



Red Rocks Reporter

DECEMBER 2012

In This Issue

- Jemez State Monument..... 1
- Luminarias..... 2
- Tribal Council Report..... 3
- Enrolment Updates 3
- Pueblo Place Moves Forward..... 4
- Public Updates 4
- Housing Applications: Processes and Approvals 5
- Get Your Home Ready for Winter 5
- Lt. Governor Retires..... 6
- Law Enforcement Wins Honors 6
- Welcome Mat..... 6
- Jemez Hosts SAMHSA Officials..... 7
- Physical Therapy Clinic Opens 7
- Employability Skills Training..... 7
- Healthy Holiday Recipes..... 8
- FITness Challenge Winner..... 9
- MOGRO 9
- Christmas Angels 9
- Women's Wellness Conference..... 9
- Gifts on a Budget..... 10
- Senior Center Invitation..... 10
- Free Financial Counseling 10
- Happy Holidays from JCDC 10
- Education Endowment 11
- Jemez Valley Public Schools 12
- Healers of Tomorrow Mentoring Program 13
- Halloween Party! 14
- Safe Holiday Decorating..... 15
- A Message From the Green Stars..... 15
- Thank-You Note..... 15
- Election Results 16
- Talent Show Winners 16

FROM THE GOVERNORS

Jemez State Monument Designated as National Historic Landmark

By Richard Martin Reycraft, PhD, Cultural Resources Program Manager, New Mexico State Monuments

On Oct. 16, 2012, US Secretary of the Interior Ken Salazar, announced the designation of the San Jose de los Jemez Mission and Giusewa Pueblo site at Jemez State Monument as a National Historic Landmark (NHL.) This designation is the highest level historic significance granted by the US government; sites receiving this honor are outstanding examples of American history and culture. There are fewer than 2,500 properties designated as National Historic Landmarks; only 46 of these are in New Mexico.

The San Jose de Los Jemez Mission and Giusewa Pueblo site is one of the best preserved of New Mexico's early Spanish Colonial mission complexes. The site includes the partial remains of Giusewa Pueblo, a major Jemez village dating from the fifteenth century, and the monumental ruins of the San Jose de Los Jemez Mission church and *convento*, which was constructed between 1621 and 1626 which was constructed between 1621 and 1626 using the forced slave labor of Jemez women and children. As such, the site is an excellent example of the interaction and conflict that occurred between European and Native American cultures in the American Southwest during the early seventeenth century. As such, the site is an outstanding example of the interaction and conflict that occurred between European and Native American cultures in the American Southwest during the early seventeenth century.

Designation of the historic resources at Jemez State Monument as a National Historic Landmark is an important achievement, but it does not give ownership of the property to the federal government. National Historic Landmarks can be owned by private individuals, local and state governments, tribal entities, and nonprofit organizations.

The process of nominating a site as an NHL takes several years and must pass a strict review process. The nomination of the historic resources at Jemez State Monument was initiated by this author in 2004; it was subject to multiple revisions, and the final nomination packet was submitted to the National Park Service in 2011. The Pueblo of Jemez enthusiastically supported the NHL nomination throughout the process.

NHL designation offers many benefits, including enhanced access to grant funding and technical support for historic preservation, federal tax incentives for easements and site rehabilitation, and better prospects for heritage tourism and public education. Numerous travel publications emphasizing visiting National Historic Landmarks are featured in the National Park Service's *Discover Our Shared*



Photo by Tori Beth Bell

Continued on page 2



2012 TRIBAL GOVERNORS

Joshua Madalena
Governor
Larry Chinana
First Lt. Governor
Juan Toya
Second Lt. Governor

TRIBAL COUNCIL

Joe Cajero
Paul S. Chinana
Raymond Gachupin
Frank Loretto
J. Leonard Loretto
Raymond Loretto, DVM
José E. Madalena
Joshua Madalena
J. Roger Madalena
José Pecos
David M. Toledo
José Toledo
Michael Toledo, Jr.
Paul Tosa
Vincent A. Toya, Sr.

TRIBAL ADMINISTRATOR

Vincent A. Toya, Sr.

Red Rocks Reporter

December 2012 Edition

All photos and images are used with permission. Editorial content in this publication is intended for informational purposes only. Every effort has been made to ensure that the information in this publication is as current as possible at press time.

Red Rocks Reporter is distributed to box holders in the 87024 Zip Code. If you want to receive this newsletter and do not have an 87024 P.O. Box, please contact the editorial office at (575) 834-3174; fax: (575) 834-7517; or erica.kane@jemezpuablo.us.

Published by Pueblo of Jemez, NM 87024.

FROM THE GOVERNORS

Jemez State Monument

Continued from page 1

Heritage: Online Travel Itineraries, a resource used by many travelers. Many institutions and organizations feature NHLs in their educational materials. National Historic Landmark properties are often featured in the National Park Service's Teaching with Historic Places Lesson Plan program, used by elementary through high school educators, colleges and universities to teach history through historic places.

Jemez State Monument is open Wednesday through Sunday from 8:30 a.m. to 5:00 p.m. Admission is free for Jemez tribal members, who are welcome to contact monument staff about selling crafts during the summer season.

JEMEZ STATE MONUMENT
PRESENTS

LUMINARIAS AMONG THE RUINS

Saturday, December 8th, 2012 5pm-9pm

The ruins of Gisewa Pueblo and San José de los Jemez Mission Church will be decorated with hundreds of traditional luminarias. The evening's events will include Native American flute music, Jemez Pueblo dancers performing between two bon-fires. Enjoy free wagon rides from Jemez Springs Park to the Monument.

FREE
ADMISSION

NEW MEXICO DEPARTMENT OF
CULTURAL AFFAIRS

New Mexico State Monuments

TRIBAL COUNCIL

Tribal Council Report

The Tribal Council Report is published at the direction of the Governors to keep the community well informed.

