged.

Most patients are still referred from Tribal Court (61%), although there has been a 4% increase in self-referred patients this year.

Ninety-four percent of clients think their conditions improved a lot as a result of treatment, a significant increase from the previous survey. The overall quality of care received was rated as good or excellent by 98% of clients. Ninety-eight percent of clients found the helpfulness of individual counseling sessions to be good or excellent, also a significant increase since the previous survey.

Patients rated their group therapy as good or excellent 95%

*Continued on page 7*



SENIOR CENTER

# Family Caregivers Celebrate

Submitted by Gloria Fragua

On Dec. 9, community caregivers were honored at a celebration at the CRC building. The event was hosted by the Senior Center Family Caregiver Program, with assistance from Lisa Maves, Medical Social Work, and Joline Cruz, Social Services. The event's highlight was a presentation by motivational speaker Steven Tvedt from Sol Amor Hospice Center. Mr. Tvedt emphasized the importance of remembering that there are no "hard-and-fast-forever-and-always" rules to caregiving – each person is unique in their similar journeys. Caregivers need one another; they face emotional and physical challenges on a daily basis. Senior Program Manager Margaret Garcia also shared some insight with the caregivers. Joline Cruz led an ice-breaker, and "caregiver bingo" was a fun way for caregivers to get acquainted with their peers.



(Top, left to right) Joline Cruz, Gloria Fragua and volunteer Luanna Toledo.

(Below) The Walatowa Flowers entertained the participants.

(At left) Louie Magdalena accepts a certificate of appreciation from Joline Cruz.



All evaluations were positive; the top request was to host more gatherings and socials. "We strongly encourage the caregivers to continue their dedication to our people of Jemez," Gloria says. "Thank you!"

## Senior Companion Program

The Senior Center is soliciting applications for individuals 60 or older to work 16 to 35 hours per week providing companionship and developing friendships with senior community members. Pre-service and in-service training is provided.

## Foster Grandparent Program

Applicants are needed for the Foster Grandparent Program. Volunteers are placed in schools, Head Start and day care centers to work with children who are at risk or who have special needs. The heart of the program is providing one-to-one daily attention.

Volunteer should be 60 or older, willing to donate 20 hours a week, and must love children. Volunteers will receive meals while on duty, supplemental accident and liability coverage while on duty, annual recognition events, transportation or mileage reimbursement, and stipends for those who are income-eligible.

*For more information about the Senior Companion and Foster Grandparent Programs, call the Senior Center at (575) 834-9168.*

# Patient Satisfaction Surveys

Continued from page 6

of the time. And 95% of patients say they are likely to recommend JHHS Behavioral Health services to others.

## Conclusions

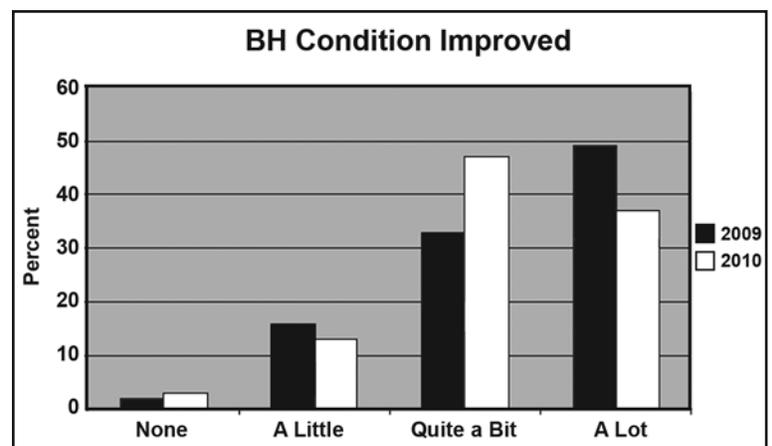
Perhaps the most important measure is that 94% of clients feel that their conditions have improved a lot as a result of treatment.

Patients also reported improved satisfaction with group and family therapy.

## Overall Conclusions

Across all three programs, the vast majority of patients are pleased with their care and the service provided.

There is an acute need to hire another provider for the medical clinic if satisfaction is to remain high.



## SENIOR CENTER

# Senior Citizens Program Annual Christmas Party

*...the best party this holiday season!*

Submitted by Monica Toya

"What a blast!"... "It took me back to my youth!" ... commented some of the 90 attendees at the Senior Citizens Program Annual Christmas Party.

The night started with a welcome by Margaret Garcia, Senior Program Manager, followed by an invocation by Pat Romero. Rudy's Barbecue catered dinner that was a delicious break from our usual chile dishes. Door prize giveaways sparked excitement. Then Village Express offered lived music with hits from the 50s, 60s and 70s that left few in their seats. Santa came from the North Pole to visit with the elders, wish them well this holiday season, and thank them for all they've contributed to our community. We can't forget to mention that Santa is in very good shape and his dance moves proved it.

