



# Red Rocks Reporter

JANUARY 2008

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## The Pueblo of Jemez Welcomes New Leaders for 2008



Paul S. Chinana

**Governor** Paul S. Chinana  
**First Lt. Governor** Joshua Madalena  
**Second Lt. Governor** Delbert Tafoya  
**Head War Captain** Franklin Toya  
**Asst. War Captain** Michael Loretto  
**Head Fiscale** Alvin Casiquito  
**Asst. Fiscale** Jose Waquie  
**Sheriff** Dominic Gachupin

**Pumpkin War Captains**  
 Juanito Toya  
 Jordan Shendo  
 Joseph Tsosie  
 David S. Gachupin, Jr.  
 Brian Sando

**Governors' Aides**  
 Eugene Toledo  
 Willie Waquie  
 Fernando Ray Romero  
 Dominic Loretto  
 Charles Sandia

**Turquoise War Captains**  
 Loren Madalena  
 Sherwin Sando  
 John Galvan  
 Thurman Loretto (TJ)  
 Emmett Yepa

**Fiscale Aides**  
 Timothy Tosa  
 Tony Gachupin  
 Ben Fragua (Westside)  
 Joseph Chinana  
 Orrin Chinana



Joshua Madalena



Delbert Tafoya

Photo courtesy of the Jemez Thunder

"On behalf of all of this year's officials, I want to say that it is a great honor to be chosen to serve our people," says Gov. Chinana. "We need to work together to have a prosperous, successful year. We all need to remember to pray that we live in peace and harmony, good health, with a good quality of life. We need everybody's help."

## ALL RISE!

### New Judge To Bring Legal Expertise to Tribal Court

Attorney Nicholas Mendoza has been named to serve as the Pueblo's first *pro tem* judge. The new position was created with the approval of the Tribal Council with consultation and concurrence of the religious leaders. Mr. Mendoza is a member of the Pascua Yaqui tribe of Arizona. He is expected to take his post in the next few weeks once contractual arrangements are complete.

"The appointment will complement the current system already in place," explains Tribal Administrator Vincent Toya. "The new judge, Governors and Lt. Governors, and the Tribal Council will each have their roles and responsibilities. The Governor and Lt. Governors remain the primary authority."

"The wheel has turned, and this change is a move forward," says Gov. Paul S. Chinana.

Continued on page 3



**PUEBLO of JEMEZ**

**TRIBAL COUNCIL**

Candido Armijo

Joe Cajero

Paul S. Chinana

Raymond Gachupin

Frank Loretto

J. Leonard Loretto

Raymond Loretto, DVM

Jose E. Madalena

J. Roger Madalena

Arthur Sandia

Jose Pecos

Jose Toledo

Michael Toledo, Jr

Paul Tosa

Vincent Toya

Augustine Waquie

**2008 TRIBAL GOVERNORS**

Paul S. Chinana

*Governor*

Joshua Madalena

*First Lt. Governor*

Delbert Tafoya

*Second Lt. Governor*

**TRIBAL ADMINISTRATOR**

Vincent Toya

**Red Rocks Reporter**

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**FROM THE GOVERNORS**

**Anthony Casino Project Snagged**

Early in January, tribal officials learned that the Department of Interior had sent letters to several tribes denying pending applications for taking land into trust for off-reservation casinos. The US Department of the Interior (DoI) issued new guidance about using trust land for gaming on Thursday, Jan. 3, that virtually eliminates any chance of off-reservation gaming. The Pueblo of Jemez Anthony casino project is affected by this decision. As of press time, the Pueblo has not officially yet received any communication from the DoI. However, the Pueblo leadership is aware that letters were sent to tribes with pending off-reservation casino applications.

The DoI guidance, which is not a law or a customary regulation, directs the BIA to question sites that exceed a “commutable distance” from the reservation. The primary reasons offered for the denial focus on the need to create jobs on reservations, and that proposed casino jobs are too far away from the reservation to attract Tribal members. In a form letter, the Bush administration then rejected a group of off-reservation casinos on Jan. 4. Officials at the Interior Department said the proposed casinos would not be in the best interests of the tribes affected.

Governor Chinana vowed to fight the decision, saying the point of the Anthony casino project was not jobs, but revenue that could be used to educate and train Jemez tribal members to fill jobs in the community and to meet other needs.

“I can tell you that for Jemez, the off-reservation casino would have a positive impact, because our jobs plan is different and better in that it benefits the Pueblo and

Anthony,” the Governor says. “Further, the revenues would largely address unmet needs in our community, create quality program service delivery systems and improve resources.”

The Jemez model would allow tribal leadership to create its own jobs program, tailored to the needs of the Pueblo. Under this plan, Pueblo leadership would identify jobs needed in the community, including teachers, health care professionals, nursing home personnel, child care workers, social workers, police officers, firefighters and numerous other service providers and occupations. Pueblo members could choose their vocations, obtain education and training using a casino-funded scholarship program, return to the community, and provide needed but currently unavailable services to our own tribal members.

“This plan takes money and the casino would provide the funds,” says Chinana. “We would have more professionals with the expertise to create and improve tribal programs for our people, and we would achieve a greater level of self-sufficiency—two of the purposes of the Indian Gaming Regulatory Act.”

Tribal legal counsel will review the trust rejection letter and decide on a course of action.

“The new guidance raises a host of complicated issues that the Pueblo’s attorneys are just beginning to analyze. Until the lawyers have fully reviewed the DoI’s new, retroactive guidance and the apparent blanket rejection of pending applications based on boilerplate reasons, we really can’t intelligently comment further,” the Governor says.

# EMPLOYEES CELEBRATE!

Tribal employees celebrated the Christmas season at a party at the Youth Center on Dec. 14. Staff from all tribal departments dined, danced and honored those who have served the tribe for many years. Thank you to the planning committee that included April Wilkinson, Marlene Gachupin, Melesia Toya, Rolanda Casiquito, Monique Sando, Benita Toya, Briana Tosa, Olivia Toya, Carrie Gachupin, Denise Lucero and Tanya Trujillo.



## 2007 YEARS OF SERVICE AWARDS

### 5 YEARS

Kathrine Chinana  
John Galvan  
Thelma Medina  
Thomas Pecos  
Arlan Sando  
Nancy Toledo  
Colleen Tosa  
Tammy Trujillo  
Joseph Tsosie  
April Wilkinson

### 10 YEARS

Audrey Gachupin  
Tom Lucero  
Verna Romero  
Roberta Sando  
Anita Toya

### 15 YEARS

Frank Fragua  
Karen C. Toya  
Janet Waquie

### 25 YEARS

Cynthia Gachupin

## New Judge To Bring Legal Expertise to Tribal Court

Continued from page 1

The new judge will take on some of the very time-consuming issues that often involve repeat offenders, such as traffic, juvenile and civil issues; Social Services cases involving abuse and neglect, adoptions, guardianship, name changes for minors and adults, child custody, child visitation, paternity, child support and restraining orders. He will also hear cases regarding repossessions of vehicles and property, delinquent housing accounts and evictions, probates, tax matters, contract disputes, and wildlife code violations. The Tribal Council will remain responsible for resolving land disputes.

The *pro tem* judge will allow the Governors to spend more time dealing with other critical tribal issues, such as economic development, unmet needs in the community, legislative issues, health care, and funding concerns.