Governor Joshua Madalena, First Lt. Governor Larry Chinana and Second Lt. Governor Juan Toya proposed the following resolutions which were approved by the Tribal Council:

Oct. 26, 2012

Approved the submission of a tribal self-governance application to the US Department of the Interior Bureau of Indian Affairs. The Tribal Council desires to formalize relations between the United States and the Pueblo on a government-to-government basis as provided in the US Constitution and under the Tribal Self-Governance Act of 1994...and recognized the Pueblo's right to determine internal priorities, redesign and create new tribal programs and reallocate financial resources contracted from the US Department of the Interior to more effectively and efficiently meet the needs of the Pueblo. The Pueblo has successfully completed the planning phase and has demonstrated financial stability and financial management capacity as evidenced by having no material audit exceptions in the required annual audits.

Nov. 14, 2012

Cancelled a residential lease for a tribal member and approved a new residential lease to replace the cancelled lease.

Amended previous resolutions which authorized the provision of direct medical care to non-beneficiary tribal employees who are covered under the tribal health insurance plan on a fee-for-service basis. Based on analysis by Jemez health & Human Services has presented an analysis of future funding source and scope of service issues, and the sources of funds that may be available to serve them. Based on this analysis, it is in the best interest of the tribe to authorize JHHS to extend direct care services to the Pueblo's non-Indian employees and to other non-Indians who are not employed by the Pueblo but otherwise on the same full cost recovery basis, subject to the same terms and conditions, including but not limited to medical care, dental care, vision care and nutritional services on a full cost recovery basis. Certain conditions and restrictions regarding pharmaceuticals are in effect.

Approved three tribal roads and authorized the Pueblo of Jemez to submit updates to the Federal Highway Administration and the BIA to add these roads to the IRR inventory. Reprioritized certain Tribal Transportation Improvement Projects (TTIP) from B priority to A priority projects: JHHS and Tribal Administration drainage and parking area, mining the north gravel pit for PoJ internal construction programs, and the baseball fields sports complex road system.

Assessed annual rent to JHHS for its programs' buildings.

Approved the annual budget for the Public Works Department.

TRIBAL ENROLLMENT

Enrollment Updates

The Tribal Enrollment staff thanks everyone who requested assistance from our office. May you and your families have a Merry Christmas and prosperous New Year!

Entering the fifth year of the new enrollment procedure, the process is going fairly well. However, many applications are pending, and outstanding applications must be processed. No names will be printed, but if you have an application out or did not submit all required documents, please take care of this as soon as possible.

Relinquishments

Relinquishment means to voluntarily withdraw your name from the Jemez tribal membership rolls. Many people have relinquished from our tribe but are not abiding by the terms they agreed to when they relinquished.

A number of steps must be completed before the Jemez Tribal Council will release a tribal member.

- ✓ You must have submitted an application to the tribe in which you wish to enroll. That tribe should inform the Jemez Enrollment Office of your intentions. The office will then be able to issue the relinquishment forms (adult or minor.)
- ✓ Relinquishment forms must be signed and witnessed by two people. Once signatures are obtained, return the forms to the Jemez Enrollment Office. The process of presenting your relinquishment forms will vary depending on the Governors' schedules.
- ✓ At the next duly called Tribal Council meeting, the relinquishment request will be presented. If Tribal Council requests it, you will be asked to appear.
- ✓ Once the relinquishment is approved, it is returned to the Enrollment office. They notify the tribe in which you are enrolling by sending them a copy of the relinquishment paperwork.
- ✓ The tribe in which you are enrolling must submit a copy of your CIB, your files for Jemez to be closed.

Relinquishment is voluntarily, but there are written conditions that people relinquishing must follow. After relinquishment, they are no longer considered as tribal members and are to be treated as visitors. They are not allowed to attend ceremonial and traditional dances, but can attend feast days. Relinquishment will not be honored if a member is part of a lifetime society.

Relinquished tribal members cannot inherit lands from their families and can no longer associate themselves with Jemez.

Involuntarily relinquishment occurs when a person is removed from the rolls based on crimes or felonies committed, or if they refuse to abide by the Governors' rulings. These people should not live on the Jemez reservation.

Minors who are relinquished by their parents have the option of returning to Jemez once they turn 18 years old, since they were not involved in the decision regarding their relinquishments.

Society Membership

Only tribal members can belong to societies. In the future, all those involved in societies will be asked to be removed from their societies or asked to enroll with Jemez.

TRIBAL ADMINISTRATION

Jemez Moves Forward on Pueblo Place Infrastructure

The Pueblo Place housing infrastructure project will be ready to go out for bids early in the new year. The development is the result of many years of collaboration and planning between tribal leadership, Tribal Administration and the Planning & Development, Public Works, Housing, Transportation, Natural Resources, Finance and Realty Departments.

“We have funding through four different federal agencies: Housing and Urban Development (HUD,) Federal Highway Administration (FHWA), US Department of Agriculture (USDA) and the Indian Health Service (IHS),” explains Melinda Mora, Housing Director. “Each of these agencies has different regulations and requirements for how funds can be used, which makes coordination and planning significantly more complicated and time-consuming.”

Pueblo Place will eventually have 84 home sites, with construction planned in three phases. The first phase will have between 13 and 25 lots, depending on funding.

Infrastructure construction includes water, sewer and electric utilities that must be in place before road construction can begin. “The engineering plans are near completion, and we hope to put the projects out for bids in the first quarter of 2013, with the first phase of lots available to community members toward the end of 2013,” says Mike Silva, Director of Public Works.

The Tribal Infrastructure Committee is recommending that Pueblo Place be a planned community, with covenants and ordinances regarding issues such as site setbacks, construction details, and compliance with state and federal building codes. The committee is comprised of representatives from tribal leadership, Tribal Administration and the Public Works, Housing, Planning and Development, Transportation, Natural Resources, Finance and Realty Departments as well as the Programs Specialist and Compliance Officer.

The infrastructure team is working on covenants and ordinances that may also define architectural design, size, visual consistency, and other issues that will help protect homeowners’ investments. The covenants are being finalized for presentation to Tribal Council for approval. Once the covenants are approved and infrastructure construction is underway, assigning lots to community members will begin. At press time, the process for lot assignments had not been finalized.

The pueblo is providing the infrastructure and preparation of the home sites be suitable for home construction. Prospective homeowners will be responsible for financing the construction of their own homes. With Pueblo Place planning and construction underway, the tribe is also seeking funding for construction of homes as an alternative for those who may not qualify for 184 loans, mainly low to medium income families.