"It was a pleasant experience, seeing everyone enjoying themselves, mingling and catching up with friends, old and new," Monica says

"We look forward to serving the needs of our Jemez elders and seeing you here at the Senior Center for our daily meals. We also look forward to meeting your physical health needs when our half court gymnasium opens this spring."



*Watch for the grand opening of the new Senior Center addition in early February!*

## WOMEN'S WELLNESS CONFERENCE:

### *Taking Care of Me*

Jemez women gathered for an evening of education, fun and sharing on Dec. 22 at the annual Women's Wellness Conference with a focus on "Taking Care of Me." Presenters stressed to the 123 participants that women must pay attention to several aspects of self-care – medical, emotional, physical and traditional – to stay healthy. In addition to door prizes for lucky participants, 30 women won professional haircuts given by Edwina B. Fragua-Johnson during the evening.

"We need to take care of ourselves before we take care of others in our homes – partners, husbands, children, parents and siblings," advised Henrietta Gachupin, Social Services Coordinator.

Physician Assistant Dawn Dozhier spoke about the medical aspects of health care. She stressed the importance of regular screening exams, adding that women's needs change with age. She briefly described some of the tests women need, and recommended that participants keep the flyer about Women's Checklist for Health pamphlet in their packets. (The pamphlet is also available in the Jemez Comprehensive Health Center lobby.)

Behavioral therapist Carol Ann Vigil, LMHC, talked about stress and how it affects people. "Stress is the body's way to meet challenges," Carol Ann said. "But it's important to distinguish between good stress and bad stress. Good stress kicks in when you need to save your child from a hungry bear. Bad stress is a reaction to the problems of daily life. Long-term, low-level stress can wear out the body's reserves and leave a person depleted and overwhelmed. It can also weaken the immune system, making you more vulnerable to getting sick. Women tend to live with a lot of extra stress – from their jobs, family obligations, maybe school as well. And Jemez women work very hard."

Carol Ann talked about some signs of stress and noted that women tend to react differently from men. "Women 'tend and befriend'," she said. "Men escape: fight or flight."

Carol offered a number of tips women can use to manage and reduce their stress levels, including relaxing, yoga, meditation, massage, soothing music, or a hot bath. "Eating right, getting enough sleep, and exercise are all proven stress reducers," she added. "Turning to alcohol, drugs, smoking or overeating just creates more problems in the long run."

Fitness and Nutrition Technician Felipita Loretto led the group in chair exercises that got everyone laughing and moving. "You can get a workout just sitting in your chairs," Felipita said. "It's important to get moving and get your blood pumping



Karen C. Toya (far left) and Carol D. Vigil (far right) were on the organizing committee; the guest panel included (seated, left to right) Felipita Loretto, Dawn Dozhier, Eva Panana, Martha Toya and Carol Ann Vigil. Edwina B. Fragua-Johnson (at right below) treated some participants to stylish new haircuts.

every day."

Respected elders Martha Toya and Eva Panana spoke about taking care of ourselves traditionally. Audience members joined a spirited discussion that triggered laughter, tears and reflection before the evening closed.

A 'thank you' to Rudy's Barbecue for a tasty dinner. The organizing committee included Henrietta Gachupin, Carol D. Vigil, Karen C. Toya, Annette Chinana, Christine Waquie, Carla Sandia, Joline Cruz, Audrey Madalena, Carrie Gachupin, Charmaine Chinana and Jolene Tosa. Regina Gachupin, Sharela Waquie, Paula Gachupin, Marla Chosa and Mindy Toya provided child care.



*Thank you!*

*"You were an angel to give an angel."*

The Jemez Social Services Program extends a warm 'thank you!' for all the gifts we received for the annual Walatowa Caring Tree. The angels who received their gifts were elated, especially the parents.

May the Great Spirit bless you and your families with a prosperous and healthy 2011!

## BEHAVIORAL HEALTH

## SOCIAL SERVICES

## *Behavioral Health/Social Services:* New Building, New Contract, New Direction

The Pueblo of Jemez and OptumHealth New Mexico signed a contract for services on Dec. 13, 2010. The signing ceremony was part of the ribbon-cutting celebration for the new building that will serve the Behavioral Health/Social Services Programs.

OptumHealth manages Medicaid benefits for the New Mexico Behavioral Health Collaborative and state and federal programs that provide mental health, substance abuse and recovery services. The contract has been in negotiation for several months because the original documents needed to be altered to meet the unique needs of the Pueblo of Jemez community.

"This new contract is not a cookie cutter for corporate health care," said Governor Joshua Madalena at the signing. "We had to work out an agreement that's appropriate to this community. It's all about serving our people."

"OptumHealth works with providers to help change lives, one person, one family, one community, at a time," said the company in a written statement. "Every

### Keahi Souza Honored

Behavioral Health/Social Services Program Manager Keahi Souza, MS, MSW, LMSW, has been nominated as "Social Worker of the Year" by both the National Association of Social Workers-United States, and the National Association of Social Workers-New Mexico chapter. The awards recognize outstanding contributions to international, national and local communities in social work policy, intervention and prevention.