“Having an outside, experienced judge without family ties and

community obligations will bring a new level of fairness and objectivity to the judicial process,” Gov. Chinana says. “Although outside attorneys are not allowed, defendants bring information and tactics from their lawyers to court hearings. As a qualified attorney, Mr. Mendoza has the expertise to manage these issues.”

The Governor says that Tribal Court is seeing non-tribal members more frequently, such as drug traffickers and others who are creating new problems in the community. The Governors and Tribal Administrator agree that such outside influences are having a negative impact on our youth. “Music, television, the Internet, gangs, drugs and other problems are shaping our youth,” Governor Chinana says, adding that an impartial outsider may have a bigger impact on young offenders. “It’s sad to say, but some of these kids don’t appreciate and respect our ways.”

# BENNY SHENDO FOR CONGRESS!

More than 300 people witnessed Benny Shendo, Jr.'s formal announcement that he is seeking the Democratic nomination in the 3rd Congressional District at the Youth Center on Dec. 20. He recently resigned his position as New Mexico's first Cabinet Secretary for Indian Affairs to focus on his campaign. The 3rd District seat is being vacated by Rep. Tom Udall, who is running for the U.S. Senate seat that Senator Pete Domenici will leave in 2009.

Former Governor Raymond Gachupin opened the program with introductions of tribal dignitaries from the Acoma, Laguna, Isleta, Navajo, Zuni, Zia and Cochiti nations who are supporting the campaign. "This is an extremely historic occasion. We have made great strides to assert our political will and power," Gov. Gachupin said. "We have strong leaders who can take on today's political challenges. Now we have the opportunity to make a difference on the national level."

Benny started with greetings in Towa and then spoke in Tewa, Keres, Tiwa, Jicarilla, Navajo, Spanish and English, in recognition of the district's rich diversity. He acknowledged his family, community and heritage, saying he was grateful to be born to a nation "rich in spirit, song and ceremony" where he learned courage, love, respect and humility.

Benny presented his political position saying "We know something is wrong in America" when "a single law can demoralize a nation of schools... teachers are underpaid and under-appreciated;" when "US servicemen come home and can't get benefits, health care or jobs;" when "we spend billions to rebuild foreign countries yet fail our responsibilities to First Nations peoples." He added that health care, education and energy are some of the most pressing issues facing our nation today.

"These are not Indian issues, or Hispanic issues, or Anglo issues—these are our issues," he says. "We are all interconnected, like the mixed blood that runs through our veins, the rich blended cultures we share, tempered by the tragic history of our not-too-distant past. When statues of former Senator Dennis Chavez and Po'pay can stand shoulder-to-shoulder in the nation's capitol representing our great state of New Mexico, I know we have come a long way... And we have the potential to achieve even greater accomplishments for future generations."

Prior to joining state government, most of Benny's professional life has been devoted to improving educational opportunities for Native youth, from elementary school through university



Future Congressman Benny Shendo, Jr. (left) shares a joke with former Governor Raymond Gachupin and State Senator Roger Madalena at the formal announcement that Benny will enter the race for the Democratic nomination.

students. He has spent more than two decades in education, including administrative positions at Stanford University and the University of New Mexico. Benny also served the Pueblo as Second Lt. Governor in 1998 and as First Lt. Governor in 2002.

## What You Can Do

Current state law requires that to be listed on the June primary ballot, prospective candidates must have at least 20 percent of delegates' votes at the Democratic Party nominating convention. The Democratic convention will be held March 15.

Benny is urging supporters to become convention delegates from Sandoval County so they can vote at the Party convention. People can become delegates by attending and registering at the Sandoval County convention at the Bernalillo High School cafeteria on Saturday, March 1 at 10 a.m.

"Without at least 20 percent of the Democratic convention's delegates votes on March 15, I won't even be on the ballot in June," Benny explains, adding that this pre-election convention is critical to a successful campaign.

If you want more information or want to get involved in Benny's campaign, contact the campaign office at (505) 867-9150, or send an e-mail to [info@bennyshendojr.com](mailto:info@bennyshendojr.com), or visit the web site at [www.bennyshendojr.com](http://www.bennyshendojr.com).

## HEALTH &amp; HUMAN SERVICES

## THE YEAR IN REVIEW

2007 was a year of transition and growth at Jemez Health & Human Services. With 103 current employees — plus 11 contractors who provide audiology, nutrition, optometry, podiatry, primary care, foot care, group fitness, behavioral health, and pharmacy services — JHHS had 19,145 patient care visits and 3,787 dental visits. This was a seven percent increase for the Health Clinic and an eight percent increase for the Dental Clinic.

Perhaps more significantly, JHHS generated about twice the revenue as in the previous year from sources such as Medicaid and private insurance carriers, as well as reimbursement for behavioral health, emergency and pharmacy services.

Contract Health Services handled 1,013 referrals for specialty care, as well as 204 emergency referrals.

### Vocational Rehabilitation

An external evaluation in June 2007 showed that JVR is a strong program providing innovative services to the Pueblos of Jemez, Santa Ana and Zia.

Sixty-two consumers who were determined to be eligible for services developed employment plans and started working toward their vocational goals. The program exceeded its grant goals with 24 consumers meeting their employment, education or self-employment objectives. A graduation dinner in November honored consumers who closed their cases in 2007.

More than 250 people attended the Ninth Annual Disabilities Awareness Conference in March. Over 200 attended the Third Annual Job Fair in May. JVR also hosted accessible housing presentations in Jemez, Santa Ana and Zia Pueblos.

A New Mexico Governor's Commission on Disability mini-grant funded accessibility-related modifications for five homes.

To celebrate the year's successes, JVR hosted a holiday dinner in December for about 125 current and former consumers. (See page 7.)

### Tribal Enrollment

Tribal Enrollment enrolled 89 children and reported 19 deaths in 2007. They also

processed 327 requests for CIBs and helped obtain 118 birth certificates.

### Transportation

The Transportation Department took clients and patients to their medical appointments, schools or job sites. Many clients use the service several times each week.

### Social Services

This year, the Tribal Council approved the Children's Code, which had been an ongoing project for the Program.

In recognition of Child Abuse Prevention Month in April, a Child Abuse Prevention Conference and Fair was held for the community; 87 people attended the Conference and 260 participated in the Fair. The October Domestic Violence Prevention Conference was a huge success with 151 participants; child care was provided for the evening event. Jemez Head Start children held a Balloon March for victims of domestic violence, releasing their balloons with thoughts about peaceful problem-solving.

On Oct. 26, Social Services co-sponsored "Laugh Your Way to a Better Relationship," working closely with NM Marriages First.

Social Services offers ongoing meetings and support groups, including Parent Education Classes, Listen to the Drum, and a women's support group. The Program saw 67 clients, with another 48 clients involved with the Domestic Violence Program and 41 parents participating in classes.

### Senior Center

With a tribal enrollment of 512 elders, the Senior Citizens Program served 344 adults 55 years old and older. They provided 3,301 congregate meals in addition to 4,788 meals delivered to homes. The program made 2,998 home visits and provided 3,198 chore services as well as 8,241 transports. In addition, the Program sponsored field trips and outings, including a trip to the Heritage Home Long-term Skilled Care Center in Ashland, MT. The program also made 6,504 contacts for information and assistance.

### Public Health

The Public Health Programs include school and community health education, diabetes case management, audiology, elder case management, and contract medical services for nutrition, podiatry and optometry. The Program sponsored numerous events such as the Owl Springs Fun/Run Event with 221 participants, ongoing cooking and maternal/child health classes, annual fitness testing in the schools, presentations for parent/teacher conferences as well as frequent free screenings for blood pressure, blood sugar, weight, vision, cholesterol and other health issues. The Program also sponsored and coordinated the Guys Nite Out Events and several Fun Run/Walks.