Advice for Prospective Homeowners

“Tribal members who want to build a home at Pueblo Place should start the process of securing funding as soon as possible” Melinda says. Prospective homeowners will need to apply for conventional mortgages through a bank or other institutions. Now is the time to start thinking about credit, debt-to-income ratios, budgeting and related issues to get your financial house in order so you can successfully apply. Families must note that they will also need to be in good standing and current with all financial obligations to the tribe, including Tribal Court fees, Public Works bills, Child Care fees and any other financial commitments.

The Housing Department is planning a series of financial planning and management workshops to help community members with this process. Look for more information in the new year.

For more information, contact Housing Director Melinda Mora at (575) 834-0305 or Mike Silva, Public Works Director, at (575) 834-7942.



PUBLIC WORKS

Public Works Update

Public Works Department has worked closely with the New Mexico Finance Center and Environmental Protection Agency (EPA) to clear up all issues regarding testing schedules and other water quality issues.

“I am happy to report that the Water Treatment Plant is producing the best quality water seen in the past nine years, according to the EPA representatives,” says Director Mike Silva. “We are pleased with the success of our program and thank all our crews who have contributed to the turnaround this past year. Special recognition goes to Robert Bajek, our Utility Manager who operates the Water Treatment Plant.”

In addition, utility crews have done a good job in taking on the utility line extension work normally performed by contractors. Public Works crews continue to perform faster and improve the quality of construction work. “This has been a nice addition to our capabilities in the past six months,” Mike says.

PWD facilities crews, transfer station and custodians continue to provide good service to tribal facility and other customers, working hard every day to serve our community. Nice job!

HOUSING

Housing Applications: Processes and Approvals

The US Housing and Urban Development Department (HUD) has very strict requirements for providing housing assistance to tribal members. Tribal members who want to apply must comply with the following process to be considered.

To be eligible for consideration, you must have a complete and current application on file with Pueblo of Jemez Housing Department (POJHD.) Applications **must** include the following:

- 🏠 Completed Housing Assistance Application; include household composition and documentation of household income
- 🏠 Proof of entire household income for those ages 18 years and older; include two recent check stubs, unemployment benefit statements, and/or awards letters/statements for those receiving Social Security, SSI, retirement, or Veterans' benefits. Individuals who are unemployed must provide written, signed statements. Those who attend college must provide a school schedule.
- 🏠 A Release of Information form must be signed by all household members age 18 and over. This release allows the department to verify application and income information.
- 🏠 Recent Certificate of Indian Blood (CIB) for heads of households. If you do not have a copy, you can get one from the Enrollment Office at 834-0065.

Once all of the above documents are received, applications will be placed on the waiting list. Applications remain on the waiting list until funds and/or projects are available.

Applications must be updated every year. If this process is not followed and application information is older than 2005, the application is inactive and the information is usually discarded.

Once funds or projects have been identified:

- 🏠 The waiting list is reviewed to ensure that applications are up to date. The POJHD will send notices to those who need to provide updates; you must meet the specified deadlines for submitting all requested documentation. Those on the waiting list with updated applications will be considered for the project.
- 🏠 A letter, along with maps and pictures of homes, is sent to the State Historic Preservation Office (SHPO) in Santa Fe to notify them that POJHD will use federal funds to rehabilitate homes either within or outside of our historic district (plaza) area. This review may take up to 30 days.
- 🏠 When approval is received from SHPO, HD must process an Environmental Review Record (ERR) to ensure the commitment of HUD funding and that the project will comply with federal regulations. The ERR must be approved and signed by the Governor.

All tribal members are encouraged to apply for assistance. If you have concerns about income qualifications, please contact the Housing Department to learn about other programs for which you may qualify.

REMINDER:

If you applied for assistance before November 2011, now is a good time to update your application.

BIA Housing Improvement Program

The Housing Department is accepting applications to submit to the Bureau of Indian Affairs for the FY 2013 funding of the Housing Improvement Program. Applications may be picked up at the POJHD office. You must provide:

- 🏠 Proof of income for all household members age 18 and over. If you are unemployed, provide a statement. If you receive monthly benefits (Social Security, VA, retirement, etc.), provide your award letter or monthly entitlement.
- 🏠 Certificate of Indian Blood (CIB)

There income guidelines to the program. If you qualify, your application will be submitted to BIA. The BIA Housing Program will determine final eligibility and approval. **Deadline to submit to BIA is Jan. 31, 2013.** The department's goal is to submit 100 applications. All household compositions – single, married, divorced, elder, disabled, etc. – are encouraged to apply for this one-time grant assistance.

Get Your Home Ready for Winter

A little time spent weathrizing your home can help keep yur family cozy as well as cut your heating bills.

- * * Replace stove pipes if more than five years old.
- * * Clean chimneys before you make your first fire.
- * * Install achimney converter box if you don't have one.
- * * Replace batteries in smoke detectors.
- * * Replace batteries in carbon monoxide detectors.
- * * Replace weather stripping on doors if over five years old.
- * * Replace or clean furnace filters.
- * * Clean vents (vaccum.)
- * * Lower water heater temperature to 120° to 130° to save money.
- * * Lower thermostat to 68° to leave on a constant temperature.
- * * Insulate attic and crawl spaces.
- * * When using space heaters, check for cord safety. Do not use extension cords.
- * * Flush water heater.
- * * Unhook outside water hoses.
- * * Drain A/C water line, install A/C damper, cover A/C.
- * * Seal windows and cracks on walls.
- * * Do not shovel snow off newly replaced roofs.
- * * Do not put nails in stucco for outside holiday lights.

LAW ENFORCEMENT

JEMEZ LAW ENFORCEMENT EARNS HONORS

The Pueblo of Jemez Law Enforcement Department recently earned numerous honors in recognition of its outstanding service to the community.

Bureau of Indian Affairs Law Enforcement honored the department with a letter of Recognition citing the department's outstanding program development as well as outstanding use of financial resources. Ours was the only tribal police department that does not have casino-generated funds to support its operations to receive this award.