Keahi is involved with Native American human trafficking, gangs, suicide/self-destructive behaviors, and culturally relevant child and elder protection awareness and interventions.

The awards will be made at the associations' conferences in February.

individual and every family has a unique road to wellness, health and hope. Every community has its own ways to support and assist the people who live there. We are here to provide information technology resources and act as advocates for increasing funding to Native Americans. We want to make sure you get what you need."

The organization will also assist the Pueblo of Jemez with training, technical assistance, program development and increasing Medicaid revenues and other funding.

"It's critical to reach out to families who don't understand what people in recovery are going through and don't know how to be supportive and understanding and forgiving," noted Dr. Carole Morris at the ceremony. She worked with Governor Madalena to develop the final agreement.

### Getting to Know Behavioral Health and Social Services

The community was invited to a presentation by the staff of the Behavioral Health/Social Services Programs to learn more about the programs' services at the Walatowa Youth Center.

"Just like everywhere else, we know that we have serious behavioral health issues in our community," said Program Manager Keahi Souza, MS, MSW, LMSW. "These issues are hard to talk about: domestic violence, elder and child abuse, alcoholism, depression and anxiety. Our program staff are trained and knowledgeable to provide the help people need. They are committed and passionate about what they do, and they do it with good hearts."

Noting that confidentiality is a significant concern for everyone, Keahi stressed that staff are committed to maintaining clients' privacy. "What come in does not go out," he promised. Client records will be held in locked cabinets in locked rooms, with access strictly limited to staff members on a need-to-know basis.

The opening of the new building on Bear Canyon Road marks a change in direction for the programs that are now under Keahi's leadership. "These programs are inextricably linked," Keahi explained.



Program Manager Keahi Souza, Governor Joshua Madalena and Social Services Coordinator Henrietta Gachupin cut the ribbon for the new building on Bear Canyon Road.

"People who experience spousal or child abuse may have mental health issues and in turn may commit these crimes because of their own anxiety, depression, rage or other behavioral health problems. Research shows very strong links between diabetes and depression. People who abuse alcohol and drugs need mental health support to recover. And many people turn to alcohol and drugs in the first place to cope with deeper mental health issues. It's a circle."

The programs will focus on greater collaboration with other tribal programs, as well as regional, state and federal services. Behavioral Health/Social Services clients also benefit from medical and dental care, stress reduction through exercise and nutrition, Vocational Rehabilitation services, benefits assistance and other services. A significant number of clients also are involved with Tribal Court, Probation and Law Enforcement as well.

"We need to address the whole person, the whole environment, to help people heal," Keahi said.

Staff members introduced themselves and spoke about their credentials and experience in their fields. Then the evening was opened to questions and comments from community members.

For more information about the Behavioral Health/Social Services Programs, call (575) 834-7258.

**All calls are strictly confidential.**

## CONTRACT HEALTH SERVICES

# Contract Health Services: What You Need to Know

Although tribal members do not pay for health care at Indian Health Services (IHS) and tribal health facilities, this doesn't mean the care is "free." All health care has a cost.

Contract Health Services is an IHS program that pays for some medical services that are not available at JHHS. The US Congress allocates a certain amount of money to this program each year, so funds are limited and may not always be available.

The government has very specific rules about how and when CHS pays for health care. Patients who have health insurance (including Medicare, Medicaid and health benefits through their employers) must use those resources first. Patients must also meet eligibility criteria and follow specific procedures when applying for CHS funds. ***Patients who do not follow these procedures will be responsible for paying their own medical bills.***

If you have any questions about CHS or paying for your medical care, contact Carol Lucero at (575) 834-3033 ***before you seek treatment.***

### Attention Parents

**Contract Health Services has very clear eligibility requirements that must be met before it can pay for your child's health care.**

- ☑ If your child is under the age of 19 and a Jemez Comprehensive Health Center provider refers the child to an outside provider for special medical services, you **MUST** apply for Medicaid. If you do not complete the application, you will be responsible for your child's medical bills.
- ☑ If you apply and are denied due to excessive income, you must submit the Income Support Division Office denial letter to CHS.
- ☑ CHS funds are limited! When your children have Medicaid coverage, the state will pay for some of their medical care, saving CHS funds to help other community members. Please ask for a Medicaid application or see Thelma Shendo, Benefits Coordinator, to start the application process.

If you have any questions, please contact Contract Health Services or Thelma Shendo at (575) 834-3040.

### Emergency Room Treatment

**Contract Health Services (CHS) has very clear eligibility requirements that must be met before it can pay for emergency treatment. Patients who do not meet these requirements will be responsible for their own medical bills.**

- ☑ Any patient who goes to an emergency room or receives ambulance treatment on-scene or is transported by ambulance **must notify CHS within 72 hours (three days).**
- ☑ If CHS is not notified within 72 hours, **patients will not be eligible for CHS payment and will be responsible for all medical bills.**
- ☑ **Call (575) 834-7413;** the receptionist will forward the call to a CHS staff member. Leave a voice-mail message and include:
  - the patient's name;
  - date of birth;
  - reason for emergency room visit;
  - date of service;
  - a phone number CHS can call for more information. CHS staff will contact you if additional information is needed.