The Diabetes Program received the IHS Albuquerque Area 2007 Prevention Award. The program focuses on prevention and treatment, including case management services, a community exercise program, screenings, diabetes education cooking classes, education for preventing obesity in children, community wellness events, blood glucose monitoring, medical nutrition therapy, contract optometry for diabetes patients, and professional podiatry services. The Walatowa Bike Club was a continuing success. The Annual Diabetes Conference included 81 participants.

Community Health Representatives (CHRs) and the Health Education Program serve the community and schools with disease prevention and health promotion activities, transportation, medication delivery, scheduling for specialty clinics, and maternal/child health care for prenatal and postpartum mothers and newborns. CHRs had 6,228 visits with community members in 2007. The Health Education program held 73 classes; in all, 1,675 participants learned about alcohol and drugs, disease prevention, nutrition, fitness testing, safety and injury prevention.

The School Nurse serves the Jemez BIA Day School, San Diego Riverside Charter School, Walatowa Head Start and Walatowa High Charter School.



## DENTAL CLINIC

# Kudos For Dental Clinic

R. Patrick Sewell, DMD, Chief Dental Officer at the Jicarilla Service Unit, and Suzanne Marks, Director of the Albuquerque Area Dental Support Center, performed a site evaluation at the Jemez Dental Clinic in November. Describing our clinic as a "model dental program," they concluded "the range of services reflects a high level of expertise in all areas of general dentistry, including prosthetics." The assessment included a clinic walk-through, staff interviews, clinic management, chart review, and an analysis of clinical data.

Their report noted that the clinic has developed a very strong outreach program, and dubbed the Candy Exchange program "brilliant."

### 2007 Highlights

In addition to their strong site review, the Clinic saw several successes in 2007.

- ★ Held a Children's Dental Health Month program for Head Start in February 2007 and provided Duraflor Fluoride Varnish Treatment.
- ★ Gave presentations to prenatal classes, Alcoholics Anonymous meeting, and Jemez schools.
- ★ Initiated the new Dental Externship Program with two third-year dental students at the Clinic; plans are for three participants in 2008.
- ★ The Halloween Candy Exchange collected about 250 pounds of candy from over 60 children; the candy was donated to Blue Star Mothers of America to be used in "care packages" for deployed members of the Armed Services.

**If it's been more than six months since your last check-up, call the Dental Clinic at 834-7388 to make an appointment.**

## Give Tooth Decay The Brush-Off!

**FEBRUARY IS  
CHILDREN'S DENTAL HEALTH MONTH**

Cavities are all too common in young children. Cavities can be prevented, but if not treated, they can affect your child's health and well-being.

The Albuquerque Area Dental Support Center offers free presentations on oral health topics to Native American children and their families as well as teachers and staff. The goal is to give basic information on the importance of oral health.

If you want to schedule a presentation or want to know more, please call Crystal Begay, Health Educator, at (505) 922-4229 or email at [crystal.begay@ihs.gov](mailto:crystal.begay@ihs.gov).

## AN OUNCE OF PREVENTION...

### PREVENT FLU, COLDS & OTHER INFECTIOUS DISEASES

Get your flu shot.

Wash hands often with soap and water.

Use antiseptic hand gel often.

Cover your mouth if you cough or sneeze.

Don't touch your eyes, nose or mouth.

If you're sick, stay home.

If the kids are sick, keep them home.

**STOP IT!  
DON'T SPREAD IT!**

## JHHS Year in Review

*Continued from page 5*

### Injury Prevention

The Injury Prevention Program presented education sessions for Head Start children on topics such as bus and motor vehicle safety, fire and burn prevention, Halloween safety, stranger danger, playground safety, poison prevention, water safety, and "injury prevention bingo." Presentations to youth included ditch safety, bicycle safety, helmet use and seat belt safety. The Youth Injury Prevention Conference hosted 143 students in March. Community safety education focused on preventing elder falls, road rage, aggressive driving, alcohol overdose in youth, hunter safety and prenatal and child safety. Program staff also performed home safety assessments and modifications for 51 elders.

Families received 40 car seats for young children. IP also provided rabies vaccinations for 110 cats and dogs and made 26 referrals for spay/neuter services.

### Emergency Medical Services

Of the 611 calls for emergency services, 289 resulted in transports.

### Community Wellness

The Community Wellness Program expanded services with a seven-day-a-week schedule, and had a total of 14,600 visits to the Fitness Center. In addition, 165 youth participated in the summer recreation program and an average of 60 youth per day went to the Youth Center for basketball practices and games from November through March. Several exercise challenges through the year offered incentives and prizes for fitness activities.

### Behavioral Health

BH staff had more than 4,400 contacts with clients either at their homes or in the office, as well as about 500 contacts in the schools.

## VOCATIONAL REHABILITATION

# Is Alcoholism a Disability?

*There are many types of disabilities, and each affects people in different ways.*

Did you know that alcoholism is a disability? The Jemez Vocational Rehabilitation (JVR) Program has been working with people who have alcoholism as a disability for more than 10 years.

Alcoholism is a disease that can be very hard for people to face, which is why individuals need treatment to help them maintain sobriety. There are two types of alcoholism; both are considered and recognized as disabilities, but their affects on individuals can be very different.

The first type of alcoholism is "alcohol dependency." This condition is defined as "the state of being determined, influenced or controlled by alcohol." These people have become so dependent on alcohol that they experience physical symptoms of withdrawal if they don't have it.

The second type is "alcohol abuse," defined as "the improper use or handling of alcohol." In cases of alcohol abuse, the person may drink too much or may have financial, social or physical problems because of alcohol use, without having a physical dependence on it.

As a tribal vocational rehabilitation program, the JVR is a great resource for

people who are working a sobriety plan of treatment, after-care services and outpatient treatment. The program can help them get back on their feet through services like resume writing, mock interviews and job searches. The program can also help individuals become self-sufficient and independent by creating employment plans that focus on their unique needs.

Even with the program's assistance, a person with alcoholism still needs the support of family and community. It's important to remember that people in recovery want a second chance. By understanding the effects alcoholism can have, we can better appreciate the work necessary to gain and maintain sobriety.

If you want to learn more about the JVR program and the support they provide for individuals with disabilities, including alcoholism, please visit the JVR office located behind the Tribal Administration Building, or phone (575) 834-0012. Office hours are 8 a.m. to 5 p.m. weekdays.

## Welcome Mat

**Cathy Sabado** has returned to her position as a Vocational Rehabilitation Counselor, and is now working full-time.

**Ashley Chinana** has joined the program as temporary administrative assistance while Regina Baca is out on maternity leave.

And finally, **Alex Gourneau** joined the staff on Jan. 2 as the new Vocational Rehabilitation Coordinator. Alex will work mainly with the communities at Santa Ana and Zia, but will work from the Jemez office as well.



JVR Program Manager Sarah Michaud (left) introduces her staff at the JVR Consumer Holiday Dinner on Dec. 5; Regina Baca, Yolanda Toledo, Joyce Tsosie and Cynthia Justice. About 100 former and current JVR consumers and their guests enjoyed a holiday meal and participated in an interesting discussion about the program's services for people with disabilities.