In addition, the PoJ department is the only tribal police agency in New Mexico that has received Community Oriented Policing Services (COPS) grants from the Department of Justice Tribal Resources Grant Programs every year since 2003. This year, the PoJ was the only agency in New Mexico to receive a grant. The current three-year award of more than \$282,000 will replace aging vehicles and equipment for patrol officers and

traditional tribal officials.

"We provide vehicles, radios, uniforms, boots, handcuffs and other critical equipment necessary to protect our tribal officials," Chief Mike Toya explained. "Many incidents involving tribal officials require this professional equipment to ensure their safety." Chief Toya adds that these funds are strictly limited to use for vehicles and equipment and cannot be used for staffing.

The department was also one of six from across the country to be showcased for "best practices" for community policing, specifically for the excellent working relationship between traditional and modern law enforcement practices. "An important part of our community policing effort is the department's strong, active connection with church officials, tribal sheriffs and the War Captains. These relationships are rare among tribal police agencies," Chief Mike Toya said.

Reminder: In an emergency, ALWAYS DIAL 911.

Central dispatch will send emergency responders even when local police, fire or ambulance personnel are unavailable at the time of your call.

EMERGENCY SERVICES

Lt. Governor Retires

Second Lt. Governor Juan Toya Juan has retired from the Sandoval County Fire Department, the first person to do so. During his service, he provided Emergency Medical Services and Fire Fighting Services to all areas of Sandoval County. Gov. Toya is an Emergency Medical Technician (EMT) - Intermediate and is an employee of Pueblo of Jemez Emergency Medical Services EMS when he is not serving as Lt. Governor.



Second Lt. Governor Juan Toya received a plaque honoring his retirement from the Sandoval County Fire Department. He is standing with the Sandoval County Commissioners and Chief James Maxon of the Sandoval County Fire Department.

PLANNING AND DEVELOPMENT

Welcome Mat

The Pueblo of Jemez welcomes Janet Cunningham-Stephens as the new Economic Development Planning Associate. Her primary responsibilities will be to coordinate current and future economic development strategies for the Pueblo.

"I will be working to determine what types of businesses are best suited for development in the Pueblo of Jemez that are best suited for the resources we have here," Janet says. "Then we will seek businesses or entrepreneurs to promote growth, self-employment and business development here."

Janet holds a masters' degree in land and regional planning and has more than 25 years of experience in land use and transportation planning, working with local, regional, county, city and state governments in New Mexico. You can contact Janet at (575) 834-0094.



HEALTH AND HUMAN SERVICES

Physical Therapy Clinic Opens at Senior Center

Jemez Health & Human Services has partnered with Lovelace Health Systems to offer physical therapy treatment at the Senior Center. Tribal leaders and officials and management staff from Lovelace invited community members to a formal ribbon cutting ceremony at the new facility on Nov. 14.

Initially the clinic will be open once a week, with the ability to expand to three times per week as needed to meet patients' needs. Physical therapy is a treatment that can help improve mobility and reduce pain. It also helps improve or restore physical function and fitness levels. The goal of physical therapy is to make daily tasks and activities easier. For example, it may help with walking, going up stairs, or getting in and out of bed. Physical therapy can help people recover from injuries, avoid future injury can recover after some surgeries and manage some long-term health problems.

Referrals will be continue to be processed through Contract Health Services (CHS). Patients currently being treated at a Lovelace physical therapy clinic will be transitioned to Jemez as schedules allow.

For more information about physical therapy, see the November 2102 edition of the *Red Rocks Reporter*. If you have questions, contact Dave Panana at the Health Center at (575) 834-3026.

(Top) Tribal leaders, JHHS staff, representatives from Loveslace Health System and guests celebrate the opening of the new physical therapy clinic in the Senior Center.



Persingula Casiquito checks out the new equipment in the PT clinic.

VOCATIONAL REHABILITATION

Employability Skills Training

JAN. 14-18, 2013

**MONDAY THROUGH FRIDAY,
9 A.M. TO 4 P.M.**

Refreshments and lunch will be provided all week!

**Registration is limited to the first 15 applicants.
All participants will receive incentives and certificates of completion.**

**To register, call the JVR office at
(575) 834-0012.**

BEHAVIORAL HEALTH



JHHS Behavioral Health Program hosted officials from the US Health & Humans Services Substance Abuse and Mental Health Services Administration (SAMHSA) national and regional offices on Nov. 19. The officials met with Behavioral Health and JHHS staff and tribal leaders to discuss the Behavioral Health Programs Intensive Outpatient and Jail Diversion Programs.

PUBLIC HEALTH

Healthy Recipes for the Holiday Season

Compliments of Chef Lois Frank, Red Mesa Cuisine of Santa Fe, submitted by Anita Toya

The holidays are the time to gather over special meals and treats. But there's no reason to abandon healthy eating. Try these low-calorie, low-fat treats you can feel good about serving to your family and friends.

Peach & Dried Fruit Bread Pudding

I was inspired to make a low sugar, non-dairy, no cheese bread pudding for Southwest Native communities with diabetes. I adapted this recipe to be more like a Pueblo-style bread pudding I've had at various Feast Days. Fresh grated ginger adds a little zesty tang flavor to the sweet dried fruit that is all baked together.

- 1 lb. frozen peaches, cut into small chunks
- 2 C. water
- 1 T. cornstarch
- ¾ C. organic almond milk (with no or reduced sugar)
- 2 T. organic low sugar apricot preserves
- 2 T. agave syrup
- ½ t. powdered cinnamon
- ¼ t. powdered nutmeg
- ¼ t. kosher salt
- 1 t. vanilla bean paste or extract
- 1/3 C. apple juice concentrate
- ½ C. apple juice
- 1 t. freshly grated ginger
- ¾ C. golden raisins
- ¾ C. dark raisins
- 6 C. whole-wheat bread cubes (8 slices)
- Olive oil spray

Place frozen peaches in a bowl and add 2 C. water; let sit for at least 15 minutes or until the peaches are completely thawed. Strain the liquid (you will use it) and chop the peaches into small chunks. Set aside.