If the emergency room physician recommends additional treatment at a specialty clinic, **you must follow up with a provider from the Jemez Health Clinic first.** The provider will make the referral. **If you do not get your referral from a Jemez Health Clinic provider, CHS cannot pay and you will be responsible for paying your medical bills.**

Please advise Contract Health Services of any medical benefits you may have, including health Insurance from your employer (Blue Cross and Blue Shield, Lovelace Health Plan, Presbyterian Health Plan, etc.) Medicaid, Medicare, Workers' Compensation, Veterans Administration benefits, automobile insurance medical coverage, etc.

If you have questions, contact your caseworker to assist you.

## PHARMACY

### REMINDER:

**The Jemez Pharmacy is open until 7 p.m. on Thursday evenings.**

Please note that only the Pharmacy will be open until 7 on Thursdays. The Health Clinic and Dental Clinic will continue their normal hours, Monday through Friday from 7:30 a.m. to 6 p.m. Monday through Friday.

If you have any questions about your medications, contact the pharmacy at (575) 834-0130.

## INJURY PREVENTION

# Partnering to Reduce Injuries in Jemez

Submitted by Maria A. Benton, Jemez Injury Prevention Coordinator

**The Jemez Injury Prevention Program wishes everyone Safe & Happy New Year!**

The Injury Prevention Program is starting the New Year off with the renewal of the contract with El Rincon Veterinary Clinic for some types of pet care. Please notify Marlon Gachupin at (575) 834-1001 before calling El Rincon.

This year, the focus will be on decreasing the pet population. Pets must be spayed or neutered.

If your pet has not received its shots, you will be required to pay for vaccinations before spay/neuter services. You will receive a 25% discount, which decreases the cost significantly.

Please keep your pet healthy! Pets who are spayed or neutered are healthier. Please remember that the Jemez Animal Control Ordinance still limits each household to one pet.

The mission of the Jemez Injury Prevention Program is to improve the health and welfare of the people living in the Pueblo of Jemez by reducing unintentional injuries. Established in 1997, the program works with tribal and community partners to decrease injuries due to motor vehicle crashes, increase seat belt use, prevent falls in the elderly, reduce sports and playground accidents, address safety issues in homes, and prevent dog bites. The program focuses on four primary activities:

### 1. Safety education

- Presentations and classes in all four Walatowa schools.
- Falls prevention and home safety education at the Senior Center
- Educational materials and handouts at conferences and health fairs
- Articles in the *Red Rocks Reporter*

### 2. Promoting seat belt use

- Public information campaigns
- Providing child safety seats and education on proper installation
- Collecting seat belt use data.
- Collaborating with Jemez Law



Enforcement on traffic code enforcement.

### 3. Preventing falls in the elderly

- Modifying homes with grab bars, safety rails, night lights and smoke detectors.
- Collaborating with the University of New Mexico (UNM) Geriatric Education Center on medication checks
- Providing physical therapy through the UNM Physical Therapy Program.
- Working with JHHS programs to assess other needs

### 4. Collecting data and evaluating programs.

### 2009-2010 Accomplishments

- Safety education for Walatowa Head Start students on safety on buses and motor vehicles, playgrounds, walking, bicycles, fires and animals; stranger danger; poison prevention and water safety.
- Collaboration with UNM Geriatric Education Center on 36 home safety assessments that resulted in the installation of 61 grab bars, 15 toilet rails, 19 smoke alarms and 42 night lights.
  - Quarterly observational surveys of seat belt use identified a 69% use rate in 2009-10 (compared to a 70% use rate in 2004-05.)
  - Observational surveys of child safety seat use found a baseline child safety seat use rate of 50%.
    - At child safety seat clinics (April and August), installed 52



child safety seats.

- Child safety education for 34 parents (pre-natal) about child vehicle restraints and child vehicle restraint laws.
- Worked with Law Enforcement to issue mock seat belt citations to educate community members about vehicle restraint use laws and increased enforcement.
- Participated in New Mexico Walk and Roll to School Day at three schools with 137 students.
- Revitalized the Jemez Injury Prevention Coalition, which meets quarterly to plan injury prevention activities.
- Contracted with two veterinary clinics to provide services for pet cats and dogs to prevent injuries.
- Received another five years of funding (beginning Sept. 2010) to focus on the priority areas of preventing injuries in the elderly, children and youth; preventing motor vehicle injuries and educating youth to be safe drivers.