## BEHAVIORAL HEALTH

# ALCOHOLISM IN OUR COMMUNITY

**Sobriety Conference**  
**Friday, Feb. 1, 9 a.m.**  
**Community Resource Center**  
*(next to the Senior Center)*

The Behavioral Health Program is sponsoring a Sobriety Conference for people in the community who are affected by alcoholism and substance abuse. This open conference will provide information and support for people fighting these addictions, as well as their family members and friends.

"Alcoholism is a widespread disease in our community," says Bill Fragua, Aftercare Counselor. "I truly believe that every household has a family member affected by this disease. Sometimes people may not be aware of or may be denying the problem, but alcoholism is a progressive disease. Without treatment, it just gets worse."

Bill notes that alcohol and substance abuse create a range of legal, financial, emotional and domestic problems: drunk driving convictions, inability to keep a job, domestic violence, divorce and depression. Alcoholism is related to numerous significant health problems as well, including diabetes, heart disease and liver disease.

"People can be helped — sobriety works!" Bill says. "Statistics show we have a lot of people in recovery who are successfully maintaining their sobriety. There's no 'medicine' for alcoholism; just abstinence and relying on a higher spiritual Power for help when you need it."

The Sobriety Conference will be held Friday, Feb. 1, at 9 a.m. at the Community Resource Center next to the Senior Center. Lunch will be served.

Jemez Alcoholics Anonymous holds open meetings on Wednesday and Fridays at 7 p.m. at the CRC; an Al-Anon group for family members affected by alcoholism is planned.

If you or a family member needs help, please call the Behavioral Health Program at (575) 834-7258.

**All contacts are strictly confidential.**

HEMISH OF WALATOWA



Family Circle Project

# Dinner Celebration Launches Hemish Family Circle Project

Children, parents and grandparents enjoyed the Hemish of Walatowa Family Circle Project (FCP) kick-off dinner at the Senior Center on Dec. 11. The event was the formal beginning to the project that focuses on inter-generational communication in families with fourth and fifth graders. Nine families are participating in the pilot project that was designed by an advisory council of Jemez Pueblo community members and researchers from the University of New Mexico Masters in Public Health Program.

Harriet Yepa-Waquie introduced the evening with a brief history and explanation of the FCP. "In focus groups and interviews, we learned that many community members were concerned that we were losing our traditions, language and ways of doing things," she explains. The FCP is designed to strengthen family and community connections as the foundation that supports youth. "We know that kids without strong foundations and guidance are more likely to turn to drugs and alcohol. If we can bring them back, our kids, our families and our community will stay strong."

Governor Raymond Gachupin welcomed the group. "It seems to be more and more challenging to be a parent today—and probably more challenging to be a youngster as well," he says. He emphasized the

importance of preserving the Towa language. "We are the only Towa speakers in the world. We are unique and special," he says. "We must not lose something so precious. If we lose our language, we lose our culture and our way of life." He adds that it's vital to take care of our youth. "How well we take care of our children is how well they will take care of us," he observes. The Governor stressed that the FCP has the full support of the Tribal Council. He also presented an honorary plaque to the wife and family of the late former Governor Randy Padilla, who was instrumental in the Family Circle Project's earliest stages.

Health Board member Paul Fragua spoke about the vision that led to the development of Jemez Health & Human Services. Reminding the audience of the days when the clinic was located in a small portable building, he noted that the Health Center is "comprehensive" in that it offers a variety of services beyond basic medical and dental care. He says the Senior Center is a great example: "I can't wait to get into this club...This is where all the fun is!"

"This is an exciting time in our history," Paul says. "Our emerging leaders are modeling for our youth, showing them that we can do this. **We** can be the managers and the CEOs. **We** are the ones who know what's best for our people." Paul is currently working with a small, very wealthy tribe in California on a community-building project. "When we asked what they want for their community, it's not bigger houses or newer trucks," he says. "They want a sense of community and family. We have that here. That's where our wealth is. The FCP is one way to sustain, nurture and encourage that gift."

The event included a movie featuring tribal and youth leaders who spoke about challenges and opportunities in the Pueblo. Students from Walatowa High Charter School helped edit and produce the video with direction from Kevin Shendo, Education Department Director.

"The FCP will support-

healthy families based on our cultural values and traditions," says Anita Toya, JHHS Diabetes Community Liaison, who has been active on the advisory council. "The Project will address threats facing our youth and families today, including peer pressure to use alcohol and drugs and poor communication between parents and their children."

In 14 weekly sessions, FCP participants will discuss life skills, parent/child communication, how children can seek help from elders, how to refuse peer pressure to use drugs and alcohol, how families can better handle anger and accept differences, and other topics. The FCP will stress community strengths such as speaking Towa, understanding Hemish history, and sharing family meals with traditional foods. All participants will be able to evaluate the program's strengths and weaknesses when the pilot concludes.

"The sessions will be a co-learning environment, where parents, the child and elders learn together with an emphasis on fun," says Nina Wallerstein, MPH, Dr.PH, Director of the Masters in Public Health Program at UNM's Institute of Public Health. She added that any information gleaned during the project would stay here in the Pueblo. "This is your project," she says. "The leadership, the information, the direction – all stay here."

## With Appreciation

The Hemish Family Circle Project is the result of the hard work and dedication of many community members, health service providers, tribal officials and teachers: Anita Toya, Harriet-Yepa Waquie, Willie Waquie, Dominic Gachupin, Carol Gachupin, Leah Stevenson, Paul Fragua, Mary Margaret Shendo, Marie Romero, Tony Toledo, David Yepa Sr., Bessie Yepa, Robert Shendo, Margaret Garcia, Emily Toledo, Melissa Yepa, Eleanor Tafoya, Brian Appell, Eleni Fredlund, Henrietta Gachupin, Juanita Toledo, Towana Yepa, Kevin Shendo, Eileen Shendo, Vince Toya, Anthony Armijo, Rose Shendo, Nilla Vallo, Susanne Javernis, Brittney Baca, Delfino Castillo, Darryl Baca, Marty Casiquito, Ashley Seonia, Eva Panana and Marilou Gooris.



(Left to right) Rebecca Rae, Eva Panana, Lorinda Belone, Towana Yepa, Margaret Garcia, Margaret Shendo, Dr. Nina Wallerstein, Harriet Yepa-Waquie, Dominic Gachupin, Anita Toya, Rose Shendo, Paul Fragua, Eleanor Tafoya, Greg Tafoya and Melissa Yepa are part of the FCP team.

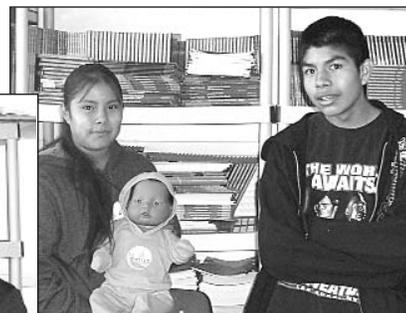
PUBLIC HEALTH

# Baby, Think It Over!

Eighteen eighth-graders from San Diego Riverside Charter School got a taste of parenthood when they participated in the RealCare Parenting Baby Think it Over Program. In teams of two, the teens spent a week caring for a computerized “Baby” and meeting their “offspring’s” demands.

Community Health Representative/Health Education Specialist Valerie Pecos lead the program. The teams included Julia Wall and Devon Chinana, Virginia Baca and Byron Fragua, D’Yanna Seonia and Raymond Gachupin, Tsinnia Cajero and Shir-lene Sandia, Marla Chosa and Tyler Casiquito, Josee Toledo and Scott Shendo, Twila Chosa and Meshaq Fragua, Towanda Pecos and Jesse Madalena, and Jesirae Lucero and Rodney Toya. Each team worked together to prepare for parenthood before getting their “Baby.”