In a separate mixing bowl, combine the cornstarch with the almond milk. Whisk until the cornstarch is completely mixed and there are no apparent lumps. Add the juice from the peaches, apricot preserves, agave syrup, cinnamon, nutmeg, salt, vanilla, apple juice and ginger. Mix well. Add the raisins, peach chunks, and bread. Gently mix with a spoon. Place mixture in a sprayed 9 x 9 inch glass baking pan. Bake in a 350° preheated oven for 50 minutes until done. Serve warm with peach sauce. Makes about 9 servings.

Note: You can use fresh peaches during the summer; freeze your own peaches for use throughout the winter.

Peach Sauce

Peach sauce can accompany a variety of dishes. I use it in bread pudding and tamales.

- 1 lb. fresh peaches, peeled, pitted and sliced; or frozen or dried peaches
- 2 T. agave syrup
- 1 t. freshly squeezed lemon juice

Blend all ingredients in a food processor for 3 minutes to make a smooth puree. Pour into a squeeze bottle. Peach Sauce can be kept in the refrigerator for one to two weeks. Makes 1 C.

Note: With fresh peaches, especially those from local farmer's markets, if the peaches are ripe and sweet you may just want to blend them and serve. If using dried peaches, soak them in warm water to cover for 1½ hours, until soft and pliable. Remove the skins with your fingers, then proceed with the recipe, adding an extra T. of agave, if necessary, to compensate for the tartness of the dried fruit. If using frozen peaches follow the recipe as explained above.



Photo by Lois Ellen Frank

Blue Corn Posole Mush

Serves 6

For the Blue Corn Posole:

- 1 15- oz. bag dried Blue Corn Posole
- 1 quart water

Wash the dried blue corn posole in cold water and remove any dirt or stones. Drain and rinse.

Place the entire contents into a slow cooker or crock pot and cover with one quart of water. Bring to a boil, reduce heat and simmer over night or approximately 8 hours. Turn off heat and set aside.

For the Blue Corn Mush:

- 1 C. finely ground blue corn meal
- 2 C. water

In a small saucepan over medium to high heat, heat the water until it boils. Place the C. of finely ground blue corn meal into a small saucepan and slowly add the boiling water, mixing the corn meal to prevent lumps. Whisk together completely. Return to the stove and heat slowly over low to medium heat, stirring constantly. Cook slowly, continuing to stir, for about five minutes, or until it turns smooth and thick.

Add gruel to the posole and reheat slowly over low to medium heat stirring to thicken entire pot of posole and to prevent burning. Serve hot topped with homemade New Mexico Red Chile

Roasted Red Pepper Hummus

Makes about 2 C. (8 ¼C. servings)

- 1 15-oz. can garbanzo beans, or 1½ C. of cooked garbanzo beans
- 1 T. tahini (sesame seed butter)
- ¼ C. lemon juice
- 3 green onions, chopped
- 1 T. chopped garlic (about 3 cloves)
- 1 t. ground cumin
- ½ t. black pepper
- ½ C. roasted red peppers, packed in water

If using canned garbanzo beans, drain and reserve liquid; rinse beans. Place beans, tahini, juice, green onions, garlic, cumin, black pepper, and roasted peppers in a food processor or blender and process until smooth. Add reserved bean liquid, or if using cooked beans, water or vegetable broth, as needed for a smoother consistency.

PUBLIC HEALTH

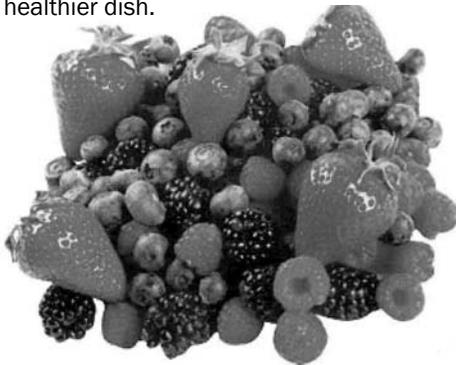
Holiday Recipes

Mixed Berry and Apple Fruit Compote

- 2 C. peeled, cored and chopped apples
- 1/2 C. frozen juice concentrate
- 2 C. mixed berries: strawberries, blueberries, blackberries, and raspberries, fresh or frozen, unsweetened
- 1 C. unsweetened applesauce
- 1/2 t. ground cinnamon or to taste

In a medium saucepan combine chopped apples and apple juice concentrate. Bring to a boil, stir, then add the mixed berries. Bring to a boil again, stir, then reduce heat and simmer on low heat, covered, for about 25 minutes or until fruit is tender when pierced with a fork. Mash lightly. Add the applesauce, heat until the dessert is hot. Sprinkle with cinnamon and serve immediately.

Note: If only sweetened applesauce available is, adding the berries is a good way to dilute the sugar and make it a healthier dish.



FITT 4 Life 500 Challenge Winner

Congratulations to Danny Chinana, the overall winner for the FITT 4 Life 500 Challenge 2012. Danny worked very hard to improve his numbers by exercising daily. He kept himself motivated to stay with his program and live a healthy lifestyle. By keeping himself exercising in this challenge, he became our top prize winner.

“The FITT team also thanks Dr. David Tempest for contributing a rototiller as the first prize award. Together we all make a great team by making Jemez Pueblo a healthier place to live!”



Fitness Challenge winner Danny Chinana and Dr. David Tempest, who donated the prize of a rototiller.

The MOGRO Truck is at the SENIOR CENTER TUESDAYS 10 A.M. TO 7 P.M.

Enjoy natural, fresh produce without the expensive drive to Albuquerque. Save the money you spend on gas for fresh vegetables, fruits, organic dairy products and quality meats. You and your family deserve high quality foods to stay healthy! Please note: MOGRO will not be available Christmas Day or New Year's Day.



SOCIAL SERVICES

Save the Date!

The JHHS Social Services Program hosts a Women's Wellness Conference on Thursday, Dec. 13 at the Walatowa Youth Center. Dinner will be served starting at 5 p.m. Child care and dinner for children will be provided at the Social Services building.

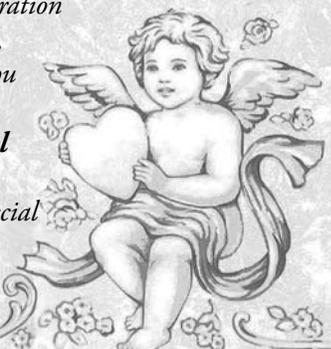
If you have questions, please contact Social Services at (575) 834-7117.