*The Injury Prevention Program was developed through a cooperative agreement with the U.S. Department of Health and Human Services, Indian Health Service.*

MEDICAL SOCIAL WORK

# The Affordable Care Act: What it Means for You in 2011

*Congress enacted the Affordable Care Act in 2010.  
The law creates changes in the health care system that go into effect in 2011.*

★ **Prescription Drug Discounts for Seniors**

Medicare beneficiaries who spend a certain amount of money out of pocket on medications temporarily lose their coverage; this is known as “the coverage gap.” These seniors will get a 50% discount on Medicare Part D brand-name prescription drugs. Over the next 10 years, seniors will receive additional savings on brand-name and generic drugs until the coverage gap is closed in 2020.

★ **Free Preventive Care for Seniors**

Seniors on Medicare will be able to get certain free preventive services, such as annual wellness visits and personalized prevention plans.

★ **Better Health Care Quality and Efficiency**

The law establishes the Center for Medicare & Medicaid Innovation that will test new ways to deliver care to patients. These innovations are expected to improve the quality of care, and reduce the rate of growth in health care costs for Medicare, Medicaid and the Children’s Health Insurance Program (CHIP).

★ **Improved Care for Seniors After They Leave the Hospital**

The Community Care Transitions Program will help high-risk Medicare beneficiaries who are hospitalized avoid unnecessary readmissions by coordinating care and connecting patients to services in their communities.

★ **Lower Health Care Premiums**

To ensure that health care premiums are spent *primarily on health care*, the law requires that at least 85% of all premium dollars collected by insurance companies for large employer plans are spent on health care services and quality improvement. For plans sold to individuals and small employers, at least 80% of the premiums must be spent on benefits and quality improvement. If insurance companies do not meet these goals, they must provide rebates to consumers.

★ **Eliminating Overpayments for Medicare Advantage**

On average, Medicare pays insurance companies that provide Medicare Advantage plans over \$1,000 more per person than is spent in traditional Medicare. This means increased premiums for all Medicare beneficiaries, including those not enrolled in Medicare Advantage plans. The new

law gradually eliminates this discrepancy. People enrolled in a Medicare Advantage plan will still receive all guaranteed Medicare benefits, and the law provides bonus payments to Advantage plans that provide high quality care.

**Effective October 1, 2011**

★ **New Ways to Lower Costs**

The Independent Payment Advisory Board will develop and submit proposals to Congress and the President aimed at extending the life of the Medicare Trust Fund. The Board is expected to target waste in the system, and recommend ways to reduce costs, improve health outcomes for patients, and expand access to high-quality care.

★ **Increased Access to Services at Home and in the Community**

The new Community First Choice Option allows states to offer home and community based services to disabled individuals through Medicaid rather than institutional care in nursing homes.



## Enrolling in Medicare

**Please remember that if you have reached the age of 65 and have not yet enrolled in Medicare A and B, the time to do so is NOW. Between January 1 and March 31, late enrollees can sign up for these benefits. Benefits start in July.**

**Contact Thelma Shendo at (575) 834-3040 or Lisa Maves at (575) 834- 3059 for assistance in signing up.**





## UPDATE: JEMEZ PUEBLO EDUCATION FOUNDATION FUND

Former Gov. Joshua Madalena launched the Jemez Pueblo Foundation Fund in August 2010. The money is being managed by the New Mexico Community Foundation.

To date, Jemez has raised \$29,000. The goal is to raise \$50,000 by August 2011. At that point, the W. K. Kellogg Foundation will match the funds with a \$25,000 contribution. The ultimate goal is to raise \$50 million over the next 10 years.

“Jemez decided to establish an endowment to ensure a permanent pool of money to fund and support our unique educational programs, such as Jemez language-based curriculum and instruction, school-based programs, community-based educational support programs, scholarships, Jemez-based research projects, and community/school collaborations,” says Education Director Kevin Shendo.

With the pueblo’s currently limited economic development opportunities, Kevin explains that a permanent endowment was seen as the best option. “And as Jemez takes ownership over our children’s education, the fund will support community-based educational programs rooted in Jemez language and culture,” he adds.

“Jemez has developed a comprehensive educational model from early childhood to college. We manage our own educational systems through contracting federal programs, charter schools, and unique collaborative relationships between tribal, public, charter and Bureau of Indian Education schools,” Kevin says.

Jemez is also developing research-based practices through partnerships with the University of New Mexico and Arizona State University and working to create educational standards rooted in Jemez language and culture, but still tied to international and core state standards. “Innovation, ownership and collaboration make Jemez stand out from other tribal-based education programs,” Kevin adds.

“Please share this information with your friends and families. We hope that individuals, business and organizations will donate to our fund-raising campaign,” Kevin says. An employee giving program will be introduced in the New Year.

For more information about how you can support the Jemez Pueblo Foundation Fund, call (575) 834-9102. The web site for online donations is [www.nmcf.org/POJED](http://www.nmcf.org/POJED).

## Attention Students

**WANTED: Agriculture and range students interested in careers with the Bureau of Indian Affairs or a tribe.**

Positions are available for students interested in the Student Career Experience Program (SCEP) or Summer Temporary Employment Program (STEP) program. Applications will be accepted from Jan. 1 through March 5, 2011.