As temporary parents, the students cared for a computerized infant simulator that required constant supervision. A computer inside each Baby was programmed to follow the actual schedules of 15 newborns, with a different schedule each day. Baby cried and needed to be fed, burped, rocked and have its diapers changed 24 hours a day, including inconvenient times such as when the “parents” were asleep. The computer recorded every time Baby was



(Left) Meshaq Fragua and Twila Chosa and (right) Towanda Pecos and Jesse Madalena comprised two of the Baby Think it Over caregiver teams.

neglected, shaken or handled roughly, as well as when its head was not properly supported, it was positioned incorrectly, lacked diapers, or experienced other problems. Some of these situations produced intense crying that the students had to learn to avoid; this intense crying could be stopped only by rocking the Baby. The computer tracked each Baby’s care, and students were graded on the results.

The students wore waterproof, hospital-type wristbands with unique identification codes that signaled their Baby to accept care; Baby was programmed to only accept care from people wearing the appropriate ID band so others could not help with the Baby. The wristband had to be in good condition and still on the students’ wrists when their Babies were returned.

Student “parents” were graded on keeping Baby happy, understanding the full-time commitment of child care, persistence (getting through the simulation without quitting), the care and condition of Baby and supplies, and returning everything on time.

“We asked the eighth graders’ parents to help by providing emotional support and treating Baby as if it were real,” says Valerie. “We suggested they could offer advice, but should make sure their child did the actual work of caring for Baby.”

At the end of the week, students and their parents evaluated the program. Virtually all of the students decided that a baby demands a lot of constant work and attention, interferes with normal activities, and that having a baby alone and too young is a mistake they want to avoid. Their comments included “It affected my life because I couldn’t go anywhere and couldn’t rest for a period of time . . . The baby wakes you up in the morning and you don’t really do your work and you are always tired. . . The baby kept crying and crying in the middle of the night. You don’t have any time to do work, clean or help cook or anything. . . When I wanted to go someplace, I couldn’t because I was too embarrassed.” One student summed up the experience, saying, “The purpose was to see how teenage parents suffer, and not to have children at a young age.”

Their parents were enthusiastic about the program, with 100 percent saying the experience was very beneficial in helping discourage their children from early pregnancies, and that they would recommend the program to other families.

For more information, contact Valerie Pecos at 834-3162.



## Thank you to all the friends of Randolph Padilla

*We wish to express our appreciation to all the friends and acquaintances of Randy Padilla, former director of the Jemez Senior Center. We recently received recognition for Randy’s dedicated service to the Pueblo and community for his work on the UNM Hemish Walatowa Listening Project. Randy worked on this project for several years and would be delighted to see its initiation. He was always deeply involved in tribal life and improvement projects.*

*We were also delighted to see the fine handcrafted bench that was dedicated to Randy for his service and interested in people. The bench is now at the Senior Center. It will remind all of us of his service, dedication and upbeat personality. We miss him very much and find comfort in his many friends and acquaintances. Thank you to all who assisted in the many projects, and particularly the Hemish Walatowa Listening Project, and this wonderful remembrance.*



**Nora Padilla & Family**

## RESOURCE PROTECTION

## DRP NEWS

**Agriculture Program**

The DRP will start early this year to make Jemez agriculture even more successful. They will sponsor several workshops with the staff from New Mexico State University's Alcalde Science Center on topics like building hoop greenhouses, pest control, soil testing, marketing and branding Jemez agricultural products, and drip irrigation techniques. They will also be hiring Joe Chosa to make more headgates for use by Jemez farmers. Mr. Chosa will build 40 more headgates for farmers who did not get a headgate last year.

Please contact John D. Romero at 834-7696 for information on upcoming workshops and to sign up for a headgate.

**Solar Project**

Two years ago, DRP's Greg Kaufman wrote a grant to fund a feasibility study on the potential for developing solar power at the Pueblo of Jemez. The study was completed last year and the Pueblo is seeking funding to develop solar energy on tribal land.

The Pueblo has worked with several consultants and met with the state Economic Development Department, Los Alamos National Laboratories, Sandia National Laboratory, and potential lenders to secure funding and identify a purchaser for the power. The Pueblo will also seek project funding from the State Legislature and Governor Richardson's office.

The proposed location is on approximately 12 acres immediately east of the Jemez Mountains Electric Co-op sub-station, just south of the Youth Center.

**Monthly DRP Trash Pickup**

You may have noticed DRP staff picking up trash on Highway 4 and in the community. "Unfortunately, we pick up 15 to 20 large bags of trash each month, and the volume of trash never seems to get smaller," says Steve Blodgett, DRP Director. All community members should pitch in and help reduce trash in Walatowa:

- ▶ Carry a plastic bag in your vehicle and deposit trash in it. Empty it when you get home or get gas.
- ▶ Clean out loose trash from the back of your pickup so it doesn't blow out.
- ▶ Correct your children when they litter and teach them to dispose of their trash in a container.
- ▶ If you have an outdoor trash can, make sure it has a lid and is secured to keep dogs out.
- ▶ Keep the area around your house clean. The appearance of the entire village will be improved if all community members take care of their yards.

## HOUSING

## HOUSE CALLS

The Housing Department accepts applications for housing, rental units and home rehabilitation work. You must have a current application on file so the department can determine eligibility for any type of housing assistance. Qualified applicants are on a waiting list in the Housing database until a unit becomes available or a rehab project is ready. **It's important to keep all applications current; applications must be renewed annually to stay active on the waiting list.** This is a HUD regulation and requirement.

You can stop by the office any time to pick up an application or make an appointment with a Resident Services Counselor (RSC). They can help you complete an application or answer your housing questions. RSCs are available Monday through Thursday, 8:30 - 11:30 a.m. and 1:30 - 4:30 p.m. Walk-ins are seen Fridays. For more information, call 834-0305.

Free Financial Education classes will continue through the year. Watch for information as classes are scheduled.



Congratulations to Mr. and Mrs. Joe G. Romero, who are the proud owners of a new home on Church Street as recipients of the FY 2006 Housing Improvement Program. They received the keys Friday, Dec. 7, allowing them to celebrate Joe's name day in their new home on Dec. 12.

**Winter Home Safety Tips****The Fireplace or Wood Stove**

- ★ Never put tree branches or needles in a fireplace or wood-burning stove.
- ★ Always use a screen in front of the fireplace to protect against flying sparks.
- ★ Never use gasoline or any other flammable liquids to start a fire.
- ★ Remove ashes regularly. Place the ashes in a metal container and store outside away from flammable materials.
- ★ Never leave a fire unattended or let it smolder.

**The Kitchen**

Grease fires are a leading cause of home fires across Indian Country, so be extra careful when doing this kind of cooking. Here's what to do if grease in a pot or pan catches fire:

- ★ Smother the flames by covering the pan with a lid.
- ★ Turn off the stove immediately.
- ★ Install a FireStop (an automatic fire extinguisher) under the range hood.
- ★ **NEVER** throw water on a grease fire; this can make the fire worse.

## SOCIAL SERVICES

## Teen Conferences Focus on Awareness

Carol Vigil, *Family Advocate, Domestic Violence Prevention Program*

Jemez Social Services/Domestic Violence Prevention Program sponsored a teen conference at the Youth Center on Nov. 28, 2007 that focused on the theme of "Internet Crimes Against Children." Young women 14 to 18 years old were invited to attend the dinner event.