A time for giving and sharing.

The Walatowa Caring Trees are filled with angels who represent children who are victims of child abuse and domestic violence in our community. Trees are located in the Health Center lobby and tribal administration office. Each angel has information about the child's age, gender, needs and wishes. When you choose an angel, you commit to buy a gift for that child for Christmas.

Please bring your **unwrapped gifts with the angel attached** to Jemez Social Services by Friday, Dec. 14. We thank you for helping make a child's Christmas special and filled with love!

If you have questions, please call Social Services at (575) 834-7117.



SENIOR CITIZENS CENTER

An Invitation....

**All Pueblo of Jemez Senior Citizens age 55 and over
and a guest are invited to
A Christmas Dinner/Dance at the Senior Center
Friday, December 14 5 – 10 p.m.**

**The public is invited to a special Christmas skit
of the old legend *The Ant That Lost Its Leg*
Thursday, Dec. 13 1 p.m.
Senior Center Gym**

JEMEZ COMMUNITY DEVELOPMENT CORPORATION

Happy Holidays!

The Jemez Community Development Corporation wishes everyone Happy Holidays and a big "thank you!" for supporting our local businesses.

Walatowa Visitor Center

The Walatowa Visitor Center is the perfect place for all your holiday shopping! The Walatowa Visitor Center has a wide variety of unique and classic gifts. Remember tribal members and tribal employees receive 20% off purchases (some exclusions may apply.) We also offer payroll deductions for your convenience. Shop local!

Walatowa Timber

Cold? Walatowa Timber has fire wood for sale to warm your home, plus vigas, beams, animal bedding, mulch and corbels. Stop by or call (575) 834 0204 for more information.

Walatowa C-Store

Come in from the cold and pick up a hot beverage or deli item. Join our coffee club: buy five cups and get your sixth cup FREE!

Free Financial Counseling

The Jemez Valley Credit Union (JVCU) is now offering FREE financial counseling. The program is completely confidential and is offered by appointment or walk in. For more information, contact Tina Trujillo, CEO/Manager, Jemez Valley Credit Union, at (575) 829-3366 or toll-free at (866) 300-6583, or go to www.jvcu.org.

NEWS YOU CAN USE

Gifts on a Budget

Your gift list is growing and your budget is shrinking. You're not alone. Share these cash-friendly ideas with the kids!

- ✧ Flea markets and resale shops are great places to find special, one-of-a-kind coffee mugs or tea cups; add gourmet coffee or a box of herb tea.
- ✧ Frame a child's artwork in an inexpensive frame from the hobby store.
- ✧ Write a special inscription inside a blank journal.
- ✧ Use a pretty jar to hold homemade cocoa mix; add a cinnamon stick or a candy cane to the ribbon.
- ✧ Collage special photos on a piece of cardboard covered with wrapping paper.
- ✧ Use ribbon to tie together some gel pens, pretty stationary or note cards, and a book of stamps.
- ✧ Everyone loves home-baked muffins, cookies or bread.
- ✧ Fill a basket with small jars of gourmet jams or mustards.
- ✧ Brighten a table with cloth napkins and napkin rings.
- ✧ Garden buffs will like new gardening gloves with a plant or seeds.
- ✧ Fill a glass canister with wrapped candy.
- ✧ New dish towels and dish cloths cheer up kitchen chores.
- ✧ Fill a basket with kitchen gadgets.
- ✧ Cooks will welcome a pepper mill and fresh peppercorns.
- ✧ Pair baking pans and supplies with a favorite recipe.
- ✧ Fill in a calendar with special events and family birthdays.
- ✧ An "IOU" for household chores, a restaurant, or a trip to Albuquerque for some quality time together.



EDUCATION ENDOWMENT LAUNCHES EMPLOYEE GIVING PROGRAM



PUEBLO OF JEMEZ

In 2010, the Pueblo of Jemez partnered with the New Mexico Community Foundation (NMCF) to invest in the future by creating an endowment for Jemez education. At the time, Jemez was the second tribe in New Mexico and the 16th in the nation to create a permanent endowment.

The Jemez Pueblo Education Foundation Fund is a permanent pool of funds managed by the NMCF. The goal is to raise \$50 Million in 10 years to support education in Jemez. During this ten year period, capacity will be built within Jemez to eventually transfer management of the Jemez Education fund to the Pueblo of Jemez. The original endowment funding was launched with an initial investment of \$25,000 from the Jemez Health Board and Jemez Health & Human Services. Individual Community members also contributed and the NMCF provided some matching funds with support from the W. K. Kellogg Foundation.

Jemez intends to use the endowment to support tribal education programs and fund scholarships for tribal members. The endowment will also aid educational programs at area schools, such as research that supports using Towa in school curricula, youth development and community-based experiential learning opportunities for students.

The Jemez Education Fund has three parts:

Permanent Education Endowment is designated for the greatest education needs of Jemez and local schools. These funds are invested for long term growth and all funds invested will never be used; only the interest generated on the funds will be used for the greatest educational needs and priorities as determined by a community-led advisory committee recommended by the Pueblo of Jemez Department of Education working collaboratively with Education Staff and local schools.

Permanent Scholarship Endowment is specifically for higher education scholarships, these funds also are invested and all funds invested will never be used; only interest generated will be used. Scholarships will be available to Pueblo of Jemez community members as determined by the scholarship application criteria set forth by the Jemez Scholarship committee, recommended by the Pueblo of Jemez Department of Education working collaboratively with Education Staff.

The Non-Permanent Education Fund is a revolving fund that can be used for capital projects, one-time funded projects (such as buildings, renovations, expansions, buses, emergen-

cies, etc.) These funds can be used as contributions are made and they become available.

“Every year, several of our college-bound students don’t receive funding because we simply do not have enough money for all of them,” Pueblo of Jemez Governor Joshua Madalena says. “However, education is a priority for our tribe. This endowment opens new doors and provides great opportunities for our people. It also helps support some of our innovative educational programs.”