### Required Qualifications

- ❖ Have completed at a minimum the freshman year of college.
- ❖ For SCEP positions, be able to complete 640 hours OJT prior to graduation.
- ❖ Be a member of a federally recognized tribe.
- ❖ Have a G.P.A. of 2.0 or better.
- ❖ Be able to work at least 10 weeks during the summer.

Applicants must complete application documents from the National Center for Cooperative Education’s Student Career Experience Program.

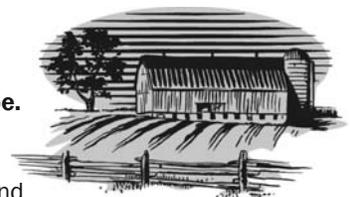
In addition, you must submit:

- ❖ A letter of application that includes your perception of your

academic and applied strengths and a description of your career goals and objectives;

- ❖ Your most current transcript and current class schedule;
- ❖ Proof of enrollment or acceptance into a college forestry or natural resources program.
- ❖ Letter of recommendation from academic advisor or faculty member that includes how long and in what capacity the advisor or faculty member has known you as a student, his or her perception of your academic and practical application strengths, any other pertinent information.
- ❖ Letter of support from tribal representative, or a BIA area or agency natural resources staff member (optional, but helpful.)

For more information, contact Brenda Woods-Brown by e-mail at [bjbrown@fs.fed.us](mailto:bjbrown@fs.fed.us) or by phone at (785) 749-8493, cell (785)691-8223, fax (785)749-8439. Send applications to 155 Indian Avenue, Box 5018, Lawrence, KS 66046.



## EDUCATION

# Jemez Valley Public Schools

## Jemez Valley Elementary School

By Brad Parker, Elementary School Principal

Welcome to the New Year! Let's make this new year one that we can be proud of in our classes, our schools and in the Valley. Here's to a new beginning.

### Events and Activities

Both boys and girls in grades 3-5 will field basketball teams coached by Linda Lovato and helpers. Basketball is a good thing in which to get your children involved. The students get some exercise and learn the basics of being a good basketball player. Teamwork, respect and skills are stressed.

**Fine Arts Night, Thursday, Jan. 13, 6 to 8 p.m.** We certainly did not expect the snowstorm that came our way on Dec. 16. As thankful as we are for the moisture, we had to postpone Fine Arts Night. The event will be held in the Performing Arts Center of Jemez Valley High School. GearUP will coordinate the evening. It should be a nice evening watching our students perform!

**Friday, Jan. 14** will see the elementary school's perfect attendance and academic recognition ceremony in the little gym

at 10 a.m. Attendance is celebrated for kindergarten to fifth grade students and academics are recognized in grades three through five. We welcome parents to join us.

**There will be no school Monday, Jan. 17** as we recognize Dr. Martin Luther King, Jr. Day.

### Attendance

As usual, attendance is a hot topic at the elementary school. At this writing, the elementary school attendance rate is 94.75% with third grade leading the school at 96.85%. If you follow the monthly newsletter that goes home (which is written by Mrs. Elizondo's class) in the beginning of the month, you will know that we have had a push all year for good attendance. I am so proud of all our students for their part in being here. Being present is a key issue in learning the lessons our teachers have for us.

Our teachers are working hard to give each of your children the best education possible. Please come in and visit our classrooms.

## Jemez Valley High School

By Larry DeWees, High School Principal

During the second semester, we will focus on critical areas such as rigorous and relevant classroom instruction, leadership and hands-on involvement by students, efficient and effective use of technology, building and sustaining a culture that supports change, continuing to emphasize reading in the content area, working to sustain and improve the mentor program, meet the needs of all learners by data-driven decision-making using short and long term assessments.

### Testing

Maps testing will start the week after the winter break. We want students to take the exams seriously for many reasons. First, we need to use the scores to make good data-driven decisions about our curriculum. Second, this will be a very good practice session to help juniors get ready to take the Standards Based Assessment, which they must pass to graduate. This will be the first time students will be responsible for this exit assessment. (In the past, the NMHCE was the exit exam for graduation.) The SBA is given during the spring semester of the junior year, then twice during the senior year. We will be plowing new ground with the assessment this year and I'm sure we will hear a lot about it as we begin the process.

We follow up the Maps assessments with a Scholastic Reading Inventory that gives us a Lexile score. Both exams give Lexile scores, so we can see the correlation between what the two assessments are telling us about each student and how reliable the scores are. If we find a high reliability, then we can use the Maps scores and details to develop individual educational plans for each student.

### Gear UP Cohort

Gear UP activities are moving forward. The Gear Up Cohort had a successful field trip to the Bodies Exhibit and to Carrington College. The bus driver for that trip volunteered to drive for any future excursions because the students were well-behaved and engaged. The GU program is working with several teachers to bring professional presenters and coordinate events at the school and off campus.

Mr. Didier, the technology/media teacher, brought in two professional photographers to work with cohort students on photographic techniques and photography. At least 15 students participated. Students went outdoors to learn about photography by engaging in a hands-on approach, photographing the surrounding environment including mountain views, birds, vegetation and skies. The students also worked with the photographers on lighting and shadow visualization. Mr. Didier will continue to bring professionals into the classroom to work with students in media, music and technology.