Guest speaker Kate Thompson, with the State of New Mexico Crimes Against Children Unit, spoke to the group about the dangers of Internet crimes, including the possibility of sexual assault, stalking and child abuse. Ms. Thompson noted that sites like "My Space," where many teens communicate with family and friends as well as network with others, can make a young woman vulnerable to unwanted attention or even attack.

In giving the teens safety guidelines for using the Internet, Ms. Thompson stressed that personal information — such as last names, home phone numbers and home addresses — should never be given out. Sexual perpetrators who want children for sexual exploitation have approached many teens. (See story on this page.)

Cheryl Padilla did a couple of "ice-breaker" exercises that the teens enjoyed very much. Then Family Advocate Carol Vigil spoke with the teens about "Teen Violence" and "Dating Violence."

The evening included an open discussion in which the young women asked questions.

On Dec. 10, a second dinner-time teen conference was held at the Senior Center for young women on "Peer Pressure During the Holiday Season." After Cheryl lead ice-breakers, the Social Services staff performed a skit on "peer pressure," followed by an open discussion. Some young women learned what peer pressure means.

"We got the teens involved in making up their own skit on peer pressure and they were great," Carol says. "Everyone liked it and they wanted to do more, but we ran out of time."

Guest speaker Officer Benito Aragon, Jemez Police Department, talked about peer pressure, curfew and the consequences of getting into trouble. Officer Aragon also demonstrated basic self-defense techniques and everyone participated.

The Social Service program will host more teen conferences in 2008. Watch for more information about locations and topics.

If you have any questions, please call Social Services at (575) 834-7117.

## *Did You Know?*

### Internet Crimes Against Children

Although the Internet is a fun and educational tool, it can also be dangerous. Internet crimes against children are increasing. Statistics show that one in five children who use the Internet receive unwanted sexual solicitations — more than 5,000,000 children.

Historically, predators found victims in public places where children gather, like schoolyards, playgrounds and shopping malls. Today, the Internet provides predators a new place to target children, eliminating many risks predators face when making contact in person and providing anonymity.

Children and teens are perfect targets for criminals because they are often trusting, naive, curious, adventurous and eager for attention and affection. However, the most attractive factor to predators is that children and teenagers often are not seen as credible witnesses. Whether victimization occurs in person or over the Internet, the process is the same — the perpetrator uses information to target a child victim. For example, the predator may initiate a friendship, share hobbies and interests and perhaps exchange gifts and pictures. Predators want to build trust, which allows them to get what they ultimately want.

Older children tend to be at greater risk because they often use computers unsupervised and are more likely to participate in personal online conversations. Some victims become targets when they join chat rooms, trade e-mails and send pictures online. The risk is greater for emotionally vulnerable youth.

The National Center for Missing & Exploited Children funded a study by the Crimes Against Children Research Center at the University of New Hampshire that found:

- One in five youth received a sexual approach or solicitation over the Internet in the past year.
- One in 33 youth received an aggressive sexual solicitation in the past year. This means a predator asked a young person to meet, called on the phone, and/or sent correspondence, money or gifts through the mail.
- One in 17 youth was threatened or harassed in the past year.



The survey also found that, in addition to pedophiles, other predators use the Internet. Nearly half of the offenders were other youth, and one-fourth of the aggressive episodes were initiated by females. Further, 77 percent of targeted youth were age 14 or older—not an age usually targeted by pedophiles.

Very few episodes were reported to authorities such as the police, an Internet service provider, or a hotline. Youngsters may not report offenses because they feel embarrassed or guilty; they don't know an incident was a reportable act; they don't know how or where to report it; and they may be resigned to a certain level of inappropriate behavior in the world. Only 17 percent of youth and 11 percent of parents could name a specific authority, such as the FBI, CyberTipline, or an Internet service provider, to which they could report an Internet crime.

## SOCIAL SERVICES

### TEEN VIOLENCE

Carol Vigil, Family Advocate

Violence is a learned behavior. A child may witness violence in the home, at school, in the neighborhood or in the community. A child living in an abusive environment will think that violence is "normal." But violence is never normal.

Teen violence is real and is a big part of many teenagers' lives in today's society. Teens see violence in their schools. Gang violence among teens is a growing concern. Teens in these situations are vulnerable to being shot, stabbed or beaten to death. The longer a young person lives in this type of environment, the more violent he or she may become.

Teens also see violence in their homes. They may see one parent beaten and abused by the other; sometimes parents may be guilty of beating their teens.

Many teens use drugs and alcohol, and become very depressed. Depression can cause anyone to become violent, especially a teenager. This can be very dangerous because a depressed person is not thinking clearly. A depressed teen may want to act out and may bring a gun or knife to school.

The best way to help prevent teen violence is by not allowing violence in your home. Treat each other with respect and courtesy and set a good example for the young people in your life.

For more information on Teen Violence, contact Dominic Gachupin or Carol Vigil at 834-7117.

### Redefining Child Discipline

by Jimmy Zimberg

1. Discipline is about teaching a child self-discipline, a skill essential to every aspect of life. It's about teaching responsibility and the consequences for actions.

2. Discipline is never about taking one's own anger or frustrations out on a child, nor about causing suffering or embarrassment, or about showing your power through force. If you are getting overwhelmed, take a walk, call a friend.

3. Because, even as adults, our own emotions can be volatile and consequently hurtful, discipline must be balanced with benevolence. Take charge in a firm but fair way. Let your child know that you will not tolerate certain behaviors and attitudes, and that -- for children as well as adults -- choices have consequences.

4. Keep your credibility by being consistent and following through.

5. Set a good example. For example, if you expect them not to use foul language, then you must follow the same rules.

6. Do not put down, insult or embarrass your children. Let them know that they

acted badly, but they are not bad. Let them know they have the power to choose to act properly in the future.

7. Not every decision must be explained, but explanations will help your child learn to formulate and apply her own skills of discernment and self-discipline.

8. Catch your child being good! Encourage and reinforce good behavior.

9. When your child slips up, say "I'm disappointed because I know you are smart and know better. I believe in you ... let's work on correcting this."

10. Try it! The next time you must discipline your child, first stop and ask yourself: "What is the most effective approach I can take to teach a lasting lesson without causing resentment or ill-feelings?"

Parenting is not easy. Children -- like adults -- make mistakes, wrong decisions, and often test adults and themselves. The more we see ourselves as educators, as coaches much more than critics, the more effective our efforts will be to raise capable, responsible children.

## PARENT EDUCATION CLASSES

Monday Evenings 6 - 8 p.m.

Jan. 7 - April 7, 2008

Social Services Bldg. (Old Community Center)

(575) 834-7117

- Jan. 7 Introductions and Overview of Parenting Classes
- Jan. 14 Ages and Stages: Infant, Toddler and Preschool Development, *Cheryl Padilla, Prevention Coordinator*
- Jan. 28 Healthy Eating Habits, *Felipita Loretto*
- Feb. 4 Rewarding and Punishing Children's Behavior, *C. Padilla, Prevention Coordinator*
- Feb. 11 Healthy Relationships, *Becky Holland, NM Marriages First*
- Feb. 25 Praising Children and Their Behavior, *Cheryl Padilla, Prevention Coordinator*
- Mar. 3 Educational Video
- Mar. 10 Family Violence, *Dominic Gachupin, Family Advocate*
- Mar. 17 Jemez Library Activities and Resources
- Mar. 24 Dealing with Stress, *Cheryl Padilla, Prevention Coordinator*
- Mar. 31 Domestic Violence and Enabling, *Carol Vigil, Family Advocate*
- April 7 Evaluation and Celebration

*Child Care is provided for all sessions*

# Coaching BOYS into MEN

The boys in your life need your time and energy — your son, grandson, nephew, younger brother, the boys you teach, coach and mentor. They all need you to help them grow into healthy young men. Boys are swamped with influences outside the home — from friends, the neighborhood, television, the Internet, music, the movies — everything they see around them. They hear all kinds of messages about what it means to “be a man:” that they have to be tough and in control. There are numerous conflicting and some harmful messages being given to boys about what “being a man” means in a relationship.