Since 2003, NMCF commitments to the Pueblo of Jemez include awards of nearly \$1 million for youth development programs, including a \$331,682 grant for the Supporting Partnerships to Assure Ready Kids program (SPARK,) a statewide early childhood initiative that helps transition children age five and under into kindergarten and elementary schools based in the Jemez Towa language.

Employee Giving Program

When the endowment was created, Tribal Council also authorized the establishment of an employee giving program that will enable tribal staff to make regular donations to the fund from their paychecks. “We are finalizing this stage of the donation process,” explains Education Director Kevin Shendo. “The employee giving program will make it easy for staff members to help us grow this essential fund.”

“Of course, we encourage everyone to make donations, including community members and friends of Jemez,” Kevin stresses. “We are grateful for all the help people can offer to help us reach our goal of \$50 million in ten years. Please help spread the word and invite individuals, families, companies and organizations to invest in the education and future of our children.”

For information about the Jemez Pueblo Education Foundation Fund or to make a donation, go to the NMCF website at www.nmcf.org/impact/native-philanthropy-and-entrepreneurship/jemez-education-endowment. You may also send a donation directly to the Department of Education Office made payable to Jemez Education Fund c/o of NMCF.

Employees can contact the Department of Education for information on the process for giving through the employee giving program. The department will also send information on the giving program to all employees after the process and forms are finalized. For more information, contact Kevin Shendo, Education Director, at shendo@jemezpuueblo.org or (575) 834-9102.



NEW MEXICO
Community Foundation
TOGETHER WE THRIVE.

EDUCATION

Jemez Valley Public Schools

Submitted by Laura Mijares, Middle School Principal, Elementary School Interim Principal

Important Routines for Elementary Students

I am fortunate to manage the morning drop-off curb where smiling faces greet me daily. I see students start their mornings in anticipation of school and gather on the playground for a run in the brisk fall air. The morning routine has become something that I look forward to and is often a great time to visit with students and parents.

As I speak with parents, I emphasize that routines at home are key to supporting children's success. Students need a good night's rest to take full advantage of the wonderful learning opportunities at school. Regular bedtime routines, such as reading together, help children drift off to sweet dreams. Being well rested helps children wake up with a positive disposition and a bright attitude.

During the school day, the elementary students use routines to learn math skills, practice the writing process, and read books at personalized levels. Teachers take advantage of ritualized classroom habits to maximize learning time and foster independence. This is obvious when I see that within a few minutes of entering the classroom, students are already at work! Routines are a key element of an efficient classroom and provide age appropriate self-reliance.

As part of the class routine, teachers show students how to complete tasks and solve problems together. Teachers plan specific activities so students may help each other in cooperative learning groups. For example, they "partner read" books on their levels, give each other practice spelling tests, and help explain math problems that were missed. Additionally, the teachers work with small groups of children to ensure instruction is just the right challenge. Classroom routines help set the tone and minimize discipline problems.

So while the word "routine" carries a connotation of drudgery, I believe that the magic of learning is often best accomplished when it is ritualized and a practiced habit. Let's work together to make learning at school a significant routine!

Middle School News

We are quickly nearing the end of our first semester with one third of the school year behind us! Teachers are preparing students for exams and a well-deserved holiday is on the horizon. In the last few weeks, we have enjoyed great parent meetings, a PTA-sponsored turkey trot, the start of middle school basketball season, music rehearsals for our upcoming fine arts festival, and a renewed emphasis on academics. Thus far, we have had a full and productive school year.

Natural Helpers at Jemez Valley Middle School

Three years ago, Patt Bottomley and I had the opportunity to start "Natural Helpers" at Jemez Valley Middle School. Since its inception, about 50 students have been trained in the program. Natural Helpers is a peer-to-peer helping system that has been successful in New Mexico since 1994. The first New Mexico Natural Helpers program began as a response to concerns from school leaders over teenage suicide and other problems.



Natural Helpers students trash pick-up project.

Natural Helpers is based on the premise that when young people have problems, they most often turn to trusted friends for help, and that within every school an informal "helping network" exists. The program is flexible and adaptable so that it meets the needs of the school and its students and adults. Adaptations for Jemez Valley's diverse cultural groups have been essential for our program's success.

The photo included with this article is just one service activity the students completed last year. Together the students and I plan activities, host Red Ribbon week, run the anti-bully campaign, hold a sock drive, design poster contests, and donate time whenever needed.

The Natural Helper students are concerned with the community of our school and strive to make it a welcoming, rich educational environment.

Winter Arts

All parents and families know that the Winter Arts Festival is the best holiday show around. Students sing exuberantly, local vendors show their crafts, and beautiful art work is displayed. Last year, the auditorium and the parking lot were over capacity with enthusiastic singers and audience. Because this has become such a well-attended event, the district has decided to split the festivities in two. The first night, Tuesday, Dec. 4, will showcase students pre-kindergarten through second grade and high school. The second night, Wednesday, Dec. 5, will see the grades three to eight performing. Performances start at 6 p.m., but students should arrive for their show by 5:30. Ms. Sara Robb, our district music teacher, is pleased with her work and hopes to see all our students ready to share their wonderful songs. Families should arrive early and should anticipate parking in the elementary lot and walking up the hill.

On Saturday, Dec. 8, the middle school choir will perform in the Village of Jemez Springs festivities surrounding the lighting of the Christmas tree. This is a chance for our young singers to highlight their talents and to serve the community.

The Annual Santa's Workshop will be in the elementary school gym on Friday, Dec. 14. Call Sissy Griego if you have questions.

Continued on page 13

EDUCATION

Jemez Valley Public Schools

Continued from page 12

Athletics

Middle School winter sports are off and running. Boys' and girls' basketball have begun. Charles Toya is our boys' coach and Blake Miller is serving as our girls' coach. The game schedule is set and available on the Jemez Valley Middle School web site.

One School, One Book

We are excited to announce that the middle school is reading a book as part of our *Once School, One Book* initiative. This complements our year-long theme of "Developing Voice." Paul Fleischman's novel *Seedfolks* is only 69 pages long, but the author packs a lot of emotional power into this story. *Seedfolks* takes place in a troubled urban neighborhood in Cleveland, Ohio. The story begins when a young Vietnamese-American girl starts a small vegetable garden in a plot of land in a neglected, garbage-filled lot. From this small start, a project begins that transforms the neighborhood.