Our Spanish teacher Ms. Mijares is planning the spring semester's Cinco de Mayo Arts Festival project at UNM in May. Cohort students will participate in the festival by working with Ms. Mijares to develop a special art project to contribute to the state-wide event. Ms. Mijares is also looking to bring in a professional dancer to work with cohort students, teaching salsa dance on a regular basis. The idea behind both initiatives is to expose students to a variety of inter-cultural experiences through real life practice and participation.

Continued on page18

## EDUCATION

### Jemez Valley Public Schools

Continued from page 17

Ms. Marcanti's classroom participated in an airbrushing workshop conducted by a professional artist who worked with students on developing artistic skills. Many students used the air compressor to complete small paintings using airbrush techniques.

The JVHS culinary arts program is planning a field trip to either CNM or UNM to visit the culinary arts department and allow cohort students to participate in a food class at the post-secondary level.

Mr. Gazaway has standards and benchmark information for the GU College Success Class regarding the NMSBA exam, particularly in math. Mr. Gazaway also has sample SBA tests. He is working with students on understanding mathematical word problems and the SBA test format and moving students into fundamental algebra word problems and formulaic configuration.

In the financial literacy class, Mr. Gazaway is working with juniors on career exploration and investigation. Students are taking career surveys, writing resumes, researching requirements for post-secondary/college admissions, researching college programs and career tracks at various schools, and planning to attend a career fair. Mr. Gazaway is also looking at hosting a career fair at JVHS and bringing in more career-oriented professional speakers to work with students. He also continues to work with cohort students after school on credit recovery and tutoring.

Melissa Garcia and the Student Leadership team worked

with elementary school students to help them prepare art work and presentations for Fine Arts Night. The team travels to the elementary school two or three days a week. Overall, the mentorship component of the SL program for Fine Arts Night is having a positive effect on the participating students.

#### Cyber Bullying

Waldo Gutierrez gave a presentation on cyber bullying to all JVHS students. The unit included an ABC news presentation on school cyber bullying among girls and a BYU study assembled by Mr. Knox. They designed write-to-learn activities that included summarizing what students learned about protecting themselves from cyber-bullying and essays putting themselves in a victim's shoes. Write-to-learn guides students in a step-by-step process about what each paragraph should contain.

Students also developed and presented presentations after using the teachers' data plus research they did on their own. The teachers thought the students did a great job of getting involved in the activities and learned quite a bit. Just goes to show what "relevancy" of a lesson can do to motivate students.

By the way, all the information was shared with the special education department's Ms. Garland and Ms. Morgenstein, so all of their students shared in the process.

## NEWS YOU CAN USE

### GREEN STARS SHARE RECYCLING MESSAGE



The Walatowa Green Stars take their recycling message to Washington state with an invitation from local Native American leaders. The tribal leaders want the group to inspire Native teens to get involved in community projects.

Emmet Yepa, Mark Panana, Tianie Toya and Lindsey Toya formed the Green Stars during a Jemez Valley High School summer school class when teacher Christina Castro focused on environmental issues.

After seeing recycling efforts at the Cochiti Feast Day, the group dedicated themselves to bringing recycling efforts home to Walatowa.

Their trip to Washington will be their third request to take their message on the road. They were invited to speak at the Association of America Indian Physicians Conference, sharing the podium with Dr. Yvette Roubideaux, Director of Indian Health Service. There they met Dr. Anthony Fleg, who was so impressed with their presentation that he issued an invitation to

speak at the American Public Health Association Conference in Denver in November, the youngest people ever to address this prestigious gathering.

The quartet raised money for the Denver trip primarily with bake sales. They plan more bake sales to fund their trip to Washington, but are hoping that supportive community members and friends will also donate money or contribute frequent flyer miles to help with the costs.

The Green Stars' plans include obtaining their own recycling bins that can be placed in public areas in the community. They also want to encourage individual households to start recycling paper, plastic, cans and glass and would like to be able to provide home-size bins for every household.

This group of fine young people is truly making a difference in our community. If you want to would like to donate money or some frequent flyer miles to help them share their mission, please call (575) 829-4615; a volunteer is coordinating fund-raising efforts.

★ **REduce** ★ **REuse** ★ **REcycle** ★

## NEWS YOU CAN USE

## VISITOR CENTER

## Native Business\$: Prosperity for a New Year

By Jim Stanley, Vice President, Quinault Enterprise Board, and board member, Northwest Native American Chamber.

"The economic multiplier" is an established fiscal principle. This is when money changes hands and one person's spending is another person's income. When buying and selling occur in a closed system, money circulates through people and businesses. Goods and services are exchanged, business and personal incomes are more stable, and, over time, capital is available for investment. Naturally and eventually, money leaves the system through outlets like vacations and the purchase of goods and services not available inside the closed system. The longer money stays in the system, the greater the multiplier effect.