## What you Can Do

Boys need your advice on how to behave toward girls. Boys watch how you and other men relate to women to figure out their own stance towards girls. So teach boys early, and teach them often, that there is no place for violence in a relationship.

## Here’s How:

**Teach Early.** It’s never too soon to talk to a child about violence. Let him know how you think he should express his anger and frustration — and what is out of bounds. Talk with him about what it means to be fair, share and treat others with respect.

**Be there.** If it comes down to one thing you can do, this is it. Just being with boys is crucial. The time doesn’t have to be spent in activities. Boys will probably not say this directly, but they want a male presence around them, even if few words are exchanged.

**Listen.** Hear what he has to say. Listen to how he and his friends talk about girls. Ask if he’s ever seen abusive behavior in his friends. Does he worry about friends who are being hurt in their relationships? Are any of his friends hurting anyone else?

**Tell Him How.** Teach him ways to express anger without violence. When he gets mad, tell him he can walk it out, talk it out, or take a time out. Let him know he can always come to you if he feels like things are getting out of hand. Try to give him examples of what you might say or do in situa-

tions that could turn violent.

**Bring it up.** A kid may never approach you and ask for guidance on how to treat women. But that doesn’t mean he doesn’t need it. Try watching TV with him or listening to his music. If you see or hear things that depict violence against women, tell him what you think about it. Never hesitate to let him know you don’t approve of sports figures who demean women, or jokes, video games and song lyrics that do the same. And when it comes time for dating, be sure he knows that treating girls with respect is important.

**Be a Role Model.** Fathers, coaches and any man who spends time with boys or teens will have the greatest impact when they “walk the walk.” Boys will learn what respect means by observing how you treat other people. So make respect a permanent way of dealing with people — when driving in traffic, talking with store clerks and waiters, and with your family around the dinner table. He’s watching what you say and do and taking his cues from you, both good and bad. Be aware of how you express your anger. Let him know how you define a healthy relationship and always treat women and girls in a way that your son can admire.

**Teach Often.** Your job isn’t done once you get the first talk out of the way. Help him work through problems in relationships as they arise. Let him know he can come back and talk to you again any time. Use every opportunity to reinforce the message that violence has no place in a relationship.

**Become a Founding Father.** Show him how important the issue of violence against women and children is to you. Join thousands of men across the country who are taking a stand against violence. Become a Founding Father yourself. Go to [founding-fathers.org](http://founding-fathers.org) to sign up.

For more information, go to [www.endabuse.org](http://www.endabuse.org).

For help or guidance for yourself or the young men in your life, contact Dominic Gachupin, Family Advocate, at Jemez Social Services, (575) 834-7117.

*All calls are strictly confidential.*

*Before You Say “  
I Do!”*

*Do you know a couple planning to get married or thinking about getting married? Do you know a couple who should get married?*

Well, now is their chance to learn some things about marriage before they actually say “I Do!”

Jemez Social Services has joined with the New Mexico Marriages First Project to bring a fun, interactive and interesting series of classes on marriage issues to Jemez. The classes are free and include child care if needed.

The series of four classes begins on Thursday, Feb. 7, 2008 and will run for the next three Thursdays: Feb. 14, 21 and 28. The classes will be held from 7 to 9 p.m.; the location is yet to be confirmed.

For couples who complete all four premarital classes, the New Mexico Marriages First Project will pay for their marriage licenses. They will also receive a special gift.

To register for the premarital education classes, contact Social Services at (575) 834-7117 or Rebecca or Michael Holland at the New Mexico Marriages First Project, (505) 401-5734.

Don’t miss this great opportunity to learn about marriage!

**JANUARY IS  
NATIONAL STALKING  
AWARENESS MONTH**

**STALKING IS REAL.  
IT CAN HAPPEN TO ANYONE.  
IT’S DANGEROUS.  
IT’S A CRIME.**

**If you need help, call Jemez Social  
Services at (575) 834-7117.**

## EDUCATION

# Attention Parents and Students!

*As you begin to prepare for your college experience, you're sure to hear the question, "Have you filed your FAFSA?"*

The Free Application for Student Aid (FAFSA) is one of the key tools necessary to apply for various sources of financial aid. Many scholarship programs, including the Pueblo of Jemez Scholarship Program, require this form to help determine the amount of aid you are eligible to receive. Most important, the FAFSA is the application used to determine if a student is eligible to receive federal funding through grants, work-study programs or loans. For the 2008-2009 academic year, the maximum award amount for the Pell Grants will be \$4,731 per year.

You will need the following documents to file your FAFSA:

- ▶ Social Security number.
- ▶ Driver's license (if any).
- ▶ 2007 W-2 forms and other records of money earned..
- ▶ 2007 Federal Income Tax Return: IRS 1040, 1040A, 1040EZ (*and your spouse's, if you are married.*)
- ▶ Your parents' 2007 Federal Income Tax Return (*if you are a dependent student.*)
- ▶ 2007 untaxed income records: Social Security, Temporary Assistance for Needy Families, welfare, Veterans' benefits records.
- ▶ Current bank statements or proof of current balances.
- ▶ Current business, investment and mortgage information; business and farm records; stocks, bonds and other investment records.

**Federal funding is given on a first-come, first-served basis; it's highly recommended that parents and students file their applications as early as January, and no later than February.** As soon as you and your parents receive 2007 W-2 forms, you should complete your federal income tax returns as soon as possible. You will use federal tax returns and end-of-year benefits statements to complete the FAFSA.

It can take from two days to two weeks to receive your Student Aid Report (SAR) with your Expected Family Contribution (EFC), depending on whether you submit a web or paper application. It's best to process applications electronically: you receive a faster response and the form automatically alerts you about information that is missing or entered incorrectly. In addition, your information will be kept on file, making it easier to fill out renewal applications which are required every new academic year.

Students who want to attend any New Mexico college or university must have their applications **received** by the U.S. Department of Education **before March 1, 2008** to receive priority consideration for limited grants. **If you are mailing your appli-**

**cation, be sure to allow time for delivery before March 1.**

The Educational Services Center can help parents and students complete the FAFSA. If you have any questions or need advice, contact the the Department of Education staff between 9 a.m. and 6 p.m., Monday through Friday, at (575) 834-9102.

## Are You Looking to Start A Career?

New Mexico Job Corps may be just for you! NM Job Corps is recruiting highly motivated individuals to begin technical/vocational training at their Albuquerque, Roswell and Talking Leaves, OK, centers. Interested individuals must be:

- \$ Between 16 and 24 years old.
- \$ Low-income eligible.
- \$ Out of school (graduated or not yet completed high school.)
- \$ Clear of all legal issues.
- \$ A U.S. citizen.
- \$ Out of the Job Corps for one year if re-applying.