This moving story presents multi-cultural urban life in both its negative and positive aspects. Each chapter is told in the first person by a different member of the community. Thus, by the end of the book, we have heard a great diversity of voices: male and female, of many age groups, and of many different ethnic backgrounds.

More Information

For the most up-to-date middle school information, please visit <http://msjvps.sharpschool.com>. We update information often.

Reflection

Finally, with Thanksgiving just past, I want you to know how thankful I am that I have the privilege of spending my days with your children. Jemez Valley is a special place because of our students, families, faculty and staff. I hope you all have a restful holiday with family and friends. I wish you all a Happy Holidays and, as always, thank you for sending your child to JVPS!



Coach Blake Miller dressed as a turkey and was chased by over 150 students who competed for turkeys, pumpkin pies and boxes of stuffing during the PTA's annual Turkey Trot. Coach is pictured with kindergarten students.

Photo by Hinako Breines.



Healers of Tomorrow Mentoring Program

The Native Health Initiative (NHI) is looking for Native youth who are interested in health careers to join their "Healers of Tomorrow" program. Participants receive shadowing, mentoring, and will get to lead a health project. **Application deadline is Dec. 31, 2012**

NHI Promises:

One-on-one sessions with health professionals and health professions students to help participants think about areas of the health field that best fits them.

An assigned NHI mentor to help find programs (services, conferences, summer opportunities) in participants' fields of interest

Shadowing experiences with health professionals.

Students are expected to:

Follow through with the entire program, usually a six to nine month commitment of five to ten hours a month.

Be responsible, on time, and present at all meetings that NHI arranges.

Communicate throughout the program, especially when there are problems that need to be addressed.

Develop a health project that will improve their communities.

Present their work at an NHI monthly meeting, and possibly at a conference.

NHI News

Thurs., Dec. 6: NMPHA Policy Forum. Get informed on all of the health legislation proposed for the 2013 NM Legislative Session. NHI will sponsor two students and two community members to attend. Go to www.nmpa.org for more information

Sun., Dec. 9: NHI Winter Celebration, 1-3 p.m.

Thurs., Dec. 20: Homeless Person's Memorial Vigil, Noon to 3:30 p.m. For more information, e-mail lisa-h@nmceh.org or call (505) 217-9570

About NHI

The Native Health Initiative is a partnership to address inequities in health through loving service. Health professions students and tribal leaders designed the partnership 2005, focused on community building, youth empowerment, working with health professions students, and listening to indigenous communities. NIH Summer Health Justice Internship brings health professions students to indigenous communities to work with tribal leaders on health projects. Loving service, not money, funds NHI's work.

For more information go to www.loving-service.us or read the blog at <http://nativehealthinitiative.blogspot.com>.

COMMUNITY NEWS

HALLOWEEN FUN FOR ALL!

The Governors, Tribal Administration and tribal programs and services sponsored Halloween games, activities and prizes along with plenty of goodies to fill trick-or-treat bags plus dinner for all of the guests.



COMMUNITY NEWS

HOLIDAY SAFETY TIPS

Decorate safely to keep your family safe this season.

Trees and Decorations

- ★ **Artificial trees.** Make sure the tree is “fire resistant.” This doesn't mean the tree won't catch fire, but it will be more resistant to burning.
- ★ **Live trees.** Choose fresh a fresh tree. A fresh tree is green; needles are hard to pull off; needles don't break when bent between your fingers; the bottom is sticky with resin; when tapped on the ground, the tree shouldn't lose many needles.
- ★ **Setting up your tree.** Keep trees away from fireplaces, wood stoves and radiators. Heated rooms dry live trees quickly, so keep the stand filled with water.
- ★ **Use only non-combustible or flame-resistant materials** to trim the tree.

Lights

- ★ Use only lights tested for safety by a national testing laboratory, such as UL or ETL/ITSNA. Use only newer lights that have thicker wiring and safety fuses to prevent overheating.
- ★ Check all lights for broken or cracked sockets, frayed or bare wires, or loose connections. Discard damaged sets.
- ★ Make sure extension cords are rated for the intended use.
- ★ Never use electric lights on metallic trees.
- ★ Make sure outdoor lights are certified for outdoor use. Plug into ground-fault circuit interrupter (GFCI) protected receptacles.
- ★ Turn off holiday lights when you go to bed or leave the house.

Candles

- ★ Keep burning candles in sight, and put them out when you go to bed, leave the room or leave the house.
- ★ Keep lit candles away from items that can ignite easily, like trees, decorations, curtains and furniture.
- ★ Always use nonflammable holders and keep away from children and pets.

A Message From the Walatowa Green Stars

The Walatowa Green Stars are one more step toward reaching the goal of having a recycling center at the transfer station. They received a recycling trailer on a trial basis from Eight Northern Pueblos Agency. The trailer is at the Transfer Station for one month. You can drop off plastics, aluminum, and cardboard at this trailer.

This is a great opportunity for our community to continue recycling. If we use this trailer constantly and respectfully, we may get one permanently.

The Green Stars also had recycling bins set around the plaza for San Diego Feast Day. They also accept bags of recyclables at the Joseph Toya, Sr. residence on 68 Wagon Road, Jemez Pueblo.

To continue their efforts, the group has an open invitation to anyone who would like to join the group. The only requirement is that volunteers must stay dedicated and committed to the program. The Green Stars all graduate in June and plan to go to college next year. To continue this very positive program, they need more local, committed members to maintain their weekly tasks. For more information, contact one of the Green Stars.

“Thank you to all who support our efforts and recycle so we can keep our community clean and our Mother Earth beautiful!” say Tianie Toya, Mark Panana, Lindsey Toya-Tosa and Emmet T. Yepa.



Thank you...

We, the family of Dion C. Casiquito, wish to thank each and every one who gave their time and support during the loss of our son, father, brother, uncle, nephew and cousin.

We thank you for the love given by all who knew him, who shared his laughter, smile and kindness. May his spirit bring you guidance and protection throughout the years.

The Family of Dion C. Casiquito