One way to bolster tribal economies is to find ways to keep money in the local systems. The total solutions are unique to each community, but the universal truth is that successfully improving a sovereign economy depends on mobilizing individuals to provide goods and services internal to the tribal system. Economic success starts when one person takes action on a good idea and brings it to life in a way that is profitable.

Driving through my village, I saw Maryann and asked how she liked the new layout that had just been completed at the community store. She shared her thoughts, then asked something that surprised me: "Why not have a section for prepared meals?"

Maryann explained that families often need something quick to fix that doesn't cost too much and is still healthy, since nutrition is important. She thought the store should have prepared meals that people can put in a crock pot. She added that we could have recipe contests, which would create "buzz" and get people to try them. Maryann had a great idea and I encouraged her to think more about how to make it happen.

Maryann had just one of many ideas that solve a problem. I know there are many more ideas out there. What would happen if even one percent of all the ideas held by tribal members could be manifested into reality? I think problems would be solved, and dollars could be cycled more frequently and kept longer in tribal economic systems than they are today.

*Jim Stanley is a member of the Quinault Nation and Vice President of the Quinault Nation Enterprise Board. He shares his knowledge with his business-minded cousins. Contact Jim at [sovereigndevelopment@hotmail.com](mailto:sovereigndevelopment@hotmail.com).*

### RELEASING REMAINS

State law requires the Office of Medical Investigations (OMI) to review cases whenever a death occurs due to accident, homicide, or unknown causes. When investigations are complete, the OMI must be notified before they can release the remains for burial. OMI protocols require that transporters and family members notify their staff beforehand so they can be available to assist with the removal. Call (505) 272-5110 to arrange a release.

If you have questions, contact Matilda Shendo in the Tribal Enrollment Office at (575) 834-3151.

I would like to thank you for the opportunity to visit Jemez Pueblo on San Diego Feast Day, and your beautiful Visitor Center. Also the Red Rocks tour (thanks Anthony!) – the Jemez area is precious. I wrote a poem to share with anyone there.

*Denise Finch, Nov. 16, 2010*

#### Jemez

*I carry the song of your water singing over stone  
The clarity of your sweet air/breath  
The strength of your red earth walls  
Warmed by sun and swept by wind  
And the power of your people joined in song, and dancing in your honor.*

*The steam of your springs has risen over  
Thousands of years and rises yet today.*

*Mother, you give of yourself  
Father, you warm us with the fire of knowledge  
In my heart I know it,  
May I walk this path yet today.*

*Though sadness sits with me for leaving,  
Yet there is also joy in knowing,  
Jemez,*

*Until I return  
You are here, in me alive  
And I, alive, in you.*

Dear Jemez Tribe,

We recently had a wonderful week of traveling through the Jemez Mountains and valley on a vacation from our lives here in Virginia. We felt a deep appreciation for the area and its people. Members of the staff of the Walatowa Visitor Center, particularly Gachupin who made us feel welcome every morning when we'd stop in, and Anthony L. Magdalena, who was our interpretive guide on the beautiful stroll we took through the red rock canyon, made a lasting impression on us. Their character and generosity of spirit were genuine and made us feel welcome on your tribal lands.

*Love from the eagle of the south*



**PUEBLO OF JEMEZ**

Pueblo of Jemez  
4417 Highway 4  
Box 100  
Jemez Pueblo, NM 87024

Presort Standard  
US Postage Paid  
Albuquerque NM  
Permit No. 1741

Boxholder  
Jemez Pueblo, NM 87024

## Road Emergencies

The Transportation and Roads Program now has an emergency number to call for road emergencies, such as floods, washouts, damaged or exposed culverts, bridge damage, blocked roads, and other events that need immediate attention. Nadia Magdalena is the point of contact. She will dispatch requests to David Deutsawe, Transportation Planner/Program Manager.

**TRANSPORTATION AND ROAD EMERGENCIES  
(505) 259-3677**

Please note this number is for ROAD EMERGENCIES ONLY.  
In a medical emergency, call 911.



**SLIMMER**

**STRONGER  
HEALTHIER**

*More Energy*  
**2011 FITNESS CHALLENGE!  
STARTS JANUARY 24**

**SIGN-UP STARTS JAN. 17  
GET READY TO GET FIT!**

*"Movement is a medicine for creating change in a person's physical, emotional and mental states."*

*Better Sleep  
Less Stressed*

**Happier**  
*More Confident*

**Thank you!** The first annual holiday food drive was a success. Pueblo of Jemez employees, contractors, vendors and community members all chipped in to provide food baskets to 32 Pueblo of Jemez families. Joline Cruz, Marlene Gachupin, Penny Ott, Clifford Vigil, Harold Sando, Joyce Gachupin, Monique Sando and Jemez Valley student Khaila Gachupin coordinated the efforts. *"Thank you from the bottom of our hearts to everyone who donated food, money and time to make this successful. The recipients were very grateful and happy."*