If you meet these requirements, Job Corps will provide **free**:

- \$ GED instruction and/or vocational training.\*
- \$ Living, clothing and child care allowances.
- \$ Career development and transition services

For more information, stop by the Educational Services Center at the Civic Center or contact Eileen Shendo or Janice Tosa at (575) 834-9102, or Eileen Kelly, NM Job Corps Recruiter, at (505) 471-6322, or go to the web site at [www.jobcorps.dol.gov](http://www.jobcorps.dol.gov).

*\*NM Job Corps provides the following career training areas:*

**Albuquerque:** Business and Office Technology, Carpentry, Cement Masonry, Electrical Wiring, Facilities Maintenance, Nursing Assistant, Plumbing, and Welding

**Roswell:** Automotive Technologies, Culinary Arts, Painting, and Protective Services

**Talking Leaves, OK:** Electrical Wiring, Facilities Maintenance, Business Technology, Health Occupations, Culinary Arts, and Transportation and Logistics-Materials Handler.

The Education Department is committed to serving community members who want to expand their academic and/or professional careers. You can explore the wide possibilities of higher education and career advancement at the Resource Center. Computers are also available; priority is given to individuals seeking services related to academics and/or employment. Staff is also available to advise on college enrichment opportunities, college admissions processes, financial aid/scholarship searches and job exploration, including resume writing and critique. You can make an individual appointment for any of these services by contacting Eileen Shendo or Janice Tosa at (575) 834-9102.

**Sandoval Easy Express:**

NEWS YOU CAN USE

# New Bus Schedule Improves Commute

## Route 4

Route 4 runs from Jemez Springs to La Plazuela de Sandoval, the County's new Justice Center and Health Commons in Bernalillo, then into Rio Rancho.

### JEMEZ SPRINGS TO BERNALILLO/RIO RANCHO

Jemez Springs	5:55 a.m.	8:25 a.m.	11:45 a.m.	3:35 p.m.
Jemez School	—	—	—	3:55 p.m.
Cañon	6:15 a.m.	8:45 a.m.	12:05 p.m.	4:05 p.m.
Jemez Pueblo	6:25 a.m.	8:55 a.m.	12:15 p.m.	4:10 p.m.
San Ysidro	6:30 a.m.	9:00 a.m.	12:20 p.m.	4:16 p.m.
Zia Pueblo	6:40 a.m.	9:10 a.m.	12:30 p.m.	4:26 p.m.
Sandoval Railrunner	7:00 a.m.	—	—	4:46 p.m.
Home Depot	—	—	12:45 p.m.	4:36 p.m.
Commerce Center	—	9:25 a.m.	12:50 p.m.	—
NM State Office	—	9:26 a.m.	12:56 p.m.	—
Health Commons	—	9:36 a.m.	1:06 p.m.	5:15 p.m.
Presbyterian Medical Center	—	—	1:16 p.m.	—
Southern & SR 528	—	—	1:21 p.m.	—
Wal-Mart	—	—	1:26 p.m.	—

### RIO RANCHO/BERNALILLO TO JEMEZ SPRINGS

Sandoval Railrunner	7:00 a.m.	—	—	6:00 p.m.
Health Commons	—	10:35 a.m.	1:55 p.m.	5:25 p.m.
Wal-Mart	—	—	1:35 p.m.	—
Southern & SR 528	—	—	1:40 p.m.	—
Presbyterian Medical Center	—	—	1:45 p.m.	—
Commerce Center	—	—	—	5:35 p.m.
NM State Office	—	—	—	5:40 p.m.
Home Depot	7:15 a.m.	10:45 a.m.	5:45 p.m.	6:10 p.m.
Zia Pueblo	7:30 a.m.	11:00 a.m.	2:15 p.m.	6:25 p.m.
San Ysidro	7:40 a.m.	11:10 a.m.	2:25 p.m.	6:35 p.m.
Jemez Pueblo	7:50 a.m.	11:15 a.m.	2:30 p.m.	6:40 p.m.
Jemez School	8:05 a.m.	—	2:40 p.m.	—
Cañon	7:55 a.m.	11:25 a.m.	2:45 p.m.	6:50 p.m.
Jemez Springs	8:25 a.m.	11:45 a.m.	3:05 p.m.	7:10 p.m.

## Route 1

Route 1 makes local stops in Bernalillo and Rio Rancho between 6:15 a.m. and 6:30 p.m.

Route 1 buses stop at the following locations throughout the day:

Sandoval County Park-n-Ride	NM 313 & US 550	Health Commons
Home Depot	Sandoval Railrunner	Presbyterian Medical Center
Don Thomas & PNM	Vista Grande Elementary School	Southern & NM 528
NM 313 & Ave. Bernalillo	NM State Office	Wal-Mart
Bernalillo Railrunner	Commerce Center	

Complete schedules are available at the Tribal office or phone 1-877-660-1110.

*"Safe, reliable and a whole lot cheaper than a tank of gas!"*

## Save the Date!

**Friday, Feb. 1. Behavioral Health Program Sobriety Conference** with keynote speakers. 9 a.m. at the Community Resource Center (CRC) next to the Senior Center. Lunch will be served.

**Thursday, Feb. 7. Premarital Education Classes** sponsored by NM Marriages First and Jemez Social Services. Free. Four weekly classes; child care is provided. Free. See page 13 for more information.

### ONGOING EVENTS

**The Fitness Center is now open 6 a.m. to noon, Saturday and Sunday. Pee Wee Basketball;** Mondays at 6 p.m.

**Tuesday Nights Adult Co-ed Volleyball,** 6 p.m. at the Youth Center. Call Sheila at 834-7207 or Estevan at 834-7059 for information.

**Mondays & Thursdays. Stretch & Strength** low impact, high intensity workout; noon at the Youth Center.

**Mondays & Wednesdays. Circuit Training;** 12:30 p.m. Fitness Center.

**Tuesdays & Thursdays. Circuit Training;** 4:30 p.m. Fitness Center.

**Wednesdays. Plyometric Strength Training;** 6 p.m. Youth Center.

**Thursdays. Walatowa Basketball League;** 5:45 p.m. Youth Center

**Fridays. Yoga & Pilates with Michelle Hernandez;** noon at the Youth Center.



**PUEBLO of JEMEZ**

Pueblo of Jemez  
5517 Highway 4  
Box 100  
Jemez Pueblo, NM 87024

## Theft Forces Library Closure

On Friday, Jan. 4, a thief ransacked the Jemez Pueblo Community Library, stealing the cash box, money bag, credit card information and DVDs. The thief broke into the video room, went through and took what he wanted. A number of brand new DVDs that were being catalogued were among the missing items.

The thief apparently hid in the building while assistant librarian Maureen Wacondo was closing and locking it at the end of the day. She was working alone because Librarian Tamara Sandia was ill. The Library was closed while Jemez Law Enforcement investigated the incident.

"We're busy; people come here all day long. I know people were upset that we were closed, but it was a crime scene in here," Tamara explains.

"People have to understand that they're not stealing from us. They're stealing from the whole community," Tamara says. "Practically everything here is free anyway. It comes down to how much you want a library; if you want a library, you have to show respect. But if we're not here, if we have to close, we're cheating the whole community."

If you have any information about this incident (or if you know someone who has suddenly acquired a collection of brand new DVDs), please call the Library at 834-9171 or the Jemez Police Department at 834-0468. Your call will be kept confidential.

Boxholder  
Jemez Pueblo, NM 87024